IMPACT ASSESSMENT OF TANZANIA SOCIAL ACTION FUND INVESTMENTS IN MAKETE AND RUNGWE DISTRICTS, TANZANIA



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A THESIS SUBMITTED IN FULFILMENT OF THE REQUIREMENTS

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FOR REFERENCE ONLY

ABSTRACT

Tanzania Social Action Fund (TASAF) was introduced in Tanzania to address the poverty situation. However, little information based on appropriate methodological approaches is available. Therefore the present study was conducted to assess the impact of community empowerment by TASAF on effective and efficient utilisation of the assets created under the TASAF poverty reduction program. Specifically, the objectives of the study were to: (i) evaluate the impact of TASAF intervention on socio-economic status of participants, (ii) assess the impact of TASAF intervention on food security and health status of beneficiaries, and (iii) examine the sustainability of productive assets created by TASAF for food insecure, service poor and vulnerable groups. This study was carried out in Makete and Rungwe districts in 2010. Data were collected from 300 household, 54 key informants and focus group discussions using quasi-experimental approach. The present study was conceptualized in the sustainable livelihood approach framework for analysis, whereby both descriptive and quantitative techniques were used to analyze cross-sectional data. The quantitative estimation employed Heckman's two-stage and IV/2SLS models to estimate the intervention effects. Results show that TASAF intervention have positive impact on socio-economic status of participants. Also, it has been found that carpentry, public works, environmental conservation and water projects have positive influence on food security. However, it has been observed that poultry and public works had significant effects on health status, meaning that TASAF participants improved their health compared to non participants. Thus, it is concluded that intervention improves health status of beneficiaries. Also, it has been observed that, carpentry works was significantly sustainable, meaning that assets created in TASAF projects continue to deliver benefits after the termination of the program. Therefore, it is recommended that the government should invest in health and

reproductive health services provision. Also, the government should enhance projects that have positive influence on food security and health status of participants. Lastly, the government should enforce policies on sustaining assets created such as poultry, dairy cattle, carpentry, public works, environmental conservation and water projects.

DECLARATION

I, Asheri Mandesu Mwidege, do hereby declare to the Senate of Sokoine University of Agriculture, that this thesis is the result of my own original work and that it has neither been submitted nor being concurrently submitted for higher degree award in any other University.

Am² dep

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LIST OF ABBREVIATIONS AND SYMBOLS

%	Percentage
2SLS	Two Stage Least Squares
AIDS	Acquired Immune Deficiency Syndrome
ADB	African Development Bank
BSIF	Bolivian Social Investment Fund
CARE	Cooperative for Assistance and Relief Everywhere
CDI	Community Development Investment
СМС	Community Management Committee
CSPC	Community Subproject Cycle
DANIDA	Danish International Development Agency
DEDs	District Executive Directors
DFID	Department for International Development
E-PRA	Extended Project Rural Appraisal
ESMF	Environmental and Social Management Framework
FAO	Food Agriculture Organization of the United Nations
FGD	Focus Group Discussion
FI	Food Insecure
FS	Food Security
GLM	General Linear Model
GoT	Government of Tanzania
HIV	Human Immune Virus
IA	Impact Assessment
IDA	International Development Agency
ILO	International Labour Organization

IMR	Inverse Mill's Ratio
IPE	Impact Project Theory
IPT	Impact Pathway Theory
IV	Instrumental Variables
KI	Key Informants
LGAs	Local Government Authorities
LGCDG	Local Government Capital Development Grants
MASAF	Malawi Social Action Fund
Max.	Maximum
MDGs	Millennium Development Goals
Min.	Minimum
NBS	National Bureau of Statistics
NGOs	Non Governmental Organizations
NSGRP	National Strategy for Growth and Reduction of Poverty
NSSF	Nation Social Security Fund
NUSAF	Northern Uganda Social Action Fund
NVF	National Village Fund
OLS	Ordinary Least Squares
PPOP	Policy for Project Operation Period
РС	Project Coordinator
РМС	Project Management Committee
PRS	Poverty Reduction Strategy
РТЕ	Project Theory Evaluation
PWPs	Public Works Programs
RESET	Regression Specification Error Test
RHSs	Reproductive Health Services

RIDEPS **Regional Integration Development Programs** RWC Rice and Wheat Consortium SAM Social Accounting Matrix SAPs Structural Adjustment Programs SET Sector Expert's Team SIF Social Investment Fund SL Sustainable Livelihood **SMART** Specific, Measurable, Attributable, Realistic and Targeted SNAL Sokoine National Agricultural Library SP Service Poor SPAF Subproject Application Form SPIF Subproject Interest Form Statistical Package for Social Sciences SPSS Standard Deviation Std Dev. Tanzania Social Action Fund TASAF Tanzania Development Vision TDV TOL Tolerance **Tanzanian Shillings** Tshs United Nations Education and Science Commission **UNESCO** United Nations UN United Nations Development Program UNDP United Nations Population Fund Agency UNPFA United Republic of Tanzania URT Under Five Mortality Rate U5MR VC Village Council Village Executives Officer

VEO

xxiii

VFC	Village Fund Coordinator
VFJA	Village Fund Justification Assistant
VGs	Vulnerable Groups
VIF	Variance Inflation Factor
WB	World Bank
WEO	Ward Executive Officer

CHAPTER ONE

1.0 INTRODUCTION

1.1 Background of the study

When Tanzania attained her independence in 1961 the three key developmental issues which required multi-sectoral strategies and actions in redressing the imbalances in the country were poverty, ignorance and disease (URT, 2000a; 2001a). In the early 1970s, the government formulated multi-sectoral strategies termed as Regional Integration Development Programs (RIDEPS)" which aimed at increasing agricultural production and other social services through increased income so as to improve the quality of life of the rural people (Ngasongwa, 1988). Regardless of these efforts, income and non-income poverty is still a problem in both rural and urban areas (URT, 2000a).

It is reported that, Tanzania has concentrated on rural-biased development policies for decades now (Kombe and Limbumba, 2008). Despite the noble policy intentions and investments, the gap between rural and urban areas has increased persistently, triggering rapid rural-urban migration. This has been accelerated by the limited off-farm employment opportunities in rural areas and the possibility of earning higher wages in urban areas (Kombe and Limbumba, 2008). Thus far, poverty is still a challenge particularly in rural areas, where 38% of the population lives below the basic needs poverty line compared with 24% in urban areas (URT, 2010; FAO, 2008; NBS, 2009; 2001b).

On the other hand, The Tanzania Development Vision (TDV) plan for 2025 period declares that nation's development should be people-centred, based on sustainable and shared growth and be free from abject poverty (URT, 2000b). Moreover, the National

Strategy for Growth and Reduction of Poverty (NSGRP I and II) aims at enhancing growth and reducing income poverty by improving food availability and accessibility and reducing differences in income poverty between men and women in rural areas. Thus, improving quality of life and social well-being through improved survival particularly vulnerable needy groups and improving effective public service framework and poverty reduction through various intervention programmes (URT, 2010; 2005a; 2000b).

Accordingly, in 2000 Tanzania Social Action Fund (TASAF) was introduced aiming at socio-economic empowerment of the communities by provision of productive assets (WB, 2006). TASAF I, 2000 - 4 was a multi-sectoral strategy that focused on improving public social services and infrastructure. Equally, like other social funds, it seeks to protect the poor through people's centred investments which were expected to improve their well-being (WB, 2006). Based on TASAF I, TASAF II (2005-09) came into existence aiming at empowering communities for effective and efficient utilization of the livelihoods assets (see Appendix 4), hence realize the Millennium Development Goals (MDGs) and National Strategy for Growth and Reduction of poverty (NSGRP) (URT, 2005a). However, the opportunity to end extreme poverty requires a holistic approach through demand responsiveness and participatory planning (Chovwen *et al.*, 2009; Haidar, 2009; Kollmair and Juli, 2002; Krantz, 2001).

Therefore, people with no income or means of repayment for agricultural inputs need other kinds of support to enable them make good use of loans such as social protection through small grants, employment and training programs, or infrastructure improvements based on demand driven intervention (Bakhtiari, 2006). In a nutshell, intervention is one particular focus, because of the necessity to break the cycle of poverty, ignorance and

disease (Edun, 2000; URT, 2006a). In the same way, Sindhar (2008) and World Bank (2001) argued that poor health can lead to a decrease in wages earned and productivity. On the other hand, Nazir *et al.* (2010) support that poverty contributes to food insecurity which result in poor nutrition, health and cognitive development which in turn contribute to poverty.

Moreover, the master plan of the Tanzania's poverty monitoring system emphasizes measurement of impact using outcome and proxy indicators covered in the multi-sectorial programme (URT, 2001a). Similarly, TASAF II (2005) operational manual proposed: community score card, citizen report card and social impact assessment as instruments for carrying out an evaluation after every six months, every two years and at the end of the project respectively. However, little information is known. Thus, this study performed an impact assessment of TASAF intervention through different projects in agriculture: Food Insecure (FI), Service Poor (SP), Community Development Investment (CDI) and Vulnerable Groups (VGs) in both Makete and Rungwe districts. The study uses a quasi-experimental approach comprising of conventional and sustainable livelihood models.

1.2 Statement of the problem and justification

About eighty percent of the people in Tanzania live in the rural areas, where poverty is widespread and deep (URT, 2010; 2001a). Accordingly, Voipio and Hoebink (1998) observed that in Tanzania poverty is mainly a rural phenomenon. Also, a study by FAO (2008) and poverty monitoring master plan (URT, 2001a) reported that poverty in rural areas is much higher (38%) compared to (24%) in urban areas. Equally likely, rural growth of the agricultural sector which employs over 80% of economically active

population is about 4.5% (URT, 2010). This contrasts with the national population growth rate of 2.9, consequently the rural per capita income becomes small (URT, 2010).

Again, it is observed that vulnerable people and pregnant women are at risk of accessing health facility due to a long distance from the needed service (URT, 2002). Although, censuses of 1978, 1988 and 2002 show that both Infant Mortality Rate (IMR) and Under Five Mortality Rate (U5MR) declined, they are still higher in rural areas compared with urban areas (URT, 2006a).

Consequently, the Tanzanian government introduced TASAF programmes to address the imbalance. Its investment targeted public works whose vulnerability reduced their chances of making full use of assets created (WB, 2006). All districts in Tanzania adopted TASAF program which has community score card, citizen report card and social impact assessment as instruments for carrying out project evaluation in order to maximize the effectiveness of investments. However, little information on specific effect of projects that are closing on particular target group(s) was available due to poor monitoring approach (TASAF II, 2005). Therefore, the purpose of this study was to perform an impact assessment of TASAF interventions in Makete and Rungwe districts. Thus, the present study will benefit both beneficiaries at the grassroots, districts and national level and policy makers in designing and enforcing integrated policies which will ensure effective and efficient use of community participation approach. Also, the knowledge based on the participatory projects interventions and its sustainability in line with MDGs and NSGRP has been added.

1.3 Objectives of the study

1.3.1 Overall objective

To general objective of this study was to perform an impact assessment of community empowerment by TASAF on effective and efficient utilisation of livelihood assets for poverty reduction in order to contribute to the understanding on the best way to intervene so as to maximize the impact of intervention programs on participants welfare.

1.3.2 Specific objectives

- i. To evaluate the impact of TASAF empowerment on socio-economic status of participants.
- ii. To assess the impact of TASAF intervention on food security and health status of beneficiaries.
- iii. To examine the sustainability of productive assets created by TASAF for food insecure, service poor and vulnerable group(s).

1.4 Research hypotheses

- i. There is no statistically significant difference in socio-economic status between TASAF empowered participants and non-empowered participants.
- There is no statistically significant difference in food security and health status between the community with food insecure, service poor and vulnerable group(s) intervention and without intervention.
- iii. Agricultural productive assets created for poverty reduction through TASAF empowerment intervention are not sustainable.

1.5 Organization of the study

Chapters two and three present literature review and research methodology respectively. Finally, chapters four and five present the descriptive and quantitative analysis of research results and discussion, conclusion and policy implications in the same order.

1.6 Scope of the study

The purpose of the study was to perform an impact assessment of TASAF projects in Makete and Rungwe districts. The present study involved target groups of: able-bodied, widowers / widows, elders, chronic diseased and HIV/AIDS infected, orphan(s) and the society with poor service and non-recipients as a control group. Moreover, key informants, village leaders, beneficiaries' project leaders and focus group discussions were interviewed. The present study surveyed those projects which were already phased out from the financier (TASAF) while those projects which were still on the implementation process were not surveyed. To achieve the study objectives financial matter was a key roadmap; however, twenty one villages were surveyed, of which 11 and 10 villages were surveyed from Rungwe and Makete Districts respectively.

1.7 Research limitations

During data collection, the researcher faced some constraints; hitherto financial was the foremost key restraint and this obstructed the timeframe scheduled for data collection, instead of starting in October, 2009; data was collected with effect from 27 April, 2010 in Rungwe District. However, due to various intervening factors, field study ended on 2nd June, 2010 in Makete District. Moreover, there were communication barriers because the rural roads were impassable to reach other target groups, particularly in Kyobo Juu, Ibungu and Ilamba villages in Rungwe District.

In the same way, some villages which were selected as control groups but had interventions, these included Mpuga and Katabe villages in Rungwe and Ivilikinge in Makete district. These were dropped, but had cost implication in terms of time and monetary. Furthermore, some village leaders' were not aware with village information required either because of poor or lack of knowledge on record keeping. Thus far, Divisions' / Wards' administrative activities or meetings interfered the study in the village of interest as result it was not easy to have an access to either Village Executive Officers (VEOs) / Wards' Executive Officers (WEOs) and other key informants.

Hitherto, the attribution required comparing observed outcomes to a counterfactual and this was an estimate of what would have been happened if the program had not been undertaken (Creevey and DAI, 2008). Accordingly, counterfactual and control groups were established since the project activities in both districts involved dissemination of information through training and other forms of learning-by-doing. As a result, there was likely to experience spill over effects as participants passed useful information and practices on to their friends, relatives and neighbours. As a consequence, a study adopted a non random stratified quasi-experimental approach and Heckman's (1979) two-stage and IV / 2SLS were used in data analysis so as to address non random selection bias and endogeinity problems respectively as used in the next chapter.

CHAPTER TWO

2.0 LITERATURE REVIEW

2.1 An overview of social protection

Norton *et al.* (2001) and Conway *et al.* (2000) describe social protection as the public actions taken in response to the levels of vulnerability, risk and deprivation which are deemed socially unacceptable within a given society. This deals with the absolute deprivation, vulnerability of the poorest and with the need of the currently non-poor for security in the case of shocks and life cycle events (Norton *et al.*, 2001; Conway *et al.*, 2000). Its rationale is to promote dynamic, cohesive and stable societies through increased equity and security (Norton *et al.*, 2001).

2.1.1 Origin of social protection

According to Norton *et al.* (2001) the term "social protection" is derived to a large extent from global reaction to various forms of economic and financial crisis in the early 1990s that have been associated with contemporary process of globalization such as integration of trade systems and capital markets. These have two contrasting faces: first, they are seen as increasing opportunities for the poorer people and least developing countries to exploit advantages of globalization and secondly, they are seen as increasing insecurity on a global scale by: (a) increasing inequality within and between countries; (b) increasing liberalized international economic environment restricting many sources of revenue which were previously available to governments to fund social expenditures and (c) a global demographic transition in long-term changes in dependency ratios, particularly the growth in the absolute and relative numerical importance of older people (Norton, *et al.*, 2001).

Similarly, according to Lau-Jorgensen and Van-Domelen (1999) globalization has induced the increase in income variability combined with marginalization and social exclusion. Conversely, it has increased vulnerability among vast groups and has amplified greater opportunity, risk and less ability for governments to pursue independent policies. This makes it imperative to re-assess the role of development policies in general and of social protection, in particular.

Thus far, evidence suggests that the poorest households in poor countries rarely benefit from direct state support. They rely on transfers from a range of non-state sources (Conway *et al.*, 2000). However, the development of informal social protection can have powerful benefits in terms of strengthening social capital, social cohesion and governance (Conway *et al.*, 2000). Moreover, majority of the population in low income countries is not covered by any form of statutory social protection, either insurance or non-insurance based. Both of the insurance schemes, private or state find it hard and risky to cover the workforce in the informal sector who receive low and irregular wages and do not support regular social insurance contributions (Norton *et al.*, 2001).

Furthermore, social protection emphasizes the double role of risk management instruments that is protecting basic livelihood as well as promoting risk taking. It focuses on the poor, since they are most vulnerable to risk and typically lack appropriate risk management instruments (WB, 2003b). Similarly, social cohesion interventions take various forms such as interventions aimed to promote social cohesion including social funds, Community-Driven Development (CDD) and re-construction projects (King and Samii, 2009). However, shocks and fluctuations in the household income often result in food insecurity, human capital decumulation, low-risk and low-return livelihood

decisions. Thus, social risk management strategies can address shocks and fluctuations to sustain social livelihood (Lau- Jorgensen and Van-Domelen, 1999).

2.1.2 Social risk management strategies

According to Lau-Jorgensen and Van-Domelen (1999) social protection helps individuals, households and communities better manage risk and provide support to the incapacitated poor. Social risk management aims at giving the poor voice, security and opportunity. However, risk management strategies include prevention, mitigation and coping (WB, 2003b; Lau-Jorgensen and Van-Domelen, 1999). The last strategy is commonly used in most social funds to relieve the impact of a disaster once it has occurred to beneficiaries as depicted in the next section.

2.1.3 Social risk management instruments

Lau-Jorgensen and Van-Domelen (1999) stated that risks can be addressed by three risk management instruments: informal or personal, formal or market based, and formal or publicly mandated arrangements. However, the last instrument is popular in social interventions in case of social stress. The government has a whole array of instruments to cope with the consumption effect of the lost income as described in section 2.1.4. Therefore, the choice depends on distributive concerns such as cash or in-kind and the type of shock (Lau-Jorgensen and Van-Domelen, 1999).

2. 1.4 Insurance programs

Insurance, as a social risk management instrument is of various types. Social insurance is contributory, based on the principle of risk sharing and pooling of resources. However, beneficiaries whose livelihood is centred on agriculture, crop insurance may play the same function as social insurance does for waged-labour, by guaranteeing a minimum wage as a prevention strategy against crop failure (Lau- Jorgensen and Van-Domelen, 1999; Kasek, 1997).

On the other hand, provident funds unlike social insurance are not based on the principle of risk sharing and the pooling of resources (Kasek, 1997). They operate as compulsory saving schemes. This is because benefits are paid as a lump sum and do not guarantee regular income maintenance. The lump sum payment can be exhausted within a short period of time leaving the beneficiary without any social protection for the entire future life time. Currently, provident fund scheme particularly in Tanzania has changed into National Social Security Fund (NSSF). Thus, it is based on the principle of sharing and pooling resources like other social insurance funds.

Moreover, microfinance services can contribute to social protection by enabling the poor to save, creating a buffer against expenditure shocks and access loans which can be used to invest in an income generating activity (Bakhtiari, 2006; Lau- Jorgensen and Van-Domelen, 1999). This enables beneficiaries to prevent themselves from any social stress or even mitigate through portfolio diversification before the impact on livelihood occurs.

Furthermore, social assistance is designed to provide assistance to persons of limited means. It is financed from general taxation or donor agencies. It is a means-tested in order to ensure that only needy persons benefit (Kasek, 1997). However, this is influenced by the residual model of social welfare which views the family and the market economy as the accepted channels for the fulfilment of needs. Along this model, welfare assistance is provided in circumstances where an individual is unable to make use of the family or the market economy (Lau-Jorgensen and Van- Domelen, 1999; Kasek, 1997).

Lastly, employment support in the form of public works is widely used. It is the most primary component of social funds in Africa and Latin America. This approach seems attractive in that it appears to offer a way to combine the creation of infrastructure and self-targeted provision of a minimal wage to the poor. Though, in practice it is very hard to achieve both goals satisfactorily. Therefore, this may be inefficient way of providing benefits (Lau-Jorgensen and Van-Domelen, 1999). Mostly, able-bodied and food insecure participate. Thus, the sake of cash-for-work enable them earn their livelihood.

However, WB (2003a), Norton *et al.* (2001) and Conway *et al.* (2000) conclude that the development of effective social protection policy must be underpinned by the following strategic policy priorities: (a) social protection policy development should start from the needs, realities and priorities of the beneficiaries. (b) states must engage with informal, traditional and private systems so that public policy makes best use of their potential. (c) public policy needs to be designed to prevent shocks which will have a negative impact on the poor and the society at large. Thus far, by promoting diversified income sources for the poor, these measures can help those affected cope once shocks have occurred and have had an impact.

As opposed to formal social security, the extended family and children have been traditionally regarded as a social security institution providing support to its members in the event of exposure to contingencies such as sickness, old age, death and drought. However, the development process has resulted in the gradual weakening of its cohesion (Kaseke, 1997). Also, he contends that the harsh economic realities in poor countries have made it difficult for individuals to provide assistance even though they may be willing to fulfil their obligation. Therefore, the appreciation in the cost of living

stimulates the need for formal social security, particularly social assistance in a form of social funds(Kaseke, 1997).

2.2 Social funds

2.2.1 Definition of social funds

De Silva and Sum (2008) define social fund as agencies that channel grants to communities for small scale development projects. Similarly, it is an innovative and community based tool used to alleviate social and economic crisis (Rawllings, *et al.*, 2003; Weissman, 2001). Leneiye (2005) in his study of Malawi social action fund (MASAF), Tanzania Social Action Fund (TASAF) and Northern Uganda Social Action Fund (NUSAF) defines social funds as the Communities are able to 'slice' part of the 'resources' in accordance with their needs, capacities and still remain accountable to the government. Globally, social funds are defined as demand-driven, multi-sectoral operations that are typically managed by a semi-autonomous body (De Silva and Sum, 2008). Generally, social funds are defined as a response to reduction of poverty and social exclusion. Thus, this study adopted Leneiye's definition.

2.2.2 The evolution of social funds

The first World Bank-supported social fund, the *Fondo Social de Emergencia* (emergency social fund) in Bolivia was established in 1987. It was used to mitigate the effects of the World Bank's support to highly visible Structural Adjustment Programs (SAPs) in the late 1980s and early 1990s (De Silva and Sum, 2008; Newman, 2002). The Bolivian Social Investment Fund (BSIF) proved that social funds could operate to scale, bringing small infrastructure investments to vast rural areas (Newman, 2002).
To date, the fund is set up on the background of a realized need by a donor or by a host country (Kammersgaard, 1999). It acts as a free-standing social protection instrument that target under-served population (De Silva and Sum, 2008). Thus far, timeline in Fig.1 captures the evolution of social fund projects objectives over time across the entire portfolio of social fund projects.



Figure 1: Evolution of social fund objectives and activities (1987 to late 2000s)

Source: De Silva and Sum (2008)

2.2.3 Objectives of social funds intervention

Globally, social funds were set up to provide temporary employment and a bridge over the crisis through lower-based income transfers and a subsidization of social services and infrastructure. Today, multiple objectives fall broadly under the umbrella of efforts to improve the living conditions of the poor by addressing unmet needs (Batkin, 2001; Lau-Jorgensen and Van-Domelen, 1999). These can be targeted relatively and efficiently by providing social protection in situations where acute or chronic problems are geographically localized (TASAF II, 2005). Today, almost all countries in Latin America, Caribbean, Sub-Saharan Africa and North Africa, Middle East, Eastern Europe and Central Asia have social funds that share the same operational strategy (Batkin, 2001; Lau-Jorgensen and Van-Domelen, 1999).

However, several social fund evaluations have found that participation is restricted to the involvement of the community (Batkin, 2001). Thus, community contribution in decision making facilitates a greater pool of knowledge and exposes individuals to different perspectives (Hashim *et al.*, 2010). Therefore, it accelerates acceptance and motivation on owning the process and outcomes of empowerment. Though, sharing is not a panacea to achieve the desired outcomes, so far it can even be counterproductive (Royal Tropical Institute, 2011).

Hitherto, intervention is sustainable if it attains long-term goals without dependency (Royal Tropical Institute, 2011; Parveen, 2009). Globally, social funds do not perform well in measuring social impact of their investments (Lau-Jorgensen and Van Domelen, 1999). Therefore, the purpose of this study was to perform an impact assessment of TASAF to fill the gap as explained in the next section.

2.3 Impact assessment

2.3.1 Definition of impact assessment

Different scholars define Impact Assessment (IA) in different views. However, most scholars define IA as a process of systematic and objective identification of the short and long-term effects, positive or negative, direct or indirect, intended or unintended primary and secondary on the lives of participants. All these being caused by an on going or completed development project (Garbarino and Holland, 2009; La Rovere and Dixon, 2007; UNESCO, 2007; Environmental health directorate, 2007; Adams, 2001; and Ashley and Hussein, 2000).

While others define IA as a systematic analysis of the lasting or significant changes either positive or negative, intended or not in peoples' lives brought about by a given series of actions (Lecy, 2010; Roche, 2010). However, this may be an *ex-ante* or *ex-post* partial or comprehensive evaluation done at least once in every five years (FAO, 2000; Anandajayasekeram *et al.*, 1996). La Rovere and Dixon (2007) concluded that IA helps to understand the extent to which activities affect the poor, objectives fulfilled and the magnitude of their effects on people's welfare. In summary, these views on IA are similar and they have key words in common. Thus far, this study defines an IA study as concerned with counterfactual, the difference the project has made (how indicators behaved with the project compared to how they would have been without it). Consequently, the following sections explain the theoretical aspects of IA.

2.3.2 Project evaluation theories

Project evaluation theories consist of a sequential hierarchy of outcomes with milestones on an intervention (Kuby *et al.*, 2003). Project Theory Evaluation (PTE) begins with the project outputs. Next, a chain of intermediate outcomes is then followed by the wider and often long-term outcomes. However, Impact Pathway Theory (IPT) uses PTE to guide its implementation and hence facilitates *ex-post* IA associated with the attribution gap (Kuby *et al.*, 2003). Equally, logic theory describes the intervention basics overtime from planning through the series of reasoning '*if...then*' to the results (Rogers, 2008; Kellogg Foundation, 2004). Both theories concentrate largely on the model specific outcomes that link the project outputs to the direct benefits of the recipients as illustrated in Figure 2. However, its weakness is that both assess the intended direct benefits only. Therefore, theory based impact evaluation advocates whether the intervention has, or has not had an impact (White, 2009). In view of the project theories, IA focuses on the achievement of existing project objectives through planned activities (Ashley and Hussein, 2000; Power and Riddell, 1998). Thus, development and poverty reduction impact assessments must take a short and long-term view and both intended and unintended consequences of the project across a livelihood concern of beneficiaries could be considered (Baker, 1999). Moreover, conventional evaluation focuses on assessing whether a project has met its stated objectives and contribute to the achievement of the overall project goal (Ashley and Hussein, 2000). However, the next section explains the relevance of livelihood intervention.



Figure 2: A simple logic model

Source: Kellog Foundation (2004)

2.3.3 Theories on relevance of livelihood intervention

According to Scoones (2009) interventions on livelihoods' perspectives offer an important lens for looking at complex rural development questions. However, projects for development activities must address correctly questions across the themes of knowledge, politics, scale and dynamics of the beneficiaries (Ahmed, 2009). Whereas, development intervention may be essential for poverty reduction; yet, there is no

automatic relationship between the two, though all depends on the capabilities of the beneficiaries to take advantage of expanding economic opportunities (Kratz, 2001). Thus, it is important to find out what precisely constrains the poor from improving their livelihoods, given the intervention.

Equally, IA involves judging, appraising or assessing the worth value or quality of interventions in terms of their relevance, efficiency, effectiveness and sustainability as well as impacts (Bellamy, 2000; UNESCO, 2007; La Rovere and Dixon, 2007; African Development Bank Group, 2006). Direct IA assesses who is directly affected by development intervention and how much they were affected (WB, 2003a). This can be achieved by using information gained through one method and validated by triangulation (Pattanayak, 2009; Adams, 2001). However, a project could be ineffective because the project design was poor, or because a well designed project was poorly implemented, or both (Lecy, 2010).

Hitherto, project development intervention activities to poor peoples' priorities lead to livelihood promotion of financial credit and savings, crop diversification, marketing and improved health status. In brief, intervention activities can be of three types: first, livelihood protection by cash or food for work. Second, direct provision of essential needs such as food, water, shelter, and livestock projects. Finally, action affecting social vulnerability such as illness, disability, old age and death of family members (International Federation for Red Cross Society, 2007). These are similar to this study. However, the first one involved able-bodied participants, yet, not all were paid. The second and third involved widows /widowers, elders, chronic diseased and HIV/AIDS infected individuals.

Until then, Sustainable Livelihood (SL) approach framework identifies ways to advance the livelihood of the vulnerable people. Findings showed that farmers achieved SL through access to a range of livelihoods assets. All farmers' income made on a profit from production and had improved their socio-economic conditions such as income, food production and employment opportunities increased (Ahmed, 2009). However, lack of resources, vulnerability and poor institutional support were identified as constraints to long-term sustainability of the intervention activity. The study concluded that, the provision of low-interest credit would help to reduce the risks for small and marginal farmers (Ahmed, 2009). Thus, farmers require credit at low interest rates from the government. This is particularly the case for extensive farmers so that they can graduate from extensive to semi-intensive farming systems. However, better training and extension services would also help to improve profitability and reduce risks. Thus far, they are relatively low cost methods of increasing production efficiency to improve their livelihood.

Similarly, the provision of rural roads infrastructure is an essential service that should be in place to reduce households' vulnerability to economic shocks, enable and stimulate rural socio-economic growth and development (IDA, 2008; Lombard and Coetzer, 2007; Ochieng, 2002).

2.3.4 Theories on intervention sustainability

Livelihood intervention comprises the capabilities, assets and activities required as a means of living. It is sustainable when it can cope with and recover from stresses and shocks (Haidar, 2009; Kratz, 2001). This approach is a way of thinking about the objectives, scope and priorities for poor peoples' development. It places poor people and their priorities at the centre of development. Then again, focuses on poverty reduction by

empowering the poor to build on their opportunities and supporting their access to assets. The core to this is a set of principles that underpin best practices in any development intervention: people centred, responsive participatory, multi-level conducted in partnership, sustainable and dynamic (Haidar, 2009; Kratz, 2001).

On the other hand, Lund-Thomsen (2007) describes categories of intervention sustainability into four groups: first, benefit sustainability-whether or not the benefits derived are likely to continue once external funding has expired; second, organizational sustainability-whether organizational structures created are likely to function after the project has ended; third, financial sustainability-whether finance will exist to carry on project activities and finally, sustainability as learning- whether the participants in the intervention have become capable of learning and managing the assets created for poverty reduction once external support comes to a halt. Thus, these benefits were important factors to this study.

For instance, IA of rural roads sustainable benefits can be measured in terms of: direct benefits such as travel time savings and savings in vehicle operating costs; indirect benefits including employment opportunities and sources of revenue; and induced benefits attributed to local economic benefits for instance enhanced self-sufficiency, increased production and efficiency. All these results from improved access to markets for agricultural produce, social services, increased diversified households' income and subsequently a more equal income distribution and hence poverty reduction (IDA, 2008; Lombard and Coetzer, 2007; Ochieng, 2002).

According to Swan (2004) lack of sustainability of intervention raises doubts about the long-term contribution of projects to income expansion and poverty reduction.

Moreover, effective intervention projects require greater commitment of funds and resources to literacy and basic training. Thus far, agriculture and the rural off-farm sector are likely to have a sizeable impact on rural poverty. Therefore, development intervention is said to be relevant and sustainable if livelihood approach comprises a set of principles for poverty reduction as described in the following section.

2.3.5 Theories on impact assessment

The foundation of an IA is a focus on causal linkages to determine changes that have resulted from project participation (Barnes and Sebstad, 2000). IA takes into account short and long-term effects of the projects to the beneficiaries' lives. It determines if the project had the desired effects on beneficiaries and individuals (Baker, 1999). However, there may be other factors or events that are correlated with the outcomes that are not caused by the project. An IA estimates the counterfactual, that is, what would have happened had the project never taken place (Baker, 2000; 1999).

However, IA of the project for development involves three components: describing the changes which have occurred in a community since the start of a project; relating these changes to project activities; and lastly, understanding the links between change which has resulted from the project and human welfare (Catley, 1999). However, these effects can be economic, social-cultural, institutional and technological or other types (UNPFA, 2004).

La Rovere *et al.* (2008) describe that IA is increasingly attempting to capture different types of impacts, direct and indirect. Assessment of local development impact focuses on how much cash, how much increased production or how many jobs were generated (Ashley and Hussein, 2000). However, its consequences are observed in livelihood

dimensions such as food security, assets owned, risk and vulnerability (La Rovere et al., 2008; Ashley and Hussein, 2000).

Similarly, poverty reduction is often judged in terms of the impact of project participation on income, consumption and net worth of the households. It also takes into account the effect of the households' vulnerability and the impact on employment at the enterprise or household level or both. In order to capture the additional impact of the project intervention, the study should rely on the evidence of vulnerability and impact on the welfare of women and children (Swan, 2004). Accordingly, women and unemployed youth were investigated to ascertain the effect of the project intervention on their vulnerability.

To date, intervention impact isolation using participants and non-participants explicitly focuses on livelihoods (Haidar, 2009). Livelihoods assessment gains an understanding of the significance of the project to the livelihoods of project participants and other local residents. Such an assessment is based on the premise that the project participants shared a core aim, the enhancement of local people's livelihoods (La Rovere and Dixon, 2007; Ashley and Hussein, 2000).

Accordingly, Power and Riddell (1998) identified three key questions of an IA: the extent to which a project reached the appropriate target population; whether or not its service delivery was consistent with project design; and what resources were expended (process indicators). However, these key questions are crucial for a sustainable livelihoods analysis of an intervention study.

As noted above, process and or impact indicators are used in IA. The process being quantitative which measures the implementation of project activities such as quantifiable inputs provided. However, the later can either be quantitative or qualitative or both. Qualitative impact indicators measure the social-welfare like improved knowledge of the recipients and participation satisfaction. In contrast, quantitative impact indicators are often associated with economic impact such as increased beneficiary's income and reduced goods prices (Pattanayak, 2009; Catley, 1999). Both indicators have a cause and effect relationship from inputs to impact. Though, the first indicator is a necessary and sufficient condition for the second one.

In the same way, development and application of indicators which are identifiable qualitative and quantitative measures identifies and describes the performance, effectiveness, cost-benefit and impact indicators (Bellamy, 2000). IA assesses the difference in the values of key variables between the outcomes on project participants who have experienced an intervention against the values of those variables that would have occurred had there been no intervention (Hulme, 2000; Baker, 1999). However, an increase in the beneficiaries' nutrition, education, and health are assumedly the result of a rise in income (Lecy, 2010).

Moreover, Spath (2004) defines levels of impact as:

- i. Impact positive or negative, primary or secondary long-term effects produced by a development intervention, directly or indirectly, intended or unintended;
- ii. Outcome what is likely to be achieved in short and medium-term effects of an intervention and,
- iii. Output products, capital goods and services which result from a development intervention.

Furthermore, Ochieng (2002) outlines the identifiable relevant indicators for IA of rural roads as: frst, transport project outputs including vehicle operating costs, duration and fares of transport; secondly, transport project outcomes such as access to jobs, markets, health, educational and credit facilities and low prices of goods, and; finally, welfare or living standard outcomes for example diversified incomes, literacy level, health status and off-farm activities.

Pattanayak (2009) argues that identifiable indicators should be SMART in IA: S = specific, what is intended to be measured; M = measurable, should be clear and unambiguous; A = attributable to the project; R = realistic, reasonable cost and frequency of data collection and; T = targeted, about the relevant target population.

Accordingly, there are an infinite number of variables that can be used to study impacts. Thus far, deciding on what variables to include in an assessment, it is important to ensure that they are linked to hypotheses (Barnes and Sebstad, 2000; Sebstad, 1998) and are defined with precision such that they are measurable so that they can show direction of change (positive or negative, increased or decreased) and pattern of change (ordinal, scale) (Sebstad, 1998).

However, measurable control variables such as: geographical location, education, occupation, wealth, household size and land owned can be used for a comparison between participant and non-participant group so as to detect biases. Also, variables including changes in household income, consumption, assets, nutrition and health status are prime in IA (DANIDA, 2008). In summary, variables for livelihoods approach differ from conventional evaluation in its focus on people's lives rather than on defined outputs (Erenstein *et al.*, 2007; Ashley and Hussein, 2000). Thus, dimensions of poverty; food

security, nutrition, health status, literacy and education, credit, safe drinking water, sanitation, physical assets and other infrastructure facilities were included in this study.

2.3.6 Theories on methods for impact assessment

However, people's sense of well-being is a critical factor in assessing the sustainability of livelihoods and a number of challenges and methodological issues emerged to that effect and the difficult in obtaining comparable data across contexts. Even though, various participatory methods can help to define well-being, the problem still arises that perceptions vary from place to place and person to person (Ashley and Hussein, 2000). This study faced a problem in constructing a perfect comparison group; however, a quasi-experimental approach was used for establishing a counterfactual comparison group among other methods including experimental approach. The choice of this approach is dictated by its ability to generate comparison groups that resemble the treatment group in at least one observed characteristics through econometric methodologies (Baker, 2000). It is worth saying that, a decision of which evaluation method to use depends on the nature of the intervention being evaluated. Still, choosing a particular method involves trade-offs, therefore most methods of IA suffer from not having a perfect control and using incorrect model specification (ADB, 2006; Barnes and Sebstad, 2000).

However, randomization removes at least on average any systematic differences between the groups. No pre-testing is needed. This approach serves as the gold standard design for IA. The impact of the treatment can be measured simply by comparing the mean outcomes of the treatment and control groups obtained through statistical techniques. Thus, most experimental methods are confined to a determination of the mean impact of the project which however, does not answer other questions such as proportion of

participants and positive or negative impact as this study intended to answer (Adeoti et al., 2009; Grossman, 2005; Spath, 2004; Wassenich and Whiteside, 2004; Ochieng, 2002; Power and Riddell, 1998).

On the contrary, Greenstone and Gayer (2007) and Blondal (2007) argue that in random assignment, the treatment and control groups should be statistically identical in all dimensions except exposure to the intervention and is invalid to assume that the selection bias is zero (Greenstone and Gayer, 2007). Therefore, if selection bias is assumed zero, thus both control and treated groups should be in a closed universe to confine spill-over effects. This is not easy to practice. Otherwise, randomized selection is considered unethical or unacceptable (Hulme, 2000) as it identifies the differences statistically to isolate impacts of the project (Baker, 1999).

Even though, randomized evaluation has high internal validity because of high quality of the counterfactual, the internal validity is highly objective to the project design and implementation (Blondal, 2007; Baker, 2000; 1999). Thus, the result can be biased if problems such as attrition, spill-overs, contamination and randomization are not properly taken care of (Vaessen, 2009; ADB, 2006; Hulme, 2000). Thus far, it may also be difficult to assure that the assignment is truly random if it was not possible to construct treatment and control group through experimental design, then quasi-experimental could be used to carry out IA (Hulme, 2000) as depicted in the next section.

As explained previously, Vaessen (2009) discourages the use of randomized design in carrying out IA due to its mentioned weakness. Vaessen argues that in quasiexperimental approach, the participant group is compared overtime with the situation of an equivalent comparison group not affected by the intervention. The merit of this is that intervention outreach is *ex-post* IA as has been the case in this study. This approach seeks to compare the outcomes of an intervention with a simulation of what the outcomes would have been, had there been no intervention (Blondal, 2007; Greenstone and Gayer, 2007; Hulme, 2000; Barnes and Sebstad, 2000; Baker, 2000; 1999).

Hitherto, quasi-experimental models are frequently the only satisfactory way to proceed. This can be done by: firstly, statistically controlling the differences between groups during data analysis (Randler and Bogner, 2008; Grossman, 2005; Layfield and Flagg, 2004; Spath, 2004; Wassenich and Whiteside, 2004; Ochieng, 2002; Baker, 2000; 1999). Secondly, matching participants and non-participants according to key traits (such as age, sex, and education) believed to influence the outcomes of interest (Grossman, 2005; Spath, 2004; Power and Riddell, 1998). However, locations, time and people are major threats to validity in a quasi-experimental design (Greenstone and Gayer, 2007). Thus, the principal disadvantage of this technique is selection bias through which an individual or location is targeted (Baker, 2000).

Conversely, problems of sample selection bias underlying respondents' motivation must be overcome. However, selection bias may occur because of: (a) difficulties in finding a location at which the control groups' economic, physical and social environment matches that of the treatment group; (b) the treatment group systematically possessing an invisible attribute which the control group lacks; (c) receiving any form of intervention may result in a short-term positive response from the treatment; (d) the control group becoming contaminated with the treatment group and (e) the spill-overs of treatment from the treatment to the control group (Swan, 2004; Hulme, 2000). This refers the use of an intervention by someone else rather than the beneficiary (Swan, 2004). In this study, problems (a), (d) and (e) were addressed by having careful selection of the control group by ensuring that the control group was located far away from the treatment group, while problems (b) and (c) were addressed by triangulation of mixed methods for data collection during the field study and excluding villages with intervention in the control group as stated in the limitations. However, quasi-experiments require analysis techniques to deal with the differences between groups so as to isolate the effect of the intervention using statistics and econometric models (Grossman, 2005; Spath, 2004; Hulme, 2000; Baker, 2000; 1999; Power and Riddell, 1998). This was solved by using instrumental variables methods and introducing the bias correction factor in the Heckman's selection two-stage model.

Accordingly, selection bias in measuring the impact of intervention project can also be reduced by the non-random placement of the project (Swan, 2004). However; Greenstone and Gayer (2007) and Blondal (2007) contend that the use of Instrumental Variables (IV) solves the problem of selection bias. The key assumption is that instrumental variable correlates with the treatment (endogenous) variable, but independent of potential outcomes. In addition, conditions for IV to provide a consistent estimate of intervention requires that, the instrument should predict effects and is orthogonal to the unobserved determinants of the potential outcomes (Baker, 2000).

Similarly, a two stage least squares (2SLS) framework could be employed, this strategy produces consistent results. This is because the 2SLS approach is algebraically identical to the IV. The intuition is that the IV discards the variation in the potential outcomes that is a dichotomous. The validity of IV approach is based on the assumption as noted earlier by (Greenstone and Gayer, 2007). Though, their efficiency depends on sample size and the magnitude of variance. Moreover, in the Heckman's (1979) two-stage model, the

selection and the outcome model in which the sample bias correction factor is derived and introduced has strength over 2SLS. Together with factors that influence determination, the model specifies the impact of participation and correctness of the specified model. Thus far, qualitative and quantitative approaches were also employed in this study.

Ashley and Hussein (2000) argue that key features of IA are on cross-checking multiple types of data, both qualitative and quantitative. In addition, Garbarino and Holland (2009) describe the combined methods of qualitative analysis in IA yield credible results. However, quantitative methods produce data that can be aggregated and analyzed to describe and predict relationships whereas qualitative techniques focus on understanding process, behaviours and conditions as perceived by the individuals or groups studied.

Again, qualitative technique yields critical insights into beneficiaries' perspectives, the process and context that may affect outcomes and interpretation of results observed in quantitative analysis. Qualitative tools used are conversational interviews with key informants, focus group discussion with beneficiaries, and participant observation in targeted communities complemented by semi-structured interview schedules (La Rovere and Dixon, 2007; Adam, 2006; Swan, 2004; Wassenich and Whiteside, 2004; Adams, 2001; Baker, 2000). Also, qualitative techniques help to probe and explain the relationships and contextual differences in the quality of the relationships (Garbarino and Holland, 2009).

Furthermore, qualitative variables are transformed into binary variables taking precaution of having perfect collinearity as described in the methodological section. This study uses *ex-post* quasi-experimental, focus group discussion, participatory observation, key

informants and interview schedule approaches to address measurement problems so as to enhance reliability and validity of the study.

2.4 Experience from previous studies

2.4.1 Global studies on impact assessment

Many IA studies have been carried out by different scholars worldwide. A study by Rao (2002) on Community Driven Development (CDD) in Jamaica revealed that projects were designed to address the most compelling need of the community. However, there was no match between the community preferences and the project, thus community leaders were perceived to have a greater say in decision making during the project operation and were biased against the poor. Therefore, CDD seemed not to be a panacea for the poor people.

Contrary, IDA (2008) found that road projects in Nicaragua were linked to substantial increase in crops yields, land cultivated, seasonal work opportunities and enhanced social services and other dimensions of well-being. Consequently, they reduced spoilage of perishable agricultural products and generated better prices for farmers. Similarly, Ochieng (2002) observed that rural roads empowered the poor by facilitating access to information, political participation and enhanced security by making it possible to respond to economic and natural shocks.

According to Simester *et al.* (2000) United States of America (USA) and Spain used non-equivalent control and treatment groups from the same panel of customers and nonequivalent dependent variables to enhance customer satisfaction. Their findings were not significant for overall satisfaction in USA, but had a positive sign. In contrast, the Spanish intervention appeared to increase satisfaction with ancillary needs and overall satisfaction. Whereas, Rocha and Soares (2009) studied direct and indirect impacts of family health program in Brazil and the effects of the program on mortality and household behaviour. The study revealed that, the program had effects on reduction in mortality and had increased employment opportunities for older men. At the same time fertility was reduced while female labour supply and school enrolment of children increased.

On the other hand, DANIDA (2008) used "with and without" and qualitative method in assessing aqualture projects in Bangladesh. Observations showed that treatment effect was significantly negative on household income, health status and assets owned for both groups though, beneficiary profiles showed that substantial proportions of the beneficiaries were at the margins of what could be considered as poor (DANIDA, 2008).

Conversely, Randler and Bogner (2008) used both experimental and quasi-experimental approach in German to assign control and treatment groups. The findings revealed that both groups scored similarly. Thus, the study concluded that the quasi-experimental approach is often the best possible than experimental. The result suggests that despite of the groups being different, later approach seems sufficient in research analysis. On the other hand, Layfield and Flagg (2004) selected quasi-experimental design to determine the impact of service-learning on students' achievement. The findings showed no statistical significance difference between the treatment and control group. The study concluded that participants in service learning activities did not achieve any higher scores than non-participant. However, a small number of respondents and a low number of variables in the study was a limitation to generalization of the findings.

2.4.2 Experience of IA studies in Africa

In Zambia a two stage least square regression (2SLS) model was used to estimate the effect of program exposure on the behavioural outcomes on family planning and HIV/AIDS (Rossem and Meckers, 2007). Findings revealed that the reproductive health and social marketing campaigns reached a large portion of the population and had a significant impact on condom use. The study concludes that campaigns investing in radio may be more effective than those investing in television programming. However, 2SLS has no sample bias correction factor for estimating impact, yet it solves endogenous explanatory problem.

A study by Musamali *et al.* (2007) on school lunch intervention in Kenya revealed that the total nutrient food intake by the participants were significantly higher than the nonparticipants. Therefore, they concluded that school lunch enhances children nutritional status. Similarly, Asgedom (2007) revealed that poultry keeping in Ethiopia had significantly contributed to the livelihoods of poor households economically as starter capital to recover from disasters. The study showed that households were able to access protein and increased income for exchange purposes. In the same way, Aruna and Alabi (2006) studied family poultry project in Nigeria used "before and after method" showed that income from family poultry contributed significantly to women income. However, illiteracy of the beneficiaries was a major limitation to technological adoption in livestock and crop production.

In Ghana, Adeoti *et al.* (2009) used production function to assess the effects of treadle pump adopters and non adopters. The study revealed a significant impact of Treadle Pump (TP) technology on small-holders as cropping intensities, irrigated cropland and farmers' income increased. Besides, labour productivity for poverty alleviation also increased. Similarly, Catley (1999) in Southern Sudan used the "before and after" approach, IA study showed that the animal health projects implemented in the country had a positive impact on the lives of people in project areas as it reduced livestock diseases and increased production of food particularly milk.

In Zimbabwe, Juana and Mabugu (2010) used social accounting matrix (SAM) to assess the small-holder agriculture's contribution to the economy. They observed that smallholder agricultural sector overall impact on the economy was low; however, it has the most significant impact on value added, households' income generation and poverty reduction. Thus, small-holder agriculture promotes livelihoods sustainability development particularly the poorest people in economic activities.

On the other hand, in Tanzania there had been some studies on IA including that by the African Development Bank Group (2006) which used non-experimental approach and found that the bank groups' assistance had made a significant contribution in agricultural sector. The study concluded that assistance to the small holder projects offered the greatest opportunities for poverty reduction, improved food security and sustainable development. Also, Sieber (1996) used "with and without" approach to study the use of donkeys in generating larger economic benefits. The findings revealed that non-donkey households' marketed less tones of agricultural products per year than donkeys households'. It was evidenced that, the later used much fertilizer compared to the former. The study concluded that buying a donkey generates much benefit to households' income per year through increased marketing.

In conclusion, different scholars used different methodological approaches in IA. Basing on theories for IA, this study uses quasi-experimental and qualitative and quantitative approaches because of the non-random stratified sample. However, Heckman's (1979) two-stage model and IV/2SLS were employed in analysis of cross-sectional data. These methods solved the non-random staratified selection bias and endogeneity problems respectively, as addressed in the next methodological chapter.

CHAPTER THREE

3.0 RESEARCH METHODOLOGY

3.1 Conceptual framework

A modified DFID (1999) Sustainable Livelihood (SL) conceptual framework, Figure 3, has been adopted for intervention livelihood analysis in this study. Hitherto, different international agencies including UNDP, CARE and DFID use it as a strategy towards poverty alleviation. However, DFID approach is more realistic for SL analysis (Krantz, 2001; Frankenberger *et al.*, 2000). According to Scoones (1998) livelihood comprises the capabilities, assets and activities required as a means of living by the vulnerable poor people. Similarly, Chambers and Conway (1991) argue that capabilities are both an end and means of livelihood. The framework shows multiple interactions between various factors which affect livelihoods (Scoones, 2009). These include; vulnerability context, livelihood assets, transforming structures, livelihood strategies and outcomes.

The vulnerability context indicates a scheme within which project participants and nonparticipants operate. This comprises shocks, trends and seasonality which are beyond their control (DFID, 1999). However, it has an external influence on livelihoods that impact on peoples' asset base. For instance, illness shock caused by fatal HIV /AIDS endemic disease and seasonality shifts in prices, production, food availability, employment opportunities could be most long-standing sources of hardship for the poor people (Ahmed, 2009; Haidar, 2009; Erenstein *et al.*, 2007).



Figure 3: Sustainable Livelihood intervention framework analysis Source: Modified DFID sustainable livelihood framework (1999)

Moreover, assets accessibility (dairy cattle, poultry, rural roads, dispensary, water, and carpentry works) could be influenced by policies, institutions and processes of intervention (Kollmair and Juli, 2002). Yet, issues of decentralization are of critical relevance. This determines the way individuals operate and interact at community level as incentives to make choices in their prioritized projects under community management committee (2000; Norton and Foster, 2001). These occupy the central position in the intervention framework and directly the feedback to the vulnerability context. Furthermore, livelihood strategies adopted by participants comprise a series of activities prioritized to achieve their livelihood goals (DFID, 2000). As a result, changing asset status affects positively or negatively participants' strategies depending on the nature of asset created for mitigation and coping (Norton and Foster, 2001). Consequently, people

compete for resources, job opportunities (cash-for-work) and markets. These make it difficult for everyone to achieve simultaneous improvements in their livelihoods.

As explained earlier, livelihoods outcome as the achievement of strategies demonstrate what motivate / discourage recipients to act as they do and what are their priorities. This might give an idea of how people are likely to respond to new opportunities and type of performance indicators. To this end, livelihood assets created are of particular interest in this study in order to ascertain if recipients are able to escape from poverty compared to non recipients. However, indicators for assessing sustainable livelihoods, poverty reduction through created assets, well being and capabilities, livelihoods adaptation and vulnerability flexibility, and resource base sustainability are significant in this study (Scoones, 1998).

3.2 Study location

The motivations for the study area selection criterion were certainty of data availability, budget constraint and the abnormal population growth rates. Additionally, an Impact Assessment (IA) supports development interventions in many ways. First, learning about more or less successful approaches to development intervention and poverty reduction. Secondly, projects steering and strategies within their given dynamic and settings so as to maximize effectiveness and sustainability. Finally, improving accountability for investments in development cooperation by trying to ensure that they truly effect changes in the lives of people, particularly the poor (Baur *et al.*, 2001).

Nevertheless, food availability in Tanzania is characterized by domestic production, of which 95% of the country's food requirements are met with local production (Manyong and Gerken, 2009). Moreover, the agricultural sector is dominated by smallholder

farmers who grow 75% of the national food (Manyong and Gerken, 2009). However, Tanzania's main food staples can be differentiated along agro-ecological zones. Accordingly, Southern Highlands (Iringa, Njombe, Mbeya, Rukwa and Ruvuma regions) produce food surpluses (Manyong and Gerken, 2009). Furthermore, agricultural activities provide employment to over 75% of the population, primarily in rural areas (Mngodo, 2008). In addition, 82 % and 76 % of adult men and women respectively are employed in the agricultural sector in rural areas (FAO, 2008). For instance, the percentage of adults employed in agricultural activities in the surpluses food producing zone: Mbeya 55%; Iringa (Njombe) 67%; Rukwa 76% and Ruvuma 77% (HBS, 2000).

Hitherto, the two regions with low percentage of adults engaged in agricultural economic activities in the zone were chosen. Likewise, one district with low population growth rates in each of the selected region was identified for research. In particular, Rungwe has the least annual population growth rates district in Mbeya region, its growth rates in 1978-1988 and 1988-2002 intercensal periods declined from 1.4% to 1.0% respectively (URT, 2003). Conversely, the population of Makete district, contrary to other districts of Iringa (Njombe) region, has experienced an insignificant annual population growth rates. The district intercensal population growth rates for the same periods showed a drastic decrease from 1.2% to 0.2% respectively (URT, 2008). Yet, both districts benefit from TASAF development interventions. Thus far, the study was carried out in Makete and Rungwe districts.

3.2.1 Location of Makete District

Makete district is located at the extreme Western end of Njombe region. The district lies between latitude $08^{0}45'$ and $09^{0}40'$ South of Equator and between longitude $33^{0}85'$ and $34^{0}30'$ East of Greenwich (URT, 2008). It has an altitude of between 1500 meters to

3000 meters above sea level. Because of the high altitude the district experiences temperate climate with low temperatures as low as freezing point and long rainy seasons. High altitudes between 1500 - 3000 meters above sea level fall under cold zones with temperatures ranging between $2^0 - 20^0$ centigrade and rainfall vary from 1500 - 2800 mm per annum (URT, 2008). Areas of low altitude such as Usangu plains experience high temperatures of $20^0 - 30^0$ centigrade with unreliable rainfall ranging between 300 - 800 mm per annum. According to the 2002 population and housing census the district recorded a population of 105 775 with an average household size of 3.7.

3.2.2 Location of Rungwe District

The district is located in the Southern part of Mbeya region. It lies between latitude $8^{0}30^{*}$ and $9^{0}30^{*}$ South of Equator and longitude 33^{0} and 34^{0} East of Greenwich Meridian. The district is mountainous, rising from an altitude of 770 to 2265 metres above sea level.



Figure 4: Maps of Makete and Rungwe districts

The average rainfall ranges from 990 mm in the low-land zone to 2700 mm in the highland zone. The temperatures and generally modest and range from $18^{0}-25^{0}$ centigrade all the year around. According to the 2002 National population census, the district had a population of 306 680 with an average household size of 4.1 (Rungwe District Council, 2009).

3.2.3 Study design

The study employed a quasi-experimental approach (Grossman, 2005; Spath, 2004; Hulme, 2000; Baker, 2000; 1999; Power and Riddell, 1998) in which a comparison group that resemble the treatment group were surveyed so as to ascertain the effect of TASAF intervention and cross-sectional data were collected once at a given point of time (Baker, 2003; Stocks and Watson, 2003; Wooldridge, 2001).

3.3 Sample design

3.3.1 Sample size determination

A sample size was calculated prior to data collection. During sample size determination, time and financial resources were taken into account. However, small sample size was born in mind that it could not reproduce the salient characteristics of the accessible population to an acceptable degree (Kothari, 2004; Mugenda and Mugenda, 2003). Sample size determination considered: type of sampling, standard of accuracy and acceptable confidence level and anticipated level of non-responses. Moreover, nature of units, size of questionnaire, availability of trained enumerators and conditions under which the sample was conducted were taken into consideration. The margin of error of 5% and confidence interval of 19 times in 20 was included for an infinite population. This was based on the standard error, the measure of how much the sample mean differs from the population mean. The traditional formula (Power and Riddell, 1998):

was applied, where "n" is a sample size calculated, SE is the tolerable standard error (0.05), and p = (0.6) and (1-p) = (0.4) were the proportion of projects participants and non-participants respectively. The figure 1.96 reflects the choice of a 95% confidence interval and the margin error of ± 5%, 19 times in 20 was tolerable. Thus, the sample

size was obtained: $n = \frac{1.96^2 [0.6 \times 0.4]}{0.05^2} = 368$. Thus far, an optimum sample size of 368 was expected to be involved in the study. However, 4% was the level of non-responses and 96% was achieved.

3.3.2 Sampling procedure

Two groups of respondents were of interest in this study, that is, with and without TASAF projects intervention. Therefore, non random stratified approach was employed to obtain a representative sample: First stage; the zone with regions that enjoy food surpluses in Tanzania, Southern highlands zone was selected. Second stage; two regions with lower percentage of adults engaged in agricultural economic activities from the food surpluses zone, Mbeya (55%) and Iringa (Njombe) (67%) were selected. Third stage; two districts Makete and Rungwe with low intercensal annual population growth rates 1978-1988 and 1988-2002 were identified (see section 3.2). Fourth stage, all Divisions with complete and inaugurated projects were also identified. Fifth stage, all Wards with complete and inaugurated projects were identified and chosen for interview basing on research budget line and accessibility factor. Sixth stage, seven villages with projects and three villages with no projects were non-randomly selected subject to restrictions on a further location from the treated village to avoid spillover effects in Makete district. Similarly, seven villages with and four villages with no project were also randomly selected subject to restrictions in a location in Rungwe district were surveyed respectively. After identification and selection of villages for interview, a sampling frame was prepared.

3.3.3 Sampling frame

Fourteen villages with intervention under TASAF I & II and seven villages without project were covered by the impact assessment. A list of participating beneficiaries within each project village was used as the sampling frame contrary to non participant villages. As a result, 239 and 115 project participants and non-participants respectively were surveyed. The sample comprised of households'(300), key informants (9), focus group discussions (14), village leaders (18), beneficiary group leaders (10), and project coordinators (2). Non responses were attributed to project coordinators and other key informants who were not accessible due to official or administrative issues and end of the financial year disturbances.

3.4 Data collection

3.4.1 Sources of data

Both secondary and primary data were collected in which the first included field project appraisal, beneficiaries' project reports, TASAF I and II quarterly and annual reports. Next, districts socio-economic profiles, Sokoine National Agricultural Library (SNAL), National Bureau of Statistics (NBS) and scholarly electronic information. Moreover, sources of primary data included questionnaires, focus group discussions, key informants, beneficiaries' projects leaders, projects coordinators and participatory observations.

3.4.2 Types of data collected

The study intended to obtain information on the various aspects that could be attributed to participation in the projects including: changes in the level of production; changes in household income; investments made from income generated; and changes in food availability and accessibility and utilization. Other attributes were changes in number of food shortage months, changes in nutritional status and the composition of the diet, changes in on-farm and off-farm working hours, sensitization on HIV / AIDS and social economic status after intervention.

3.4.3 Procedure of data collection

Four graduate enumerators from Teofilo Kisanji Universityc and Dar es Salaam University with appropriate local *vernacular* skills in both districts were trained before the pilot study. However, the number of enumerators was kept minimum to avoid information inconsistence since reliability of qualitative data depends on the skills, sensitivity and training of the enumerators for data collection (La Rovere and Dixon, 2007; Spath, 2004; Baker, 2000; 1999). Moreover, permission letters for data collection were obtained from the Districts Executive Directors (DEDs) in collaboration with districts TASAF coordinators.

3.4.3.1 Pilot study

The questionnaires were tried out at *Mtaa wa Kanisa* in Bagamoyo Ward, Tukuyu division where 34 (10% of 354) tailoring orphan project beneficiaries were interviewed. The researcher and enumerators had meaningful observations. The enumerators were encouraged to make comments and suggestions concerning instructions, clarity of questions and relevance. Pilot-testing the questionnaire was useful as vague and long questions were revealed and rephrased to enhance the validity of the instruments and unclear directions, insufficient space to write the response, wrong numbering were revealed and corrected. Thus far, comments and suggestions made by the respondents were incorporated to improve the questionnaires.

3.4.3.2 Primary data collection process

A cross-sectional, participatory observation and quasi-experimental data collection design was adopted. Before data collection, interview questionnaires were prepared so as to meet the research objectives. These questionnaires included: first, beneficiaries' interview questionnaires. This contained semi-structured questions in which the enumerator facilitated during data collection. It contained similar questions for both project participants and non-participants; except in a case of project relevance, effectiveness, efficiency, impact and sustainability. Second, focus group discussion consisted of six to eight participants had two pages of a checklist of questions, similar to those beneficiaries' aimed to triangulate, cross-check the validity of information given. Third, village leaders' questionnaires contained semi-structured questionnaires that asked the village socio-economic profile and how village leaders handled those projects in collaboration with beneficiaries under participatory approach. Fourth, the questionnaire for the beneficiaries' group leader gathered information about project success, failures and problems or challenges facing the project while that for project coordinators' gathered information on the introduction of the project, criteria for their selection of target group, project implementation, success and failures or challenges.

Lastly, was the key informant's checklist which gathered data on the overall TASAF projects' implementation weighed against their objectives in relation to the millennium development goals. However, the questions asked were the same or similar to those for other groups so as to validate information obtained by other tools (La Rovere and Dixon, 2007; Adam, 2006; Swan, 2004; Wassenich and Whiteside, 2004; Adams, 2001; Baker, 2000). Questions were sequenced effectively and an average interview time was 45 minutes (one hour maximum).

3.4.4 Data scrutiny and organization

Data scrutiny was done after each fieldwork to identify exceptional variation arising due to inconsistency in data collection which could have been caused by incorrect measurements and data transcription sometimes due to recording error. After the field work, the data was summarized and organized into a form that could be analyzed. This task was performed in two steps. The first step was to translate various questions into variables. The second step was assigning codes to responses from most descriptive questions and each questionnaire was numbered for future cross-checking. All variables with their respective codes or values for ratio and nominal variables were posted (coded) into the computer spreadsheet. Missing values and labelled data were identified and sorted for further analysis and synthesis. The Statistical Package for Social Sciences (SPSS) was used in descriptive statistics while STATA package was employed for quantitative data analysis.

3.5 Methods of data analysis

3.5.1 Explorative analysis

Explorative data analysis present distribution characteristics of data collected. Descriptive, correlation and non parametric analysis were employed to define possible relationships in the most general form and then allowing the bivariate technique to estimate relationships. The respective specifications of different analytical methods were as dscribed in the next sub-sections.

3.5.1.1 Descriptive statistics

This approach focused mainly on frequencies, percentages, maximum, minimum, and cross-tabulation. Frequency analysis was used to check for consistency of data collected and outliers. However, in describing for dispersion the study relied on mean-based

statistics: standard deviation, standard error, coefficient of variation and skewness of data distribution. The proportion between participants and non participants were considered homogeneous or heterogeneous when the observed mean and standard deviation were the same or different, respectively (Florens *et al.*, 2008; Cherry *et al.*, 2005; Blundell *et al.*, 2005; Blundell and Costa Dias, 2002).

3.5.1.2 Non-parametric analysis

3.5.1.2.1 Chi-square

The chi-square (χ^2) was used to test the resulting goodness of fit compared the observed and expected frequencies in each category to see either all categories contain the same proportion of values or that each category contains a user-specified proportion of values. According to Kothari (2004) the numerical tool to summarize these deviations between expected (*E*) from observed (*O*) is specified as:

If the test results do not show the strength of association, phi coefficient was used.

3.5.1.2.2 Phi coefficient

As has been noted above that, chi-square is not a strong statistic measure as it does not convey information about the strength of a relationship. This is because the combination of a contingency table and chi-square is most likely to occur when either both variables are nominal (categorical) or interval (ratio). The phi coefficient is preferable to chi-square as a test of association between two dichotomous variables. According to Bryman and Cramer (1997) this statistic measure is similar to the correlation coefficient in that it varies between zero and ± 1 to indicate the strength of relationship, given by the formula:

$$phi(\phi) = \sqrt{\frac{chi - square}{number of \ cases(N)}}$$
(3)

Its interpretation is similar to Pearson's r. This is simply the square of phi value multiplied by 100. It provides an indication of how far variation in one variable is accounted for by the other (Bryman and Cramer, 1997). As a result, this study has employed both.

3.5.2 Fundamental evaluation framework model

The modified Roy (1951)-Rubin (1974) model serves as guideline for the empirical analysis of the potential outcome approach. The main elements of this model include both recipients and non recipients and potential outcomes. In this basic model, there are two potential outcomes (Y^1 , Y^0) for each group. Whereby; Y^1 and Y^0 indicate recipients' and non recipient's potential outcomes respectively. The binary assignment indicator, *P* indicate recipients who received treatment (*P*=1) or otherwise (*P*=0). The treatment effect for each group (*i*) was then defined as the difference between the potential outcomes (Untied, 2009; Lee, 2008; Blundell, *et al.*, 2005), specified as:

Where, δ_i = treatment effect due to TASAF intervention. The fundamental problem of evaluating this treatment effect is caused by the intervention outcome (Untied, 2009; Lee, 2008; Spitz, 2004; Angrist, 2003). Hitherto, Y¹ and Y⁰ were observed from recipients and non-recipients, respectively. Thus, the difference is called the counterfactual outcome (Untied, 2009; Lee, 2008; Spitz, 2004; Heckman, 2001).

However, the study modified statistics and econometric models used by Randler and Bogner (2008), Grossman (2005), Layfield and Flagg (2004), Spath (2004), Wassenich and Whiteside (2004), Ochieng (2002), Hulme (2000), Baker (2000; 1999), Power and

In the first stage, the binary probability of participation in the project was analyzed. The dependent variable was a binary variable of participation (p*), equal to one when participated and zero otherwise. Thus, the basic selection equation is:

 $p^* = w_i \gamma + u_i$, given that;

$$P_{i} = \begin{cases} 1 & if \quad p_{i}^{*} > 0 \\ 0 & if \quad p_{i}^{*} \le 0 \end{cases}$$
(5)

Where; w_i is a vector of factors such as location, household head, age, marital status, education level, household size, type of project and vulnerability were known to influence participation, γ is a vector of coefficients, and u_i is a disturbance error term of unobserved factors that influence participation in the project. At least one independent variable that appears in the selection equation should not appear in the outcome equation. The main purpose for the first stage was to obtain a correction factor, IMR. This ratio was used in the second stage to take account of possible selection bias. The basic outcome equation is specified as:

$$y_{i} = \begin{cases} \beta x_{i} + \varepsilon_{i} & \text{if } p_{i}^{*} > 0 \\ 0 & \text{if } p_{i}^{*} \le 0 \end{cases}$$
(6)

Where; β is a vector of coefficients, thus $\beta > 0$ presents the likelihood of positive impact (Hoetker, 2007) and x_i is a vector of factors that influence intervention outcome such as participation, location, beneficiary age, gender, marital status, education level, income, proximity to the market, food prices, projects created and target groups. However, problems could arise when estimating β , if u_i and ε_i are correlated. The study assumes that the normal distribution of, and relationship between the error terms in the selection and outcome equation exists (Dubin, 1990). It also assumes a bivariate normal distribution with zero means and correlation(ρ). Thus equations (5) and (6) under
conditional means in the Heckman's model and bivariate normal distribution given earlier generated the IMR as follows:

$$Y = E[y_i | y_i isobserved] = E[y_i | p^* > 0]$$
$$= E[\beta x_i + \varepsilon_i | w_i \gamma + u_i > 0]$$
$$= \beta x_i + E[\varepsilon_i | w_i \gamma + u_i > 0]$$
$$= \beta x_i + E[\varepsilon_i | u_i > -w_{i\gamma}].....(7)$$

If errors u_i and ε_i are independent, the last term simplifies to $E[\varepsilon_i] = 0$ and OLS of regression of y_i on x_i could give consistency estimates of β . However, any correlation between the two errors means that the truncated mean is no longer βx_i . Thus far, selection bias was taken into account. Likewise, if the second term in the last part $E[\varepsilon_i | u_i > -w_i \gamma]$ exists, then equation (7) becomes:

$$Y = E[y_i | y_i isobserved] = E[y_i | p^* > 0]$$

$$= E[\beta x_i + \varepsilon_i | w_i \gamma + u_i > 0]$$

$$= \beta x_i + E[\varepsilon_i | w_i \gamma + u_i > 0]$$

$$= \beta x_i + E[\varepsilon_i | u_i > -w_{i\gamma}]$$

$$= \beta x_i + \rho \sigma_{\varepsilon} \left[\frac{\oint \left(\frac{-w_i \gamma}{\sigma_u} \right)}{1 - \Phi \left(\frac{-w_i \gamma}{\sigma_u} \right)} \right]$$

$$= \beta x_i + \rho \sigma_{\varepsilon} \left[\frac{\oint \left(\frac{w_i \gamma}{\sigma_u} \right)}{\Phi \left(\frac{w_i \gamma}{\sigma_u} \right)} \right]$$

 $= \beta x_i + \rho \sigma_{\varepsilon} \lambda_i (\alpha_u).$ (8)

Accordingly, from equations (5-7) we get:

$$Y = E[y_i | p^* > 0] = \beta x_i + \delta M + U \dots$$
(9)

Equation (10) is a bivariate Heckman's selection model.

Whereby: Y = is the outcome of interest; x_i is a vector of variables;

 $\delta = \rho \sigma_c$ is a selection bias;

 $M = \lambda_i(\alpha_u)$ is an IMR-selection bias correction factor;

$$\alpha_{u} = \left(\frac{-w_{i}\gamma}{\sigma_{u}}\right); \ \lambda_{i}(\alpha_{u}) = \frac{\phi\left(\frac{-w_{i}\gamma}{\sigma_{u}}\right)}{1 - \Phi\left(\frac{-w_{i}\gamma}{\sigma_{u}}\right)} = \frac{\phi\left(\frac{w_{i}\gamma}{\sigma_{u}}\right)}{\Phi\left(\frac{w_{i}\gamma}{\sigma_{u}}\right)}; \text{ and,}$$

U = disturbance error term that captures unobservable variables. According to the present study, equation (9) can be expressed in words as: Outcome of interest = the effect of various observed factors + the effects of the

projects + the effect of selection bias + random error.

Basing on the word equation, equation (10) can also be expressed to include productive assets (P) created as:

 $Y_i = \beta x_i + \alpha P + \delta M + U$ (Defined in equations 6 and 9).....(10)

However, α is a measure of project impact. It is worth saying that, if the model is properly specified, the addition of the selection bias correction variable factor removes this potential bias and gives unbiased estimates of the project impact. This model was further modified to suit the second research objective variables under consideration. If the IMR coefficient is statistically significant, it indicates that there is no selection bias and that there is a comparative advantage of participants to earn their livelihoods more than their counterparts, the control group (Doan and Gibson, 2009). Accordingly, the first and third study objectives were estimated by using two-stage least squares (2SLS) estimator presented in the next sub-section.

3.5.4 Two-stage least squares estimation model

The regressor is an endogenous variable when it is correlated with the error term (Wooldridge, 2004). Endogeinity is a problem in cross-sectional data (Cameron and Trivedi, 2005; Stocks and Watson, 2003) as expressed in the structural equation:

 $y = \beta_0 + \beta_1 y_1 + \beta_i x_i + u_i$ (11)

Where; \mathcal{Y} = outcome of interest (socio-economic status / project sustainability), β_0 = constant term, β_1 = coefficient of endogenous explanatory variable y_1 (participation). This is because vulnerability of a target group (such as able-bodied, elders, HIV infected and widowers) is a choice variable to participate and affects the outcome of interest (Block *et al.*, 2009; Larcker and Rusticus, 2004). β_i = coefficients of exogenous variables x_i (such as location, gender and age), and u_i = error term and i = 2, 3, ..., n terms. The equation measures the causal relationship.

However, if determinants of the independent variables are not included in the regression equation being estimated, the resulting OLS parameter estimates of regression are inconsistent. Therefore, the endogenous explanatory variable was transformed into Instrumental Variable (IV) to obtain consistent estimators (Stocks and Watson, 2003) and an observable IV z_i (target groups) was introduced after being tested that it had a significant correlation with y_i (participation) and not u specified as:

Moreover, valid IV satisfies the following conditions (Stocks and Watson, 2003):

i. Instrumental relevance:

ii. Instrumental exogeneity:

Whereby α_i in (12) are unknown parameters, i = 1,...,5 and $\alpha_i z_i$ is uncorrelated with the error term; however, the converse of the second part ' ν ' holds in equation (11). Using the sample, regressing y_i on z_i fitted values are obtained:

Thus, $\hat{y_1}$ is used as the IV for y_1 . Moreover, z_i (target groups) is causally associated with y_1 (participation), yet do not lead to changes in y except through y_1 . In the same way, IVs estimator is algebrically identical to 2SLS estimator. The IV estimator requires that the number of instruments equals the number of regressors. As an alternative, a common 2SLS estimator is used (Cameron and Trivedi, 2005).

3.5.4.1 Endogeneity test and two stage least squares procedure

The correlation between the error term and explanatory variables was analyzed to detect the endogeinity problem which might lead to bias and inconsistency of OLS estimators. The test was done by a direct comparison of OLS and 2SLS estimates. However, different and significant estimates were evidences of endogeneity and thus the necessity of applying 2SLS (Cameron and Trivedi, 2005; Wooldridge, 2004). Therefore, two-stage least squares procedures were as follows:

First stage: y was regressed on y_1 and x_i and fitted values were obtained. Second stage, OLS regression of y on y_1 and x_i . Therefore, 2SLS was obtained by two consecutive OLS regression. assets created on socio-economic status between TASAF empowered participants and non empowered participants was analyzed based on equation 14:

$$Y_{SES} = \beta_0 + \beta_1 Partic + \beta_2 Locat + \beta_3 propertime + \beta_4 Femhhd + \beta_5 Benage + \beta_6 Mstatus + \beta_7 Educ + \beta_8 Wompart + \beta_9 Womassnu + \beta_{10} Loansdisb + \beta_{11} Womdecis + \beta_{12} Youthdep + \beta_{13} Iga + \beta_{14} Hivrhserv + \sum_{i=1}^{5} \beta_i projects + e \dots(14)$$

Expectation of variables included was: $(\beta_1 > 0)$ participation has positive influence on socio-economic status, $(\beta_{3,5,7-13} > 0)$ factors have positive influence on socio-economic status and that $(\beta_i > 0)$ project(s) had a direct effect (s) on socio economic activities as defined in Table 1. Thus, pseudo R-squared, Ramsey RESET test, and Breusch-Pagan model estimators were used (see section 4.7.2 and Appendix 2.1).

Variable	Definition
Partic (Participation	Taking part in the intervention activities or not is a key indicator for respondents
=1 or otherwise)	to have access to assets created or otherwise. A positive or negative coefficient is
- /	expected as participation may enhance or hinder, other socio-economic activities
Location (Makete /	The site or nosition where an intervention is established to serve needy
Rungwe = 1 or	communities is determined by climatic variation. Thus a positive /neoative
otherwise)	relationship between location and socio-economic status was anticipated
Benage(Beneficiary	The age is an important indicator for recipients to participate in certain created
age) (Years)	assets. Vulnerability of participants was associated with age, thus a positive or
	negative relationship with socio-economic status was predicted
Mstatus (Marital	The indicator of being unmarried married or formerly married determines the
status married =1 or	extent of narticination. Thus positive/negative relationship between martied
otherwise)	narticinants and socio-economic status was expected
Edulevel (Education	Better education is assumed to improve projects created. It was expected that
level) (Number of	better educated participants perform better in created assets thus a positive
vears)	relationship between educated recipients and socioeconomic status was expected
Fembled (Female	The sex of the household head was also an important factor for determining the
household head = 1 or	effects of participation in TASAF intervention. A positive or negative coefficient
otherwise)	was anticipated since their participation is a trade off between family and
other wise)	community commitments
Youthden(Youth	The tendency of physical or financial support for youth is assumed as an indicator
dependency) l=	of the costs of the hurden to the society. A positive /negative relationship between
increased or	youth dependency and socio-economic status was expected, implying success or
otherwise	failure of intervention to quench youth wants
Womassn(Women	The number of formal or informal groups of women is an indicator for self- help.
association number)	This study assumed that, the increased number of self-help groups was positively
1= Increased or	related to socio economic status of ecipients.
otherwise	
Womdecis (Women	Ability to choose or decide in a definite way after considering other possible
decision =1 or	choices without hesitation or delay was chosen as an indicator for the extent of
otherwise)	empowerment through participation, thus a positive coefficient was anticipated.
Wompartic(Women	Women taking part in TASAF community activities is assumed to be an indicator
participation=1 or	for project success. A positive relationship between women participation and
otherwise)	socio-economic status was predicted.
Iga (Income	Planned activities over a period of time that creates money as a payment for
generating activities)	work, goods or services was a key indicator for the effects of TASAF assets on
(1=Yes, 0=No)	socio-economic status, thus a positive coefficient was expected.
Loansdisb (Loans	Amount of money given to a recipient on the condition that it will be paid back is
disbursed)	an indicator of financial empowerment through participation in created assets and
(1=Yes, 0=No)	a positive coefficient was expected.
Hivrhserv (HIV and	Services in all matters related to HIV and reproductive system is an indicator for
reproductive health	positive association between TASAF projects and socio-economic activities.
services $= 1$ or	However, a positive /negative relationship between health services and socio-
otherwise)	economic status was anticipated.
Socio-economic	Improvement in economic activities and social factors determines the positive
status(1=Improved	effect of TASAF assets, thus a positive outcome was expected.
or otherwise)	Discussed activities were expected to have veriable effects on participants Profiles d
Projects	Planned activities were expected to have variable effects on participants livelihood
Properatime(Project	time was expected to have a positive relationship with social according status
operation time, years)	time was expected to have a positive relationship with socio-economic status.

Table 1: Variables specified in the socio-economic status analytical model

Moreover, the hypothesis for food security and health status that stated that there is no difference in food security and health status between the community with and without TASAF intervention were analyzed using the Heckman model procedures and this was ideal to solve possible non random selection bias by inclusion of the correction factor, the IMR.

Thus far, both selection and outcome equations were obtained (see Tables 44 and 45) as presented by equations 16 and 17 for food security and health status of beneficiaries respectively:

 $Y_{fs} = \beta_0 + \beta_1 partic + \beta_2 Locat + \beta_3 Femhhd + \beta_4 Benage + \beta_5 M status + \beta_6 Educ + \beta_5 M status + \beta_6 Educ + \beta$

 β_7 Hhsize + β_8 Hhassets + β_9 Benincom + β_{10} Frinputs + β_{11} Mktprice +

Expectation of the variables included: $(\beta_i > 0)$ participation has influence on food security, $(\beta_{2,3,5} > 0)$ dummy variables have influence on food security, $(\beta_{4,6-10} > 0)$ factors under consideration had positive influence on food security, $(\beta_{11,12} < 0)$ factors were inversely related to food security, $(\beta_i > 0)$ project(s) enhances recipients' food security positively and that $(\beta_j > 0)$ target group(s) benefited through participation as defined in Table 2.

Table 2: Variables specified in food security analytical model

Variable	Definition
Partic (Participation =1,	Taking part in the intervention activities is a key indicator for
or otherwise)	respondents to have access to assets created. A positive/ negative
	coefficient is expected as participation may have both effects.
Locat (Location; Makete	The site or position where an intervention is established to serve needy
=1 or otherwise)	communities is determined by climatic variation. This can be favourable
	for created assets or not depending on the nature of projects established.
Benage (Beneficiary age)	The age is an important indicator for recipients to participate in certain
(Years)	created assets. Vulnerability of participants was associated with age, thus
	negative coefficient was expected on project performance
Mstatus (Marital status,	The indicator of being unmarried, married or formerly married
married =1 or otherwise)	determines the extent of participation, thus positive/negative coefficient was expected as a trade-off to other binding responsibilities
Benincome(Beneficiary	Income determines the purhsing power of the participants, as income
income in Tshs)	increases the household purchasing power of farm inputs and food
	increases, thus a positive relationship between income and food security
	was expected.
Hhsize (Household size)	This is an indicator used to capture the overall socio-economic status of
(Discrete)	participants. Participants with lower household size are assumed to be
	food secure, thus positively correlated with food security.
Educ(Education level,	Better education is assumed to improve projects created. It was expected
number of years)	that better educated participants perform better in created assets, however
	better educated participants might not participate
Femhhd (Female	The sex of the household head was also an important factor for
household head =1 or	determining the effects of participation in TASAF intervention, positive
otherwise)	or negative coefficient was expected since their participation is a trade -
	off between family and community commitments.
Hhassets (House hold	Valuable owned items by a family that are useful and contributes in the
assets)	livelihood success are assumed to be positively correlated with
	Efforts readed to achieve action/tural productivity have a positive effect
Frminputs (Farm inputs;	enford security thus agricultural inputs enhance food security
1-IASAF OF Otherwise)	The price of goods or services determines food accessibility such as the
nrice in Tshe)	lower the market food prices increase the purchasing power of the
price in Taila)	households, thus a negative coefficient was expected.
Mktdist (Market distance	The interval between households and the place where goods or foods of a
in kilometre)	particular type are regularly held for selling or exchange purpose. Thus a
In knowed by	negative relationship between market point and food security was
	expected.
Recipients	A positive or negative relationship between recipients and food security
r	was expected, as vulnerability was not homogeneous.
Projects	Planned activities were expected to have variable effects on participants
-	livelihood as vulnerability was not absolute identical for all.
Fs (Food security =1 or	Ability to acquire the food needed by the household members (Pinstrup -
otherwise	Anderson, 2009).

Furthermore, health status was also analyzed using Heckman procedures explained earlier and specified as:

 $Y_{hs} = \beta_o + \beta_1 Partic + \beta_2 Locat + \beta_3 properation e + \beta_4 Femhod + \beta_5 Benage + \beta_6 M status$

+ $\beta_{\gamma}Educ$ + $\beta_{8}Benincom$ + $\beta_{9}Dhserv$ + $\beta_{10}Fs$ + $\beta_{11}Mktprice$ + $\sum_{i=1}^{5}\beta_{i}projects$ +

$$\sum_{j=1}^{4} \beta_j recipients + \lambda_j (\alpha_*) + e_{ks}$$
(16)

Analysis expectation was: ($\beta_1 > 0$) participation has positive influence on health status, ($\beta_{2,4,6} > 0$) dummy variables under consideration have influence on health status, ($\beta_{3,5,7,8,10} > 0$) factors under consideration expected to influence positively health status, ($\beta_{9,11} < 0$) factors had inverse relationship with health status, ($\beta_i > 0$) project(s) created enhanced recipients' food security positively and that ($\beta_j > 0$) target group(s) benefited through participation as identified in Table 3. Therefore, Ramsey RESET and Breusch-Pagan were also used for model estimators for equations 15 and 16 (see sections 4.7.3 and 4.7.4; Appendix 2.2 and 2.3). Also, model specification, skewness in distribution of regressors and data functional forms heteroskedasticity were detected using Breusch-Pagan/Cook-Weisberg test.

Table 3: Variables specified in health status analytical model

Variable	Definition
Partic (Participation =1	Taking part in the intervention activities is a key indicator for respondents
or otherwise)	to have access to assets created to meet dietary requirements. A positive
	outcome was expected as participants earned their livelihoods to sustain
	their health status.
Location (Rungwe =1	The site or position where an intervention is established to serve needy
or otherwise)	communities is determined by vulnerability of recipients. Participants can
	exploit intervention opportunities depending on the nature of projects
	established. As a result positive / negative outcome was expected
Benage (Beneficiary	The age is an important indicator for vulnerable people to participate in
age) (Years)	created assets. Thus, a positive/ negative correlation between age and health
	status was expected.
Mstatus (Marital	The indicator of being unmarried, married or formerly married determines
status, married =1 or	the extent of health awareness, thus positive/negative coefficient was
otherwise)	expected as a result of participation in created assets.
Benincome	Income determines the ability of participants to access health health services
(Beneficiary income)	through cost sharing. As income increases the household purchasing power
(ISNS)	of health services increases, thus a positive relationship between income and
Educ (Education Issuel)	health status was expected.
Alumber of years)	Better education of recipients is assumed to be a key indicator of health
(number of years)	awareness and accessionity. It was expected that better educated
Fambled (Famala	The sev of the household head was also an important factor for determining
household head =1 or	the effects of participation in TASAE intervention. Female household head
otherwise)	was compared to male household head as a result a positive or negative
other wise)	relationship between household heads and health status was expected since
	their participation is a trade-off between family and community
	commitments
Mktprice (Market food	The price of goods or services determines recipients ability to access food to
prices) in Tshs	sustain their consumption pattern. The lower the market food prices increase
F	the purchasing power of the households, thus a negative relationship
	betweem food prices and health status was expected.
Dhserv (Distance	Length of the space between household residential area and health service
from health service	centre is an indicator of recipients' to access health services. Thus, a
centre in Km)	negative relationship between distance and health status was expected
Recipients	A positive or negative relationship between recipients and health status was
	expected, as the ability of accessing health services is not homogeneous
	among vulnerable needy people.
Projects	Scheduled health service activities is assumed to be a solution to
	communitys' health problems. A positive relationship between created
	assets and health status of recipients was expected
Properatime(Project	Period of involvement in a given activity from inception to the eventual
operation time, years)	survey time was expected to have a positive relationship between project
	duration and health status.
Health status (1=	Positive attitude towards life and acceptance of the responsibilities in
improved or	meeting needs and realizing goals and objectives indicates the success of
otherwise)	LASAF projects.

To this end, the hypothesis that productive assets created for poverty reduction through TASAF intervention are not sustainable was also tested by using IV/2SLS models and this model was ideal for analysis similar to the first hypotheses. Thus, the equation was specified, see section 4.8.5 and appendix 2.4:

 $Y_{PS} = \beta_0 + \beta_1 Partic + \beta_2 Locat + \beta_3 properatime + \beta_4 Femhhd + \beta_5 Benage + \beta_6 Mstatus +$

 $\beta_{7}Educ + \beta_{8}prepoved + \beta_{9}prgsneed + \beta_{10}primnned + \beta_{11}pprpimp + \beta_{12}prgendis + \beta_{13}prouputs + \beta_{14}Dprpart + \sum_{i=1}^{5}\beta_{i}projects + \lambda_{i}(\alpha_{u}) + e_{ps}$ (17)

Present study expectations were: $(\beta_1 > 0)$ participation had influence on project sustainability, $(\beta_{8-14} > 0)$ factors under consideration influenced project sustainability and that $(\beta_i > 0)$ project(s) created were sustainable as elaborated in Table 4. Based on this model and expectations, pseudo R-squared, link test and Breusch-Pagan estimators were employed. The estimates were then tested for model fit, fitted values and heteroskedasticity as shown in appendix 2.4.

Table 4: Variables specified in project sustainability analytical model

Variable	Definition
Partic (Participation =1 or	Taking part in the intervention activities is a key indicator for project
otherwise)	sustainability. A positive/ negative relationship between participation and
	project sustainability was expected.
Location (Makete/Rungwe	The site where created assets are established to serve needy communities
=1 or otherwise)	predicts project sustainability. Thus, a positive/negative coefficient of the
	location of assets was expected.
Benage(Beneficiary age)	The age is an important indicator for sustenance of created assets for the
(Years)	target people. Therefore, a negative relationship between age of participants and project sustainability was expected, implying that active age enhance project performance and sustainability
Mstatus (Marital status,	The indicator of extent of trade-off between binding family responsibilities
married =1 or otherwise)	and project sustainability. Thus, a positive/negative coefficient was expected.
Edulevel (Education level)	Better education is assumed to be an indicator for project sustainability. It
(Number of years)	was expected that assets performed by better educated participants have a positive relationship with project sustainability.
Femhhd (Female household head =1 or otherwise)	The sex of the household head is also an important factor for determining sustainability of TASAF intervention. A positive or negative coefficient between the sex of the household head and project sustainability was expected.
Primneed (Project ability to	Short term delivery of goods and services is a key indicator of project
meet immediate needs =1 or otherwise)	relevance and sustenence, thus positive relationship was expected.
Pbenplimpl(Participation of	Participation in project preparation and execution are assumed factors for
beneficiaries in project	project relevancy hence a positive relationship with project sustainability
planning and implementation =1 or otherwise)	was also expected
Prdepart (Project degree of participation = 1 or otherwise)	Extent of involvement in projects is a key indicator for project sustainability as participants imprints their ownership. Thus a positive
Prgendis(Project gender	relationship between project participation and sustenance was expected. Inclusive of both male and female needs in a scheduled plan of activities is
issues = 1 or otherwise)	a sign of joint of efforts for project sustenance, thus a positive relationship was expected.
Prgsneed (Project goal related	Ability of project goal in addressing community wants was expected to
to social needs =1 or	have a positive relationship with project sustainability.
Prinnutime (Project innuts	Time taken to deliver project inputs is an indicator of project efficiency.
timing =1 or otherwise	Thus, a positive relationship between project efficiency and sustainability was expected.
Prouputs(Project outputs	Products or services which result from an intervention indicates project
achievement =1 or otherwise)	effectiveness, thus a positive relationship with project sustainability was expected
Pprelpoyred(Project	Significance of intervention in relation to income and non-income poverty
relevance to poverty	implies relevancy of TASAF intervention. A positive relationship between
reduction =1 or otherwise)	project relevance and its sustainability was expected.
Properatime(Project	Period of involvement in a given activity from inception to the eventual
operation time, years)	survey time was expected to have a positive relationship with socio- economic status.
Projects	Planned activities were expected to have variable effects on participants
	nyennood

CHAPTER FOUR

4.0 RESULTS AND DISCUSSION

4.1 Socio-economic characteristics of respondents

4.1.1 Age categories for respondents

Table 5 shows that 33.4% and 29.7% of the respondents are aged between 30-44 and 45-59, respectively. This indicates that respondents in these age categories are most likely to participate in production as compared to those aged 15-29 and 75-89 that form 10.3% and 7.3% respectively. When compared between districts, findings show that age composition of respondents is slightly different from each district, but, extremely different for the age groups 15-29 and 30-44. Probably, this is because each district uses different selection criteria for participants to be engaged in various projects.

4.1.2 Sex composition of respondents

Among the respondents interviewed from Makete and Rungwe districts (Table 5) 46.3% are female and 53.7% are male. However, while the proportion of both male and female involved in the project in Makete district is the same that in Rungwe district is 43.4% female and 56.6% male. Equal distribution of the number of male and female respondents in Makete district suggests that both men and women have an equal chance of participation while in Rungwe district men have a greater chance than women. Their difference in participation is most likely attributed by the nature of projects created in both districts.

			Distri	cts (n =300)		·
	Ma	akete	Ru	ngwe	Т	otal
Respondents	n	%	n	%	n	%
Participants	73	54.5	119	71.7	192	64
Non participants	61	45.5	47	28.3	108	36
Total	134	100.0	166	100.0	300	100.0
Age category						
15-29	6	4.5	25	15.1	31	10.3
30-44	41	30.6	59	35.5	100	33.4
45-59	46	34.3	43	25.9	89	29.7
60-74	30	22.4	28	16.9	58	19.3
75-89	11	8.2	11	6.6	22	7.3
Total	134	100.0	166	100.0	300	100
Sex						
Female	67	50.0	72	43.4	139	46.3
Male	67	50.0	94	56.6	161	53.7
Total	134	100.0	166	100.0	300	100.0
Household heads						
Male	73	54.5	96	57.8	169	56.3
Female	32	23.9	37	22.3	69	23
Single parent	29	21.6	33	19.9	62	20.7
Total	134	100.0	166	100.0	300	100.0
Marital status						
Single	6	4.5	11	6.6	17	5.7
Married	76	56.7	123	74.1	199	66.3
Widow	4	3	12	7.2	16	5.3
Widower	5	3.7	2	1.2	7	2.3
Separated	43	32.1	18	10.8	61	20.3
Total	134	100.0	166	100.0	300	100.0

Table 5: Makete and Rungwe Districts: Socio-economic characteristics of the respondents

Furthermore, Table 5 shows that in both districts 56.3% and 20.7% of the households interviewed are male headed and single parents respectively. Survey results on female headed households agree with NBS (2009) findings on household budget survey.

4.1.3 Respondents marital status

Table 5 shows that in both districts 66.3% are married and 2.3% are widowers. However, when the distribution of households' marital status is compared by district, findings confirm that 56.7% and 74.1% are married and 3.7% and 1.2% are widower in Makete and Rungwe districts, respectively. These suggest that married counterparts are the most recipients of TASAF intervention. Therefore, differences in project participation by the beneficiary groups could be attributed to their vulnerability status.

4.1.4 Level of education attained by respondents

Table 6 shows that 63.3% of respondents completed primary education while 0.3% had acquired post-secondary education. On the other hand. When compared between the districts, 50% and 74.1% completed primary education while 0.0% and 0.6% had achieved post secondary education in Makete and Rungwe districts, respectively. This shows that primary school leaver's constitute a large proportion of beneficiaries in both districts which implies that the majority of participants could be flexible and able to learn new skills needed by the established projects so as to sustain their livelihoods.

4.1.5 Occupation status of respondents

Table 6 shows that 94% of the respondents interviewed depend on agricultural activities to earn their livelihood. Thus, agricultural sector remains the main employer of the majority of respondents in the study area.

		Districts (n =300)			
	Ma	akete	Ru	ngwe	T	otal
Respondents	n	%	n	%	n	%
Educational level						
Non formal education	45	33.6	17	10.2	62	20.7
Adult education	15	11.2	14	8.4	29	9.7
Primary education	67	50.0	123	74.1	190	63.3
Middle school	2	1.5	2	1.2	4	1.3
Secondary education	5	3.7	9	5.4	14	4.7
Post sec. education	0	0.0	1	0.6	1	0.3
Total	134	100.0	166	100.0	300	100.0
Occupation status						
Peasant/Farmer	126	94.0	156	94.0	282	94.0
Other activities	8	6.0	10	6.0	18	6.0
Total	134	100.0	166	100.0	300	100.0
Respondent groups						
Orphan	2	1.5	0	0	2	0.7
Widow/widowers	8	6.0	5	3.0	13	4.3
Elder	44	32.8	41	24.7	85	28.3
Chronic diseased	6	4.5	I	0.6	7	2.3
Able-bodied	35	26.1	116	69.9	151	50.3
HIV/AIDS infected	39	29.1	3	1.8	42	14.0
Total	134	100	166	100.0	300	100.0

Table 6: Makete and Rungwe Districts: Socio-economic characteristics of the respondents

However, Table 6 show that 50.3% and 0.7% of respondents are able-bodied and orphans, respectively. Meaning that, able-bodied have a greater opportunity to participate in projects established than orphans. This could be attributed to the type of projects which need active labour force participation such as rural road construction in service poor communities.

4.1.6 Sources of income for the households

Results in Table 7 show that 94% and 30.7% of respondents depend on farm and offfarm employment respectively. This suggests that the majority of respondents entirely depend on farm activities, thus less have off-farm activities as their sources of income. Probably, this is caused by the lack of off-farm employment opportunities in the study area. A similar cross-country study by Davis et al. (2009) found less multiple activities in rural households in African countries compared to other continents. On the other hand, observations made by Barbieri and Mahoney (2009) found that off-farm activities were driven by complex motives which are economic and intrinsic in nature.

Main Source of in	come	Farming	Off-farm	Both	TA	TASAF		
Response		n (%) n (%)		n (%)	n ('	%)		
Yes		282(94)	282(94) 92(30.7) 46(15.3) 77(25.7)		25.7)			
No		18(6)	208(69.3)	254(84.7)	223	(74.3)		
Total		300(100)	300(100)	300(100)	300	300(100)		
Average monthly	incom	e (Tshs)		· - ·				
		В	eneficiaries			Non benefic	iaries	
Source	n	mea	מו	std dev.	n	mean	std dev.	
Farm	33	43 2	12	56 093.54	22	32 590.91	19 087.91	
Off-farm	15	47 93	3.33	47 404.74	8	62 250	101 392.80	
Both	8	59 3	75	66 517.32	10	36 100	20 256.41	
TASAF	14	53 94	6.43	35 600.91				
		מ	anaficianica k	la non honofiaian	ica			

**Significant at P<0.01. Figures in brackets are percentages

Moreover, survey findings in Table 7 show that the mean monthly income earned between participants and non participants is statistically significant (P<0.01). This implies that TASAF participants earn more income than non participants apart from other sources of income in which they have an equal opportunity.

4.1.7 Household asset possession

The possession of durable assets is a good indicator of a rural households' socioeconomic status. However, particular assets owned have specific benefits (Table 8). Moreover, the mean possession of spray pump by beneficiaries is significantly higher (P<0.05) than that of non beneficiaries (Table 8). This proposes that dairy cattle participants are empowered to fight against tick borne diseases. Survey results are congruent to that of Panda (2009) who observed that the rural poor microfinance households' participants recorded higher assets value over the non participants.

	Beneficiaries(1	n=192)	Non beneficiari	es(n=108)
Assets	Proportion mean	std dev.	Proportion mean	std dev.
House	0.940	0.233	0.940	0.230
Hand hoe	0.940	0.243	0.960	0.190
Radio	0.530	0.500	0.590	0.494
Television (Tv)	0.020	0.143	0.000	0.000
Mobile phone	0.360	0.483	0.350	0.480
Spray pump	0.110	0.319	0.050	0.211
Ox-plough	0.020	0.124	0.040	0.190
Ox-cart	0.010	0.102	0.000	0.000
Donkey	0.020	0.124	0.140	0.347
Bicycle	0.300	0.458	0.310	0.467
Vehicle	0.020	0.143	0.000	0.000
Tractor	0.010	0.072	0.000	0.000

Table 8: Makete and Rungwe Districts: Assets possession of sampled households

Beneficiaries Vs non beneficiaries

Assets owned: House:-t=0.062, Hand-hoe:-t=0.940; Radio:-t=1.024; Tv: t=1.511; Mob.phone:t=0.220; Spray- pump:t=1.990*; Ox-plough:-t=1.178; Ox-cart: t=1.063; donkey:t=4.441**; Bicycle:-t=0.323; Vehicle: t=1.51; and Tractor: t=0.749.

*Significant at P<0.05; **Significant at P<0.01

4.1.8 Households land possession

Table 9 shows that an average land possessed and land used for maize production in particular is statistically significant at (P<0.01) and (P<0.05) levels respectively. This indicates that the mean acres of land possessed and used for maize cultivation among non participants is much more and variable than those of participants. Probably, this could be attributed by variation in geographical location and resource endowment. Therefore, high standard deviation specifies the dispersion of an average land possessed from the mean value in both groups.

		Beneficiaries			Non beneficiaries			
Aspects	n	Mean (acres)	std dev.	n	mean (acres)	std dev.		
Land owned	144	2.12	1.608	91	3.305	2.496		
Land for maize prodn	38	1.55	1.067	29	2.250	1.503		
Land owned: -t	= 4.435*	*; Land used for	or maize prod	luction	: -1=2.143*			

 Table 9: Makete and Rungwe Districts: Average land possessed and land used for

 maize cultivation

*Significant at P < 0.05, **Significant at P < 0.01

4.1.9 Staple food and cash crops grown

Survey results in Table 10 show a variety of food and cash crops grown. The analysis shows that mean production of wheat (P<0.05) and round potato (P<0.05) by nonbeneficiaries significantly exceed those of beneficiaries. On the other hand, the average production of beans (P<0.05), cassava (P<0.05), yams (P<0.01) and bananas (P<0.01) grown by recipients significantly exceed non recipients. These suggest that, differences in crops grown by respondents could be attributed to ecological variations. Moreover, the findings suggest that beneficiaries have a broad range of crops including drought resistant crops to earn their living. Therefore, crops productivity by beneficiaries is significant and positively associated with TASAF intervention contrary to non beneficiaries. Godfray *et al.* (2010) observed a wide geographic variation in crop productivity across regions that experience similar climates. Probably, yield variation occurs because of technical constraints in use of farm inputs and market opportunities.

	Beneficiarie	s(n=192)	Non be	Non beneficiaries(n=108)		
Crops grown	Mean proportion	std dev.	Mean proportion	std dev.	Phi	
Maize	0.990	0.102	0.980	0.135	0.034	
Wheat	0.370	0.484	0.510	0.502	-0.136	
Beans	0.940	1.433	0.660	0.477	0.214	
Cassava	0.430	0.496	0.310	0.463	0.120	
Yams	0.470	0.501	0.260	0.44	0.211	
Round potato	0.400	0.490	0.530	0.502	-0.127	
Bananas	0.640	0.483	0.380	0.488	0.246	
Maize yield/100kg	7.270	11.798	0.620	7.546		

Table 10: Makete and Rungwe Districts: Staple food and cash crops grown

Beneficiaries Vs non beneficiaries

food crops/cash crops grown: Maize: t=0.586; wheat: $-t = 2.363^*$; Beans: $t=2.006^*$; cassava: $t = 2.086^*$; Yams: $t= 3.720^{**}$; R/potato: $-t=2.219^*$; banana: $t=4.390^{**}$; and Maize yield/100kgs: t = 0.358.

*Significant at P < 0.05, **significant at P< 0.01

4.1.10 Households daily mean time allocation during farming and off-season

Table 11 shows that the daily mean time allocation by both beneficiaries and nonbeneficiaries is relatively similar. This indicates that both participants and non participants have a comparable pattern in both seasons contrary to the expectation. This is because other productive assets created need to devote much time all the year around, thus there could be a difference in time allocations such as dairy cattle in particular. In contrary, findings obtained by Ito and Kurosaki (2007) in developing countries found that off-farm labour supply pattern increased two-to-three more during the off-season compared to farming season.

Seasons		Beneficiaries(n=	=192)	Non-beneficiaries(n=108)		
Farming season		mean (hrs)	Std dev.		mean(hrs)	std dev.
Farm work		5.28	4.684		5.25	2.488
Off farm		1.66	2.553		1.52	1.993
House activities		2.30	1.974		2.06	2.199
Leisure		1.84	1.599		1.93	1.551
Off- season	n			n		
Farm work	46	3.74	1.598	20	3.53	1.008
Off-farm work	18	4.44	2.895	18	3.56	2.332
House activities	38	3.55	1.751	22	3.36	1.217
Leisure	37	3.38	1.920	24	3.50	1.560
Farming season: Off-season: Fa	Farm wa arm work:	Beneficiaries ork: 1=0.064; off-fa leisure/recre t=0.628; off-farm	Vs non beneg wrm work: t= eation: -t=0 work: t=1.0	ficiaries 0.484; Hou 457. 015; House	ise activities:t= activities:t=0.4	0.997; and 147; and

 Table 11: Makete and Rungwe Districts: Households daily time allocation (hours)

 during farming and off-season

leisure/recreation: -t=0.259.

4.1.11 Effect of TASAF support on household farm input

Table 12 shows that TASAF support on household has a significant (P<0.01) effect on farm inputs. Meaning that, TASAF intervention has a positive association with participants' farm inputs. This suggests that beneficiaries use their earned income from PWPs and other vulnerable projects to buy farm inputs.

	Beneficiarie	es (n=192)	Non benefi	8)	
Source	Mean proportion	std dev.	Mean proportion	std dev.	Phi
TASAF assistance	0.180	0.388	0.000	0.000	0.240
Government subsidies	0.450	0.499	0.470	0.502	-0.023
Private traders	0.460	0.500	0.470	0.502	-0.013

Table 12: Makete and Rungwe Districts: Households source of farm inputs

TASAF assistance: t = 4.266**; Government subsidies: -t=0.404; Private traders:-t=0.231.

**Significant at P < 0.01

4.2 Description of TASAF projects intervention

4.2.1 Types of projects supported by TASAF

A total of seven projects were evaluated from both districts (Table 13a). Results show that of all the projects supported by TASAF, dairy cattle projects formed 36.5% followed by environmental conservation and PWPs. This could be attributed to the nature of participants and their projects' priorities. This suggests that recipients with dietary requirements in order to meet their health status consistitute a large proportion of participants followed by food insecure who are able-bodied individuals.

Table 13a: Makete and Rungwe Districts: TASAF projects distribution (n=192)

Projects distribution		Makete Rung		Rungwe	gwe Total		
	n	%	n	%	n	%	
PWPs-Local roads	12	16.4	12	10.1	24	12.5	
Dispensary (SP)	0	0	9	7.6	9.0	4.7	
Dairy cattle(VG)	27	37	43	36.1	70	36.5	
Env cons(FI &VG)	16	21.9	44	37	60	31.2	
Poultry (VG)	14	19.2	0.0	0.0	14	7.3	
Water (CDI)	0	0.0	11	9.2	11	5.7	
Carpentry(VG)	4	5.5	0.0	0.0	4.0	2.1	
Total	73	100	119	100	192	100	

4.2.2 TASAF projects target groups distribution

Table 13b shows that among 192 participants, 50% were able-bodied while 0.5% were orphans. The reason for the able-bodied group is that physical infrastructure assets created in rural areas require active labour force participation to sustain their livelihoods through cash-for-work programs. Hitherto, carpentry projects aims to create long-term employment for the orphan group.

	Vul	nerable gr	oups in both	districts (n=192)		
Projects	Orphan Widow		Elder	C/dis.	Able-bod.	HIV/inf.	Total
PWPs (FI)	-	-	-	-	24		24
Disp. (SP)	-	-		-	9		9
Dairy cat.	-	11	23	7	18	11	70
Env.cons	-	0	29	-	31		60
Poultry	-	2	6	-	1	5	14
Water (CDI)	-	-	1	-	10	-	11
Carpentry	1		-	-	3		4
Total (%)	1(0.5)	13(6.8)	59(30.7)	7(3.6)	96(50)	16(8.3)	192(100)

Table 13b: Makete and Rungwe Districts: TASAF projects and beneficiaries distribution

C/dis = chronic diseased, Able-bod = Able-bodied, HIV/inf = HIV infected

4.2.3 TASAF projects and marital status of participants

Table 14a shows that 64.6% of participants are married, 22.4% are separated while 2.1% are widowers. This suggests that the majority of married recipients are able-bodied and they have an opportunity to participate. Probably, this difference could be attributed to the selection criteria basing on the vulnerability of the target group(s). Abubakar *et al.* (2012) had similar observations that majority of participants in rural development activities were married. This similarity could be attributed to the nature of projects and participants.

	Bene	ficiaries ma	rital status (n=192)		
Project	Single	Married	Separated	Widow	Widower	Total
Local roads (FI)	0	21	2	0	1	24
Dispensary (SP)	2	7	0	0	0	9
Dairy cattle(VG)	2	40	21	6	1	70
Env cons(FI &VG)	3	41	13	2	1	60
Poultry (VG)	0	5	7	1	1	14
Water (CDI)	3	8	0	0	0	11
Carpentry(VG)	2	2	0	0	0	4
Total, n (%)	12(6.2)	124(64.6)	43(22.4)	9(4.7)	4(2.1)	192(100)

Table 14a: Makete and Rungwe Districts: Projects distribution based on marital status and gender of beneficiaries

Figures in brackets are percentages

4.2.4 TASAF projects and gender status of participants

Table 14b shows that 44.4% and 27.8% of male, 29.4% and 34.3% of female participants are beneficiaries of dairy cattle and environmental conservation projects, respectively. However, about 2% of both women and men recipients are involved in carpentry projects. This suggests that both male and female have likelihood in project participation by intervention. However, the present study findings contradict with Tanga and Maliehe (2011) who observed that handicraft project was dominated by disadvantaged group of women. Therefore, the difference in project participation by gender could be attributed to their differences in felt and expressed needs.

 Table 14b: Makete and Rungwe Districts: Projects distribution based on gender of participants (n=192)

 Female
 Male
 Total

	Female		Male		Total	
Projects	n	%	n	%	n	%
PWPs-Local roads(FI)	9	8.8	15	16.7	24	12.5
Dispensary (SP)	9	8.8	0	0.0	9	6.5
Dairy cattle(VG)	30	29.4	40	44.4	70	36.5
Env cons(FI &VG)	35	34.3	25	27.8	60	31.3
Poultry (VG)	10	9.8	4	4.4	14	7.3
Water (CDI)	7	6.9	4	4.4	11	5.7
Carpentry(VG)	2	2.0	2	2.2	4	2.1
Total	102	100	90	100	192	100

4.3 Attributes considered by households when planning for agriculture

activities

The present study wanted to know attributes the respondents consider when planning for agricultural activities and possible reasons for their choice. Table 15 shows that the average plan to use manure on their farms by recipients significantly (P<0.05) exceed non-recipients. The differences in the use of manure between the two groups can be attributed to the fact that recipients have a prior plan to use organic manure differently from non recipients. Therefore, the variation in use of manure by recipients is accounted for 1.96% to intervention. Similar observations were obtained by Zerfu and Larson

(2011) that raising fertilizer prices and low farm-gate prices for farm produce reduces the use of fertilizers by farmers.

Table 15 also shows that on average prior plan for market price of farm produce, availability of input subsidies, weeds and weeding problems are insignificantly different from zero. This suggests that all respondents are equally likely to have no prior farm plan on these attributes. However, Mittal *et al.* (2010) reported that farmers had a prior search for market information on farm inputs and outputs before decision making.

Table 15: Makete and Rungwe Districts: Attributes considered by households when planning for agricultural activities

	Beneficiari	es (n=192)	Non ber	leficiaries (n=1	08)
Attributes	mean	std dev.	mean	std dev.	Phi
Availability of subsidies	0.33	0.471	0.31	0.467	0.014
Availability of manures	0.71	0.454	0.57	0.497	0.14
Market price of produce	0.44	0.497	0.43	0.497	-0.016
Weeding problems	0.87	0.337	0.82	0.383	0.062

Planning for agricultural activities:

Availability of subsidies: t = 0.236; availability of manure: $t = 2.439^*$; market price of produce: t=0.280; and, weeding: t = 1.073.

*Significant at P < 0.05

4.3.1 Households average food production pattern

Households' daily mean time allocation, source of farm inputs, and plan for agricultural activities are important factors for food production. The present study wanted to know whether there is an increase of food production in the past five years since intervention. Study analysis shows that the mean food productions of 0.44 and 0.43 over the past five years were equally likely between participants and non participants respectively. This suggests that both participants and non participants have a similar food production trend.

4.3.2 Households marketing orientation of farm products

Both recipients and non recipients were asked to indicate their marketing channels for their farm produce. Table 16 shows that the marketing of wheat (p<0.01), round potatoes (p < 0.01) and bananas (p<0.05) are statistically significant and that there is a difference between participants and non participants on the level of selling the crops, however non participants sell 45.4% of round potatoes and 40.7% of wheat higher than the participants who sell 47.9% of bananas more than non recipients.

Table 16: Makete and Rungwe Districts: Marketing channels for households

	TASAF B	eneficiarie	s (n=192)		Non beneficiaries(n=108)			
Mkt	M/men	P/trader	Market	Total	M/men	P/traders	Market	Total
channels		S						
Crops	n %	n %	n %	n %	n %	n %	n %	n %
Maize	52(17.6)	28(9.5)	44(14.9)	124(64.6)	20(6.8)	16(5.4)	42(14.2)	78(72.2)
Wheat	5(3.8)	8(6.1)	14(10.6)	27(14.1)	4(3.0)	8(6.1)	32(24.2)	40(40.7)
Bananas	69(51.9)	17(12.8)	6(4.5)	92(47.9)	16(12)	0(0)	1(0.8)	17(15.7)
R/potatoe	6(4.5)	10(7.5)	10(7.5)	26(13.5)	4(3)	8(6)	37(27.6)	49(45.4)
Rice	5(18.5)	0(0.0)	8(29.6)	13(6.8)	3(11.1)	1(3.7)	1(3.7)	5(4.6)
Total	137(71.3)	63(32.8)	82(42.7)	282(146.9	47(43.5)	33(30.5)	113(104.	189(175)
)			_6)	
		B	eneficiarie	s Vs non ben	eficiaries:			

Maize: $\chi^2 = 9.310$, df = 4; wheat: $\chi^2 = 18.454$, df = 4; p < 0.01; banana: $\chi^2 = 10.389$, df = 4, p < 0.05; *R*/patato: $\chi^2 = 36.111$, df = 3, p < 0.01; and Rice: $\chi^2 = 7.564$, df = 4.

Note: Mkt = Market; M/men= Middle men; P/traders = Private traders. Figures in brackets are percentages

The present study shows that about 52% of beneficiaries who grow bananas sell it to the middlemen. Probably, this is because the crop is perishable contrary to other storable grain foods. The present findings are similar to the observations by Muto (2008). Of all the market channels surveyed, results show that 104.6%, 47% of non beneficiaries and 71.3%, 42.7% of beneficiaries sell their various crops direct to the market or through the middle-men respectively (Table 16). These findings are consistent with findings obtained by Taylor *et al.* (2008) who observed that different market channels matter for different poor people in rural areas to maximize their welfare and the path out of poverty trap.

4.3.3 Average market price of crops

Table 17 shows that the mean prices are equally likely for those crops grown by beneficiaries and non beneficiaries. This suggests that the market prices do not distinguish between crops grown by beneficiaries or non beneficiaries. Thus, beneficiaries could have an advantage over non beneficiaries through increased production.

Beneficiaries (n=192) Non beneficiaries (n=108) Crops /100Kg Mean Std dev. Mean Std dev. n n prices(Tshs) Prices(Tshs) Maize 105 26 047.62 10 030.13 8944.7 78 26 116.70 Wheat 27 51 444.44 13 027.60 43 46 186.05 12 226.54 Bananas 69 2949.3 27 65.52 16 2500 547.72 Round potato 17 980.80 5223.9 49 20 408.20 19 333.60 26 9 26 457.51 5 33 600 Rice 43 333.33 3286.33

Table 17: Makete and Rungwe Districts: Average market price of crops (in Tshs).

Beneficiaries Vs Non beneficiaries:

Mean price of maize: -t = 0.048; Mean price of wheat: t = 1.708; Mean price of banana: t = 0.644; Mean price of R/patato: -t = 0.626 and mean price of rice: t = 0.805.

4.3.4 Households average distance from marketing point

Respondents were asked to indicate a distance from marketing point and means of transport they use. Table 18 shows that the mean distance from marketing point is significantly different (P<0.01) between participants and non participants. This suggests that beneficiaries operate in areas which are near to the market centres than non beneficiaries. This could be attributed to TASAF projects establishment.

Table 18: Makete and Rungwe Districts: Households average distance from marketing point

F	Benficiaries		Non beneficiaries					
n	mean(Km)	std dev.	n	mean(Km)	std dev.	Phi		
169	7.509	6.925	104	13.615	9.058	-0.343		
	n 169	Benficiariesnmean(Km)1697.509	mean(Km) std dev. 169 7.509 6.925	mean(Km) std dev. n 169 7.509 6.925 104	Benficiaries Non be n mean(Km) std dev. n mean(Km) 169 7.509 6.925 104 13.615	Benficiaries Non beneficiaries n mean(Km) std dev. n mean(Km) std dev. 169 7.509 6.925 104 13.615 9.058		

**significant at P<0.01

However, findings in Table 19 confirm that the means of transport to the marketing points is statistically significant (p<0.01) and that among other means of transport, 66.1% of participants access market services on foot compared to 47.2% of non participants. Therefore, easy access to the marketing point by beneficiaries is accounted for 11.76% to TASAF intervention. In a similar way, Pinstrup-Andersen (2009) observed that market accessibility address the rural household welfare of food security.

	Beneficia	aries(n=192)	Non beneficiaries(n=108)		Total	
Means of transport	n	%	n	%	n	%
Car	9	4.7	11	10.2	20	6.7
Bicycle	26	13.5	14	13.0	40	13.3
Donkey	2	1.0	4	3.7	6	2.0
Foot	127	66.1	51	47.2	178	59.3
Either of the above	9	4.7	17	15.7	26	8.7
None	16	8.3	11	10.2	27	9.0
Total	189	98.4	108	100	297	99
	Ben	eficiaries Vs no	on beneficia	ries		
Means	of transport:	$\chi^2 = 35.964$, df = 10, P	< 0.01, Phi= 0.348		

Table 19: Makete and Rungwe Districts: Households means of transport

4.3.5 Livestock production

Table 20 shows that the mean ownership of livestock by beneficiaries exceeds non beneficiaries. This suggests that both respondents are equally likely to own livestock. About 51.1% of the beneficiaries said they got the animals through their families while 15.6% reported to get the animals through TASAF support. With regard to animals ownership it is observed that most of participants had more livestock than non participants.

	Beneficia	ries(n=192)	Non bene	ficiaries(n=108)
Animals ownership	mean 0.82	std dev. 0.383	mean 0.78	std dev. 0.418
Source of animals	 n	%	n	%
TASAF relief	30	15.6	0	0
Family	98	51.1	82	75.9
Both	26	13.5	0	0.0
Others	4	2.1	0	0.0
Total	158	82.3	82	75.9
Use of animals during fo	od shortage			
Response				
Yes	108	56.2	67	62.1
No	81	42.2	40	37.0
Total	189	98.4	107	99.1

Table 20: Makete and Rungwe Districts: Source of animals owned and assistance offered to others in case of food shortage

With regard to ability to assist others in times of food shortages 62.1% and 56.2% of non participants and participants respectively who possess livestock reported to be helpful in case of food scarcity. This result agrees with Godfray *et al.* (2010) that livestock are used for local supply of manure and dietary intake as well as a vital source of income for many poorer communities.

4.3.6 Households average annual food insecurity pattern

Table 21 shows that food insecurity pattern reaches its peak in January and tends to diminish as far as in March and increases again from September to December. Of all these months reported, September (P<0.01) and December (P<0.05) are statistically significant in food insecurity. Meaning that participants face more food shortage than non participants and this might be associated with low production hence poor precautionary food saving.

	Beneficiaries	(n=192)	Non beneficiaries (n=108)		
Months	Mean proportion	std dev.	Mean proportion	std dev.	
January	0.690	0.463	0.600	0.492	
February	0.590	0.492	0.590	0.494	
March	0.250	0.434	0.340	0.477	
September	0.170	0.378	0.060	0.247	
October	0.230	0.421	0.170	0.374	
November	0.420	0.495	0.360	0.483	
December	0.570	0.496	0.440	0.498	

Table 21: Makete and Rungwe Districts: Households' average food insecurity trend

Beneficiaries Vs non-beneficiaries food shortage

January: t=1.596; February: t=0.02; March: -t =1.711; September: t=2.640**; October: t=1.283; November: t=1.030; and December: t=2.305*

* Significant at P < 0.05, **Significant at P < 0.01 (2-tailed significant levels)

Similarly, observations made by Gedamu (2006) found that food-for-work intervention negatively affected time and resource allocations for participants' own production. Consequently, the following coping strategies were reported to be adopted by households as food security measures: work-for-food to their neighbours who are food secure, tea leaves picking, head-loading of timbers on daily basis, making local brewed alcohol, chopping firewood, making woodcharcoal for exchange of food and migration to other areas where they can work and earn their livelihood.

4.3.7 Main source of households' food products in a year

Table 22 shows that there are insignificant sources of food among respondents in the course of the year. This reveals that beneficiaries like non beneficiaries equally depend on other sources of food away from farm to complement their dietary requirements.

	Beneficiaries(n=192)		Non beneficiaries(108)		Total	
Source of food	n	%	n	%	N	%
Farm	18	9.4	8	7.4	26	8.7
Farm and shops	4	2.1	1	0.9	5	1.7
Farm and market	134	69.8	67	62.0	201	67
Farm and relief	1	0.5	4	3.7	5	1.7
Farm and others	0	0	2	1.9	2	0.7
Farm, shops, Market	28	14.6	24	22.2	52	17.3
Farm, market and relief	5	2.6	2	1.9	7	2.3
Total	190	99.0	108	100	298	99.3
10141	$\chi^2 = 100$	12.861, df = 8	3. Phi = 0.202	7.	270	,,,,

Table 22: Makete and Rungwe Districts: Households' main source of food items in the year

Of all the sources of food surveyed, 70% and 62% of recipients and non recipients respectively depend on farm and market as their main source of food items. This suggests that farm and market dependency indicates food surpluses or food insecurity of the respondents. Similarly, Pinstrup-Andersen (2009) observed that availability of food was linked to the production capacity of the households for consumption and market.

4.3.8 Number of meals and average meals per day

Table 23 shows that there is equally likely in number and average meals consumed per day between beneficiaries and non beneficiaries. This indicates that both have a likelihood consumption pattern; however 60% and 57.4% of recipients and non recipients have two meals per day, respectively while only 2.6% of participants have one meal per day.

	Beneficia	ries (n=192)	Non bene	ficiaries(n=108)	Te	otal
Meals /day		%	n	%	n	%
Three times	72	37.5	46	42.6	118	39.3
Two times	115	59.9	62	57.4	177	59
One times	5	2.6	0	0	5	1.7
Total	192	100	108	100	300	100
Average meals/day	mean	std dev.	mean	std dev.		
	1.65	0.530	1.57	0.497		
	Benefic	iaries Vs non	beneficiarie.	5		
Meals /day $\chi^2 = 3.34$	l, df =2; Aver	age meals /da	y: t =1.235			

Table 23: Makete and Rungwe Districts: Households number and average meals/ day

4.3.9 Varieties of food consumed by a household per week

In addition to the number and average meals consumed per day, respondents were asked to indicate the frequency of food cooked or consumed in a household per week from a given food items. As a result, Table 24 shows that beneficiaries significantly consume (frequently) different varieties of food items: banana (P<0.01); beans (P<0.01); milk (P<0.05) and fruits (P<0.01) than non beneficiaries per week. This shows that the recipients are endowed with a variety of and availability of food items. Thus, recipients' choices are made between varieties of foods consumed and prevalent health issues to meet their dietary requirements as observed by (Babatunde and Adejobi, 2010; Smith, 2010). Therefore, this accounts for TASAF intervention to mitigate health problems of participants.

	Beneficiaries (n=192)		Non beneficiaries (n=108)		
Food items	mean	std dev.	mean	std dev.	
Thick porridge	6.020	1.933	6.060	1.718	
Green vegetables	5.790	1.979	5.790	2.087	
Bananas	3.150	2.894	1.710	2.348	
Beans	3.620	2.576	2.800	2.468	
Meat	0.910	1.059	1.170	1.329	
Milk	1.990	2.623	1.230	2.147	
Fruits	3.900	2.918	2.490	2.702	
Rice	1.040	0.959	1.060	1.101	
Sweet /round potato	2.380	2.425	3.460	2.850	
Mixture maize/beans	1.090	1.093	1.810	2.155	
	Benefi	ciaries Vs Non bene	ficiaries		

Table 24: Makete and Rungwe Districts: Varieties of food intake by household per week

Thick porridge:-t = 0.155; green vegetables: t=0.019; banana: $t=4.394^{**}$; beans: $t=2.715^{**}$; meat:-t=1.861; milk: $t=2.559^{*}$; fruits: $t=4.110^{**}$; rice: -t=0.114; sweet/round potato: $-t=3.482^{**}$; and mixture of maize and beans:- $t=3.793^{**}$.

*Significant at P < 0.05, **Significant at P < 0.01

On the contrary, non beneficiaries significantly consume sweet / round potato (P<0.01) and mixture of maize and beans (P<0.01) more than beneficiaries. This shows that non participants depend mostly on cheap foods which are rich in carbohydrate and protein. A similar study by Sarries and Raspsomanikis (2009) observed that a low income household was more likely to shift consumption from normal towards inferior and less expensive foods.

Moreover, all respondents are most likely to consume thick porridge and green vegetables at most six times and less meat intake per week. This suggests that both beneficiaries and non beneficiaries equally maximize dietary and calorific intake by eating more green vegetables and thick porridge respectively. Results conform to Godfray *et al.* (2010) and Wen *et al.* (2010) who support that a well-balanced diet rich in grains and vegetable products are healthful than meat and dairy products.

Although, meat is regarded as superior food item, respondents reported it to be expensive thus they can not afford to buy it even once per month. They normally eat meat once a year particularly during the Christmas or New Year celebration day. Inevitably they eat meat from wild animals or in case an animal has died unexpectedly as narrated below.

"....an elder woman (80 years old in 2010) said, I used to eat meat of wild animals weekly when my husband and my sons were hunting. Unfortunately, my husband died and my sons also died because of HIV/AIDS, now I am alone with no body to take care of me...." (Translated from Kinga Vernacular language).

Hitherto, Godfray *et al.* (2010) reported that meat represents the most concentrated source of vitamins and minerals important for young children. However, they discourage frequent intake of meat and other dairy products to avoid obesity problems. Therefore, respondents in the study area are involuntarily safe from obesity health problems. Nonetheless, consumption variations within respondents indicate differences in households' purchasing power. Thus, dietary intake basing on food varieties reveals that beneficiaries are healthier than non beneficiaries. Inevitably, an improvement of recipients' health status could be attributed to TASAF intervention as revealed by the estimation model.

4.4 Analysis of health status

4.4.1 Availability and accessibility of health services

Table 25 shows that health services support from TASAF (P<0.05) and the problem of accessing it (P<0.01) is statistically significant. This suggests that only 4.7% of recipients' access health services supported through intervention, even though 54.2% of recipients reported that distance is not a problem in accessing health services contrary to 65.7% of non recipients. Thus, 66.1% and 63% of participants and non participants respectively access health services within two to 10 kilometres contrary to five

kilometres of the government goal within a household reach to health service units (URT, 2005a; 2010). Accordingly, this confirms a negative weak association with TASAF intervention.

	Beneficiaries(n=192)		Non beneficiaries(n=108)	
Does TASAF support h	ealth services?			
Response	n	%	n	%
Yes	9	4.7	0	0.0
No	183	95.3	108	100
Proble of a distance to a	access health service	e		
Yes	88	45.8	71	65.7
No	104	54.2	37	19.3
Distance(Km)				
Less than 2Km	63	32.8	36	33.3
2Km to 10Km	127	66.1	68	63.0
More than 10Km	2	1.0	4	3.7
	Beneficiarie	s Vs non beneficiar	ries	

Table 25: Makete and Rungwe Districts: Health services availability and distance effect on its accessibility

Health services: $\chi^2 = 5.219$, df = 1, P<0.05, Phi= 0.132; Accessibility problem:

 $\chi^2 = 10.997, df = 1, P < 0.01, -Phi = 0.191$ *Significant at P<0.05, **Significant at P<0.01

4.4.2 Incidence of diseases and water accessibility

Based on accessibility of health services, respondents were asked to indicate diseases that frequently threaten the under five years' children then again indicate the status of clean and safe water availability. Table 26 shows that the health status of the under five vears of age children is statistically significant (P<0.01). This suggests that 51.6% of participants' under five years children suffer more from malaria incidences compared to 38% of non participants. Probably, more parents mis-use the treated mosquito nets provided to fight against malaria because of low health knowledge. However, treated mosquito nets are not a panacea of malaria because parasites are not transmitted only during the sleeping time.

	Beneficiaries (n=192)		Non beneficiaries(n=108)	
Disease	<u> </u>	%	n	%
Malaria	99	51.6	41	38.0
Measles	4	2.1	9	8.3
Diarrhea	60	31.3	42	38.9
Pneumonia	6	3.1	6	5.6
Kwashiorkor	4	2.1	7	6.5
None	19	9.9	3	2.8
Total	192	100.0	108	100.0
Access to clean and safe water				
Sufficient	95	49.5	56	51.9
Not sufficient	40	20.8	10	9.3
Not available	57	29.7	42	38.9
Total	192	100.0	108	100.0
Ba	eneficiaries	Vs non benefic	iaries	

Table 26: Makete and Rungwe Districts: Incidences of diseases for under five years' of age and water accessibility

Incidences of diseases: $\chi^2 = 19.599$, df = 5, P<0.01; Access to clean and safe water:

 $\chi^2 = 7.406, df = 2, P < 0.05, Phi = 0.157$ *Significant at P<0.05, **Significant at P<0.01

This argument explained earlier contradicts with following view:

...A woman (35 years old in 2010) said "Our income is low, we have no beds where we can hang treated nets for our children... others sell mosquito nets at a low price to get money so that they can buy a packet of salt... the problem is income" she narrated.

On the other hand, Table 26 reveals that accessibility to clean and safe water is significantly different (P<0.05) between recipients and non recipients. This indicates that 52% of non participants have sufficient access to clean and safe water compared to 49.5% of participants. Hirtheto, 29.7% and 38.9% of both beneficiaries and non beneficiaries respectively have no access at all, thus they are susceptible to infectious diseases. This is evidenced by 31.3% and 38.9% of participants and non participants under five year's children respectively who suffer from diarrhea. Thus infectious diseases constitute a major burden to the communities; althoguh they can be prevented by intervention through provision of safe and clean water as obseerved by (Ahs et al.,
2010). Moreover, Ahs *et al.* (2010) argue that children's dying from diarrhoea disorders is a sign of an inequality in distribution of community resources.

4.4.3 HIV/AIDS awareness, source of information and control

Table 27 shows that HIV/ AIDS awareness, source of information and control methods are equally likely among those respondents. This suggests that almost 99% of recipients and 97.2% of non recipients respectively have health knowledge on the disease. Probably, this is because of symmetrical information flow through campaigns and mass media regardless of intervention. Similarly, URT (2005b) noted that majority of women and men listen to the radio at least once per week. This is evidenced by 46.9% and 40.7% of participants and non participants in that order who reported that they are trustful to their partners followed by equally likelihood of abstainance and use of condoms in the study area (Table 27). Despite all the efforts made to control HIV/AIDS, 4.7% and 3.7% of beneficiaries and non beneficiaries respectively reported that they neither use them.

	Benefici	aries(n=192)	Non beneficiaries(n=108)				
HIV/AIDS awareness	n	%	n	%			
Yes	190	99.0	105	97.2			
No	2	1.0	3	2.8			
Source of information							
Radio	33	17.2	20	18.5			
Television	1	0.5	1	0.9			
Public campaigns	62	32.3	28	25.9			
Radio and Television	8	4.2	0	0.0			
Radio and campaign	64	33.3	45	41.7			
None	24	12.5	14	13.0			
Total	192	100.0	108	100.0			
Methods used to control							
Abstain	49	25.5	30	27.8			
Trustful	90	46.9	44	40.7			
Condoms	44	22.9	30	27.8			
None	9	4.7	4	3.7			
Total	192	100.0	108	100.0			
	Beneficiaries	s non beneficiar	ries				
HIV/AIDS awareness: $\chi^2 = 1.271$, df = 1, Phi = 0.065; Source of information: $\chi^2 = 10.828$,							
df = 12, Phi = 0.190, and M	ethods used to c	ontrol: $\chi^2 = 1.9$	78. df=4. Phi=	0.081			

Table 27: Makete and Rungwe Districts: HIV/AIDS awareness, source of information and control

4.4.4 Free access to health services by vulnerable groups

Table 28 shows that the source of health services improvements is statistically significant (P<0.01). This proposes that there are different sources of health services support other than TASAF. This is confirmed by almost 83.9% of participants and 100% of non participants that improvements could not be attributed to TASAF intervention and this concludes that intervention accounts for 6.6% of beneficiaries' health.

	Benefici	aries(n=192)	Non beneficiaries(n=108		
Vulnerable groups	mean	std dev.	Mean	std dev.	
Orphaned children	0.380	0.486	0.550	0.661	
Elders	0.130	0.335	0.250	0.471	
Widows /widowers	0.110	0.311	0.250	0.438	
HIV infected	0.700	0.459	0.590	0.496	
Source of improvement					
TASAF	n	%	N	%	
Yes	31	16.1	0	0	
No	161	83.9	108	100	
Total	192	100	108	100	

Table 28: Makete and Rungwe Districts: Proportions of vulnerables that had free access to healthservices

Beneficiaries Vs non benficiaries

Vulnerable groups: Orphaned children:- $t=2.098^{*}$; Elders: - $t=2.122^{*}$; Widows/widowers: - $t=2.743^{**}$; and HIV infected: t=1.737; Source of improvement: $\chi^2 = 19.779$, df=1, P<0.01, Phi=0.258.

*Significant at P<0.05, **Significant at P<0.01

Table 28 shows that there is a significant difference between vulnerable participants ((orphaned children and elders (P<0.05), widow/widowers (P<0.01)) and non participants to access free health services. Findings suggest that vulnerable participants' have less opportunity to access free health services than non participants. Probably, the difference between the two groups can be attributed by scarce resources to meet the demand. These findings clearly show that the NSGRP goal of providing free medical care by 2010 to eligible older has not been attained (URT, 2005a).

4.5 Analysis of the impact of TASAF assets acquired for poverty reduction

4.5.1 TASAF project on women empowerment

Accordingly CARE (2005) women empowerment is a tremendous resource for social change and a pre-requisite in the broader fight against poverty alleviation. Table 29a shows that on average women empowerment with business skills is statistically significant at (P<0.05) level. This suggests that there is a difference in business skills between recipient and non recipient women. Probably, the difference is due to the level

	Beneficiar	ies(n=192)	Non beneficiaries(n=108)		
Changes in	Mean	std dev.	mean	std dev.	
Youth dependency	1.990	0.938	1.885	0.935	
Income generating activities (IGA)	1.550	0.685	1.630	0.744	
Sports and recreation programs	1.670	0.807	1.850	0.783	
Youth health clubs	1.720	0.688	1.990	0.704	
HIV/AIDS and reproductive services (RHS)	1.340	0.635	1.630	0.838	
Criminal issues	1.960	0.903	1.790	0.876	
Benefic	iaries Vs Non	beneficiaries			

Table 29b: Makete and Rungwe Districts: Unemployed youth empowerment degree under TASAF participants

Youth dependency: t=1.222; IGA: -t=0.974; Sports and recreation: -t=1.874; Youth health clubs: $-t=3.198^{**}$; HIV/AIDS and RHS: $-t=3.387^{**}$, and Criminal issues: t=1.594.

**Significant at P<0.01

Hitherto, Table 29b shows that the average youth dependency, income generating activities, sports and recreation programs contrary to criminal issues of non recipients are the same between the two groups. Guntoro (2010) and UN (2010) observed that employment opportunities and appropriate leisure programs for youth inhibits dependency and social ills, respectively. However, Abrar *et al.* (2010); Sobel and Osoba (2008) found that high rate of youth unemployment and less income youths were more involved in crimes and violence regardless of education level. Also, Hossain (2010); Carswell *et al.* (2009); Cohen and Piquero, 2009) observed that criminal characteristics have a likelihood of intergenerational transfer and consequently full lifetime costs in a society. Therefore, assets created for poverty reduction through intervention has a meagre socio-economic impact on unemployed youth.

4.6 Sustainability of assets created for poverty reduction in community

Table 30 shows that 36.5% of participants followed by 31.2% are supported through dairy cattle and environmental conservation respectively while 2.1% benefit through carpentry project. These suggest that majority of participants benefit through cattle projects and environmental conservation projects. This could be attributed to the nature

of participans and their felt needs so as to sustain their livelihood. Meaning that most of particiants sustain their lifetime livelihood through dietary acquisition from both direct and indirect produce from dairy cattle while able-bodied who are food insecure earn their livelihood through cash-for -work so as to purchase their needs.

	Benefici	aries(192)	Non benef	iciaries(108)
Response	n	%	n	%
Yes	192	100	0	0.0
No	0	0.0	108	100
Projects specified				
PWPs-Local roads(FI)	24	12.5		
Dispsnesary (SP)	9	4.7		
Dairy cattle(VG)	70	36.5		
Env cons(FI &VG)	60	31.2		
Poultry (VG)	14	7.3		
Water (CDI)	11	5.7		
Carpentry(VG)	4	2.1		
Total	192	100		

Table 30: Makete and Rungwe Districts: Vulnerable groups projects support under TASAF intervention

4.6.1 TASAF projects on Public Works Programs (PWPs)

This section presents the effects of TASAF rural roads and dispensary projects for food insecure and service poor participants, respectively.

4.6.1.1 TASAF rural roads project

Table 31 shows that 24% are supported to earn their livelihoods through rural roads construction and that the support is significant at (P<0.01) level. This suggests that food insecure recipients benefit through TASAF intervention on rural roads. However, rural roads investment accounts for 10.18% of TASAF intervention. Similarly, Walton (2010); Yigitcanlar and Baum (2009) and Del Ninno *et al.*, (2009) observed that community participation in rural roads construction helps to build solidarity and influence the impact of intervention in mitigating income shocks as an anti-poverty instrument.

·	Benefici	aries(192)	Non benefic	ciaries(n=108)
Response	n	%	n	%
Yes	46	24.0	0	0
No	146	76.0	108	100
Were you paid when p	articipated?			
Yes	25	54.3		
No	21	45.7		
What was your wage p	er day?			
800Tshs	12	26.1		
2500Tshs	13	28.3		
Does participation help	o you in case of food sl	ortage?		
Yes	18	39.1		
No	28	60.9		
	Beneficiaries	Vs non beneficia	ries	
Local roads support	$\chi^2 = 30.56$, $df = 1$, P < 0.01, Phi =	0.319	
Help in case of food	shortage: $\chi^2 = 10.77$	71, df = 1, P<0.0)1, Phi = 0.189	

Table 31: Makete and Rungwe Districts: Proportion of participants that had TASAF support on rural roads in their village and if they benefited

However, 54.3% of those who participated in local roads were paid 800Tshs and 2500Tshs per day in different projects operational periods and locations. Moreover, participation in projects is significantly (P<0.01) different in case of food shortage among recipients. This suggests that 61% of road participants are food insecure while 39.1% of other participants reported that they are food secure. Probably, the difference in food security among participants could be attributed to their variation in daily wage and market food prices. The present study findings disagree with observations made by Nega *et al.* (2010) that intervention on food-for-work significantly reduced total and chronic food poverty. This difference could be attributed to the nature of projects, duration of participation and vulnerability status of participants.

However, according to the logic theory, intervention had short term effects thus beneficiaries enjoyed temporary constant off-farm income through participation. Thus far, they are unable to sustain their consumption path after termination of the project. The present study results differ from findings obtained by Winters *et al.* (2009) and Dercon *et al.* (2008) who found that public works activities were closely linked to non agricultural wage employment, yet had potential contribution in facilitating increased growth and faster poverty reduction.

Also, it was reported that TASAF road construction as depicted in Appendix 3.1 is useful for easy access to health and market services, crops and timber trucking, instead of head-loading the year round as project evaluation theory states. Similarly, Dercon *et al.* (2008) observed that better roads in rural villages made it easier for households to access local markets linked to towns. However, the majority of beneficiaries, key informants and focus group discussions reported that roads prioritized are incomplete and needs rehabilitation so as to enhance multiple benefits to the society.

4.6.1.2 Basic health services for service poor (SP)

About five percent of beneficiaries' who participated in the health project at Lukasi village in Rungwe district reported that they contribute through in-kind participation so as to minimize costs and they were not paid. Moreover, recipients reported that they also contribute a meagre cash amount of money for security purpose of their dispensary. These arguments are supported by FGD who reported that the project utilized local labour and the degree of participation of beneficiaries was sufficient and community enjoys health services through cost sharing. Similarly, observations obtained by Church and Mayhew (2009) found that health service intervention improves organizational effectiveness of service provision and cost-effectiveness of the community.

However, key informant reported that at the beginning men were reluctant to join family planning as they worried that it could make their wives infertile and being unable to conceive and bear young ones. However, as a result of intervention, women have more time to participate in productive activities with their husbands and take care of their children. These arguments concur with Church and Mayhew (2009) and Upret *et al.* (2009) observations that community health services intervention increased community satisfaction, improved service uptake by expanding the range of services provided.

According to the Project Theory Evaluation (PTE), FGD viewed that the health status of beneficiaries has improved whereas most household size is decreasing after adoption of family planning and they devote much time in productive activities. Thus, family members are food secure and healthier. Similarly, findings obtained by Church and Mayhew (2009) show that health intervention has influence on behavioural, health and social outcomes including positive change in maternal, infant and under fives children mortality rates which were rarely reported (see Appendix 3.1).

On the other hand, during the focus group discussion it was noted that there is a two in one house for the doctor and nurse house (two-in-one) and dispensary has no rest room for patients who might be waiting for health diagnosis and treatment particularly for pregnant mothers. Beneficiaries proposed for the improvement of a dispensary and construction of houses for nurses.

Interventions proposed by beneficiaries include: provision of electricity, motor vehicle for a dispensary, milling machine, livestock keeping, roads construction, secondary school and establishment of a market place. Therefore, health service provision through TASAF intervention at this village is realized. This achievement is on line with NSGRP cluster II and millennium development goals (MDGs 4, 5 & 6) (URT, 2005a).

4.6.2 TASAF dairy cattle project

Table 32 shows that 36.5% of recipients are supported to meet their dietary intake and earn a livelihood from the sale of surplus milk and that the support is significant at (P<0.01) level. Meaning that there is a difference between participants themselves who participate and benefit from the created project. Particpnts in dairy cattle enjoy multiple benefits from participation in which they get milk, meat and cowdung as well as cash earned by selling surplus milk so as to maximize their social welfare. Similarly, observations made by Lukuyu *et al.* (2009) pointed out that dairy cattle provide a unique development strategy.

Beneficiaries(n=192)						
Response	n	%				
Yes	70	36.5				
No	122	63.5				
$\chi^2 = 46.4$, df =	5, P<0.	01, Phi=	=0.491			
Descriptive statistics	n	Max.	Min.	Mean	std dev.	Skewness
Cows owned for milk purpose	48	20	1	2.17	3.509	4.089
Milk produced per day(litres)	44	14	0	4.45	3.406	0.556
Milk sold per day(litres)	44	8	0	2.3	2.298	0.63 I
Milk for household use/day(litres)	44	8	0	1.7	1.825	1.496
Price of one litre of milk(Tshs)	46	600	400	489	37.878	-1.212

Table 32: Makete and Rungwe Districts: Proportion of sampled vulnerable participants that had TASAF support in dairy cattle and if they benefited

Positive skewness distribution (Table 32) shows that vulnerable recipients own less than the average number of dairy cattle, that is they own one cow which is below the mean (see Appendix 3.2). Moreover, an average of 4.45 and 1.70 litres of milk are produced and consumed per day respectively while the majority produce and consume less than the average. Inevitably, others neither produce, sell nor consume some milk. Probably, poor feeding, poor dairy breed type and lack of knowledge on animal husbandry affect milk production. These results concur with findings obtained by Lukuyu *et al.* (2009) who found that smallholder farmers lack technical knowledge of production, management and feeds for cattle. In a different view, FDGs reported that, it is an achievement even if they get one litre of milk per day, since they had nothing before, yet:

...A woman (48 years old) said ..."an average of four litres per day is so little to pay those costs incurred for feeding a cow per day... CMC bought a local breed of cattle with poor traits for milk production, feeds supplement are expensive, grass are scarce during the dry season and I pay Tshs 2000 per day as labour costs for cutting grass. The source of this problem is CMC aggravated by TASAF leaders' failure in visiting projects."

Also, FDGs reported that CMC bought cows within their village and from the neighbour villages. However, cows purchased lack good traits as a result cows produce two litres per day regardless of proper feeding. These arguments are similar to the findings by Lukuyu *et al.* (2009) who observed that small East African Short Horned Zebu, Ankole Longhorn and Karamajong in Uganda yield one to four litres per day excluding milk consumed by suckling calf. However, Py-Smith (2010) found that an average of seven to eight litres of milk are produced a day for each cow in intensive smallholder production systems using improved breeds of cattle. Place *et al.* (2009) and Py-Smith (2010) argue that this low average production could be attributed to the animal breed, health and diet.

Moreover, Table 32 shows that beneficiaries variably sell milk above the mean price per litre as indicated by a negative skewness which measures the deviation from a normal distribution. McDermott *et al.* (2010) observed that the market demand for milk in rural areas is high and smallholder producers sell their milk via informal markets. Similarly, Kocturk (2009); Melesse and Beyene (2009) noted that dairy farming project had a positive impact on rural life standards and income growth and played an important role in achieving food security.

4.6.3 TASAF project and environmental conservation

Table 33 shows that 31.25% of participants had TASAF support to meet their daily needs for participating through the sale of tree seedlings and that the support is significant at (P<0.01) level. This suggests that participants benefit through participation in environmental protection. These findings agree with observations made by Rios and Pagiola (2009) that participants in environmental conservation had more income than non participants.

Beneficiaries(n=192)								
Response	n	%						
Yes	60	31.25						
No	132	68.75						
$\chi^2 = 42.2$, df=1, P<0.01, Phi Were you trained before?	i = 0.375	00.2						
Yes	59	98.5						
Descriptive statistics	1	Max.	Min.	Mean	std dev.	Skewness		
Nmber of training days	60	3	0	2.14	0.511	-0.587		
Price of one seedling(Tshs)	60	0	0	26.7	44.594	1.083		
Income level per day (Tshs)	60	1400	500	1160	401.354	-1.083		

 Table 33: Makete and Rungwe Districts: Proportion of participants that had TASAF support in environmental conservation in their village and if they benefited

Table 33 also shows that, on average one tree seedling of tree is sold at Tshs 26.70 at the time of transplanting. Results are associated with high standard deviation and positive skewness reflecting that the price of one seedling is below its average price and varies between project locations. Probably, either seedlings are distributed freely as a bonus to participants and the society at large or sold at a subsidized price to encourage environmental conservation. Equally, Cole (2010) observed that participants planted a broader diversity of tree species and had positive environmental benefits.

Thus far, intervention is biased particularly in Makete district where all participants are elders (see Appendix 3.3) contrary to the project objective. However, TASAF intervention project on environmental conservation influence on food security and socioeconomic impacts for the vulnerable people is verified by the estimation model.

4.6.4 TASAF and poultry project

Table 34 shows that 7.3% of beneficiaries had TASAF support to meet their health dietary food and protein requirements for participating through eating meat, eggs and sale of surplus eggs and that the support is significant at (P<0.01) level. These findings agree with observations by Islam *et al.* (2010) and Kingori *et al.*, (2010).

Beneficiaries(n=192)								
Response	n	%						
Yes	14	7.3						
No	178	92.7						
χ^2 =50.8, df=1, Phi=0.515, P<0.01								
Descriptive statistics	Max.	Min.	Mean	std dev.	Skewness			
Number of chicken provided	40	10	16.43	12.774	1.566			
Current number of chicken	27	3	11	6.312	1.122			
Number of eggs laid /week	10	0	2.64	3.104	1.056			
Number of eggs sold /month	20	0	6	8.521	0.975			
Number of eggs consumed /day	4	0	1.21	1.369	0.602			
Price per egg(Tshs)	2 50	200	246.43	13.363	-3.742			

Table 34: Makete and Rungwe Districts: Proportion of participants that hadTASAF support in poultry in their village and if they benefited

Table 34 also shows that, initially each participant has an average of about 16 chickens however, it is positively skewed and variably. This suggests that most of participants own chickens below the mean from the inception. Moreover, currently each recipient has an average of 11 chickens, indicating that most beneficiaries have less than the mean number of chickens possessed. Probably, either chicken possessed from the inception died from diseases or eaten by predators. However, Dinker *et al.* (2010) found that major constraints of rural poultry production were partly due to prevailing diseases, lack of proper health care and poor feeding due to lack of knowledge. Also, poultry recipients are not provided with comprehensive and objective information about different poultry husbandry systems and types of management (Gue`ye, 2009).

Moreover, Table 34 shows that on average about three eggs are laid weekly, with the most beneficiaries collecting below the mean number. Suggesting that other beneficiaries do not collect any egg per week, probably chickens' feeds are insufficient and inappropriate for egg production.

Furthermore, Table 34 shows that the mean monthly income from the sale of eggs varies among recipients and is meagre. Even though they sell eggs at a higher price than the mean price, their income is too little to sustain their livelihoods. This suggests that beneficiaries need to acquire extra income from other sources to maintain their livelihoods for their entire lifetime. However, this study results disagree with findings obtained by Fakinola and George (2008) who observed that poultry are valuable asset to vulnerable people as they contribute significantly to food security and poverty alleviation.

Table 34 also shows that an average of one egg is consumed daily by TASAF participants, which implies that their diet is improved since many households in rural areas do not eat eggs daily. Moreover, key informants reported that the project have improved their diet contrary to the income which is scanty to sustain their livelihood as opposed to NSGRP (URT, 2005a) cluster II on poverty alleviation and improvement of vulnerable rural livelihoods (see Appendix 3.4). To this end, both key informants and FGD reported that lack of knowledge on poutry keeping and making feeds from local

available foods are bottlenecks to the project performance. However, the significance of this project on health status of recipients is confirmed by the estimation model.

4.6.5 TASAF and Community Development Investment (CDI) - water project

Table 35 shows that 5.7% of beneficiaries had TASAF support to access clean and safe water for households use. This suggests that TASAF intervention on water has no significant effect on participants. Probably, this is because poor water infrastructure created to beneficiaries has unreliable water supply. Narcisse (2010) in Côte d'Ivoire and Momba *et al.* (2009) found similar results that rural communities were depending on unprotected traditional water sources.

Beneficiaries(n=192)							
Response	n	%					
Yes	11	5.7					
No	181	94.3					
$\chi^2 = 6.423$, df = 1, Phi = 0.146							
Has income increased?							
Yes	8	72.7					
No	3	27.3					
Descriptive statistics	Max.	Min.	Меап	std dev.	Skewness		
Distance from the waterpoint (metres)	300	10	130.91	134.941	0.613		
Monthly contribution(Tshs)	200.00	200.00	200.00	0.000	0.000		
Income level /month (Tshs)	600 000	40 000	50 000	14 142.00	-0.534		

 Table 35: Makete and Rungwe Districts: Proportion of participants that had TASAF support in water investment in their village and if they benefited

Table 35 also shows that TASAF participants access water at a less than the average distance (130.94 metres) from individuals' household to the water point. Suggesting that the distance from water point varies depending on community distribution as prioritized by beneficiaries through voting. However, observations made by Whittington *et al.* (2009) in Bolivia, Peru and Ghana reported that households in villages under project accessed water at distance from the infrastructure created.

With respect to the effect on income, 72.7% of recipients reported an increase of income, suggesting that water intervention improved their livelihoods as indicated by negative skewness. Possibly, more people use water for irrigating their gardens, dairy cattle and moulding bricks activities thus they earn their livelihood through sales of green vegetables, milk and milk products. Ludi (2009) and Rob de Loë *et al.* (2007) observed that increased water availability and reliability in agriculture through crops irrigation was the preferred option to increase productivity and contribute to poverty reduction.

In FGD it was reported that, the Tshs 200 monthly contribution per household is insufficient for the project sustainability. Whittington *et al.* (2009) had the same observations that projects' villages paid very little for the improved water services as a result the finances of many project villages' water committees were in poor profile for sustainability because maintenance and repair of the water infrastructure required specialist skills, tools, materials in stock and transport since the project has broad multi-dimensional use for social and economic activities (Rob de Loë *et al.*, 2007; Narcisse, 2010).

With regard to the effect of TASAF on labour and time spent, project has significantly reduced labour and time on accessing water (see Appendix 3.5) and thus enhanced agricultural productivity. Also, KI noted that accessing water close to homes has reduced households' conflicts between wives and husbands and sanitation has reduced occurrence of infectious diseases like diarrhoea and dysentery. In additional, FGD reported that community voice was heard by financer, since water is for everybody use and the degree of participation of the community was sufficient during the implementation process. However, key informants and FGD reported that water is not

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reliable. Thus rehabilitation of water infrastructure is required. Their argument is smilar to the findings by Rosegrant *et al.* (2009) and Abdullaev *et al.*(2009) who observed that water demand increases because of population growth and income changes in communities.

4.6.6 Carpentry works for Vulnerable orphans project

Table 36 shows that 2.1% of recipients had TASAF support to earn their livelihoods and that the support is statistically significant at (P<0.01) level. These results are similar to the observations by Imoro and Nti (2009) who pointed out that only 3% of recipients acquired carpentry skills supported by Social Investment Funds (SIF) on mitigation of unemployment, poverty and migration of vulnerable unemployed youth on a demand-driven basis.

Beneficiaries (n =192)							
Response	ם	%					
Yes	4	2.1					
No	188	97.9					
$\chi^2 = 3.00E2, df = 1, Phi = 1.00, P < 0.000$	01						
Changes in income							
Yes	4	100					
No	0	0.0					
Descriptive statistics	Max.	Min.	Mean	std dev.	Skewness		
Training costs (Tshs)	0	0	0	0			
Average income per month(Tshs)	150 000	150 000	150 000	0			

Table 36: Makete and Rungwe Districts: Proportion of participants that had TASAF support in carpentry works in their village and if they benefited

It is worth reporting that beneficiaries are trained through on-the-job carpentry works, therefore no training costs were incurred at the inception of the project. Attanasio *et al.* (2009) found that the disadvantaged youth program offered vocational training for a period of six months; however benefits were greater when beneficiaries spent more time doing on-the-job training than in classes. Equally, Hossain (2010) reported that the duration of training period from seven days to one month and three months for special

trade was insufficient to learn properly and adequately develop the skills for the trainee. In conclusion, the approach of learning-by-doing is more effective than attending classes in any intervention depending on the nature of activities.

With regard to effect of TASAF on participants' income, FGDs reported that on average their income has increased per recipient depending on the works performed. In FGD it was reported that they have executed various activities including Ward health centre project, secondary and primary school buildings contracts. For this reason, study findings concur with observations made by Jamali *et al.* (2011) and Attanasio *et al.* (2009) that intervention increased wage and salaried earnings of recipients.

Moreover, key informants reported that the project has successful paid secondary school fees and school uniforms for 20 primary school orphaned children worth Tshs 160 000 in 2010. Futhermore, beneficiary group leader stated that the project has reduced time spent to search for the same service in the neighbour villages. Also, it was reported that the project has influenced unemployed youth not to take risky activities. Also, findings obtained by Imoro and Nti (2009) and Attanasio *et al.* (2009) reported that intervention created viable alternative sources of livelihood.

Hitherto, FGD reported that the project face some problems such as poor workshop with grass thatched roof (see Appendix 3.6), lack of motor (5Khp), lack of wire for connecting alternator and switch, poor working bench, scarcity of timbers, fewer carpentry working tools and lack of carpentry skills. Imoro and Nti (2009) noted that start up capital and equipments were a major challenge for the sustainability of the SIF apprenticeship graduates. Equally, Hossain (2010) found that credit utilization and marketing of the products was not fruitful for the welfare of disadvantaged youth

community. Though, the project is not pro-female participants since they tend to abandon participation as they get married, however tailoring mart could be a viable alternative for them. In conclusion, the significant influence on food security and health status, impact on socio-economic activities and its sustainability is revealed by the estimation model.

4.6.7 TASAF projects relevance, effectiveness and efficiency

4.6.7.1 TASAF projects relevance

Table 37 shows that on average project relevance to poverty reduction and addressing social related needs between Makete and Rungwe districts are statistically significant at (P<0.05) and (P<0.01) levels respectively. Suggesting that there is a difference between the two districts, probably the variation can be attributed to the fact that Rungwe has more experience in implementing TASAF projects than Makete district.

	Make	te	Rung	we	
Project attributes	Mean proportion	std dev.	Mean proportion	std dev.	F-value
Is the project relevant to poverty reduction?	0.850	0.360	0.940	0.236	4.554*
Is the project goal addressing poverty related needs?	0.580	0.498	0.970	0.181	60.575**
Involvement in planning and implementation?	0.850	0.360	0.890	0.313	0.706
Is the project addressing the gender issue adequately?	0.930	0.254	0.890	0.291	0.337
Does the project purpose meet the immediate needs?	0.450	0.501	0.880	0.324	52.298**
Are the project results attractive to the beneficiaries?	0.580	0.498	0.940	0.236	47.106**

Table 37: Makete and Rungwe Districts: Attributes on project relevance

*Significant at P < 0.05, **significant at P < 0.01, df = 1

Table 37 also shows that the average proportion in meeting the immediate social needs and attractiveness of project results between Makete and Rungwe districts are both significantly different at (P<0.01) level. The differences between Makete and Rugwe districts could be attributed to the districts' success or failure to identify felt and expressed recipients' needs at the inception of the project intervention. However, Kutsch and Hall (2010) noted that irrelevant projects might become counterproductive to recipients.

4.6.7.2 TASAF project effectiveness

With regard to effectiveness, recipients were asked to indicate whether project activities were implemented as planned, whether project outputs were achieved as expected and existence of any constraints that hindered implementation or otherwise. Table 38 shows that on average both project activities and project outputs between Makete and Rungwe districts are statistically significant at (P<0.05) and (P<0.01) levels respectively. These suggest that there are differences in implementing project activities and consequently different project outputs are achieved between the two districts. Probably, the variations in project activities and project outcomes between Makete and Rungwe districts can be attributed to weakness in monitoring and evaluation during the implementation process which has an adverse effect in the expected outputs and agree with observations made by (Lecy, 2010; ILO, 1997).

		Beneficiaries (n=192)				
	Make	Makete				
Project attributes	Mean proportion	Std dev.	Mean proportion	std dev.	F-value	
Are the project activities implemented as planned?	0.850	0.360	0.940	0.236	4.554*	
Are the project outputs achieved as expected?	0.620	0.490	0.890	0.313	22.43**	
Any constraints hindered implementation?	0.470	0.502	0.410	0.494	0.533	

Table 38: Makete and Rungwe Districts: Attributes on project effectiveness

*Significant at P < 0.05, **significant at P < 0.01, df = 1

4.6.7.3 TASAF projects efficiency and sustainability

Project participants were asked to indicate whether inputs delivery was appropriate, whether the project utilized the existing human resources and the degree of participation of beneficiaries, or otherwise. Table 39 shows that the average time taken to get inputs at the project location and the degree of recipients participation for Makete and Rungwe districts are both statistically significant at (P<0.01) and (P<0.05) levels. Suggesting that there are differences in timing of inputs delivery and the extent of recipients' involvements in projects implementation in the two districts. The differences in time taken to deliver the inputs and beneficiaries' involvement between the two districts can be attributed to TASAF procurement procedures, poor infrastructure net work to the project location and low awareness of recipients are not willing to invest their time and other resources in the project. In this case both districts maximize the use of local human resources available, meaning that target groups earn their livelihood while they minimize projects costs, respectively.

	Beneficiaries (n=192)				
	Makete Rı		Rung	we	
Project attributes	Mean proportion	std dev.	Mean proportion	std dev.	F-value
Is the timing of inputs appropriate?	0.410	0.495	0.700	0.461	16.496**
Does the project utilize the existing	0.930	0.254	0.970	0.157	2.124
human resources? Does the degree of participation of beneficiaries sufficient?	0.860	0.346	0.950	0.220	4.496*

Table 39: Makete and Rungwe Districts: Attributes on project efficiency

*Significant at P < 0.05, **significant at P < 0.01, df = 1

In summary, projects results discussed and presented so far ascertain the sustainability of TASAF project after the withdrawal of TASAF resources as shown in the estimation model used. Influential factors identified for sustainability are based on the priorities reflected in project goals in addressing poverty and related social needs, achieving immediate needs, attractiveness of projects results and the degree of participation by the beneficiaries. Since, the purpose of the TASAF intervention was to provide immediate support rather than longer-term benefits, TASAF project is more focused on outputs rather than outcomes. The following section presents quantitative estimation of impact of intervention to confirm the above observed facts on impact of the project to the livelihood of the vulnerable people.

4.7 Quantitative estimation procedures for hypotheses testing

4.7.1 Multi-collinearity diagnosis of continuous and dummy variables

Tolerance (TOL) and Variance Inflation Factor (VIF) and pair-wise correlation are useful in determining the degree of linear relationship of explanatory variables. Table 40 shows that both TOL and VIF of continuous variables do not suffer from multicollinearity problem. The results are in accordance with the rule of thumb that any variable with TOL value above 0.19 or below a VIF value of 5.3 indicates the absence of multicollinearity problems (Hair *et al.*, 2005; Gujarati, 2004; Studenmund, 2000).

	Collinearity statistics	
Variable	TOL	VIF
Beneficiary age	0.683	1.464
House hold size	0.870	1.149
House hold assets	0.810	1.235
Education level	0.715	1.399
Beneficiary income	0.906	1.104
Farm inputs	0.807	1.239
Time allocation	0.933	1.072
Market price	0.864	1.157
Market distance	0.925	1.081

Table 40: Multicollinearity diagnostic result for continuous variables (n = 300)

Table 41 indicates an absolute interval between 0.013 and 0.499 of pair-wise correlation coefficient between dummy variables. This suggests an existence of internal consistence,

strength and direction of and presence of non-zero correlations among regressors. Gujarati (2004) notes that the low absolute value (below 0.8) of correlation confirms the same as in the earlier section, therefore these results indicate precise estimates of coefficients and standard errors of explanatory variables in the next sections.

Variable	1	2	3	4	5	6	7	8	9
1.Partic	1.000								
2. Femhhd	0.010	1.000							
3. Mstatus	-0.130	-0.022	1.000						
4.Pwpr	0.329	0.022	0.028	1.000					
5.Dcatproj	0.477	-0.128	-0.085	0.207	1.000				
6.Envconspr	0.291	0.107	0.018	-0.196	-0.301	1.000			
7.Pproj	0.292	-0.013	-0.104	0.499	0.100	-0.147	1.000		
8.Watproj	0.026	0.064	0.025	-0.076	-0.118	-0.097	-0.057	1.000	
9.Carproj	0.053	-0.063	-0.041	-0.046	-0.070	-0.058	-0.034	-0.023	1.000

Table 41: Pair-wise matrix correlation of dummy variables

4.7.2 Estimation of impact of assets created on socio-economic status

Table 42 shows that result on participation (partic) variable indicate that the estimate difference is statistically significant. This confirms that the variable is an endogenous explanatory, thus causes endogeneity problem. Therefore, the use of 2SLS procedures is necessary to solve the problem.

Variable	OLS	2SLS
Participation	0.078	0.353***
Rungwe	-0.042	0.015
Project peration time	0.036*	-0.011
Female house hold headd	-0.156**	-0.165**
Beneficiary age	-0.003	-0.003
Marital status	0.013	0.056
Education level	-0.002	-0.008

Table 42: Test for endogeneity of continuous and dummy variables

Significance levels: *, ** and *** are P<0.1, P<0.05 and P<0.01, respectively

Based on the results in Table 43, IV/2SLS model is used to estimate the socio-economic impact and sustainability of assets. For this purpose, model fit, regression specification error (RAMSEY RESET) and heteroscedasticity tests have been carried out as shown in

Appendix 2.1. Findings indicate that Wald test is statistically significant consequently pseudo R-squared (24.6%) shows that the model is suitable for data analysis and instruments are relevant and adequately correlated with endogenous explanatory variable respectively. However, both RAMSEY RESET and heteroskedasticity test are insignificant reflecting that the model has no specification errors and variances are constant as presented in Appendix 2.1.

Table 43 shows that health and reproductive services have significant negative effects (P<0.01) on socio-economic status. Suggesting that both intertwined services reduced socio-economic impact of participants. Probably, this observation can be attributed to the fact that there is inadequate provision of both services in the study area which affect their participation in created assets. Similar observations made by Ugwu (2009) reported that the impact of HIV/AIDS on the farm women experienced loss of feminine agricultural labour supply, reduced household income and agricultural production.

Also, Table 43 shows that there are positive significant correlation among women associations (P<0.01), women participation and income generating activities (P<0.05) with socio economic status through participation (P<0.05). Results suggest that formation of women associations through their involvement in the established sustainable sources of income have positive effects on socio economic outcomes. Therefore, participation of beneficiaries in established projects is a kick-start that enhances their livelihoods. Results are consistency with Hashim *et al.* (2010); Husain *et al.* (2009); and Snetro-Plewman (2007) who noted that participation of women in created assets facilitate a greater pool of knowledge and supplement their meagre family income.

Variables	Coef.	Std. Err.	z	dy/dx
Instrumented			<u> </u>	_
Participation	0.353	0.170	2.070**	0.078
Instruments				
Rungwe (Location)	0.015	0.079	0.180	-0.042
Project operation period	-0.011	0.035	-0.320	0.036
Female household head	-0.165	0.063	-2.620***	-0.156
Beneficiary age	-0.003	0.002	-1.670	-0.003
Marital status	0.056	0.062	0.910	0.013
Education level	-0.008	0.032	-0.250	-0.002
Women participation	0.211	0.087	2.430**	0.229
Women associations	0.333	0.055	6.010***	0.323
Loans disbursement	0.084	0.058	1.450	0.093
Women decision	0.060	0.069	0.870	0.070
Youth dependency	0.027	0.052	0.520	0.023
Income generating activities	0.126	0.055	2.270**	0.104
HIV reproductive health services	-0.272	0.057	-4.750***	-0.255
Public works	-0.098	0.106	-0.920	-0.005
Dairy cattle project	-0.232	0.142	-1.640*	-0.034
Environmental conservation proj	-0.278	0.145	-1.920	-0.081
Poultry project	-0.190	0.148	-1.280	-0.029
Carpentry project	-0.070	0.263	-0.270	0.153
Constant	0.281	0.173	1.620	

Table 43: Makete and Rungwe Districts: Instrumental variables (2SLS) regression of socio-economic status

Significance levels: *, ** and *** are P<0.1, P<0.05 and P<0.01, respectively.

Table 43 also shows that female headed households have a negative significant (P<0.05) relationship with socio-economic status. This suggests that a 1% increase in female head participation in projects reduces its socio economic effects by 0.156% than male household heads participants. Probably, their participation in projects keeps them away from other important socio-economic activities, though they have less access to productive resources than male counterparts. URT (2006b) supports that women do not usually own assets and rarely have the ability for autonomous decision making. In conclusion, these findings confirm that participation have positive significant (P<0.05) influence in socio-economic activities of recipients through assets created for poverty reduction contrary to hypotheses one, this could be attributed to new skills and

knowledge acquired. In the same way, Wichinsky *et al.*(2012) had similar observations that home organization enabled participants to plan and work together.

4.7.3 Estimation of food security

The result shows that the coefficient of the inverse mill's ratio variable (lambda) obtained is statistically significant (P<0.05), suggesting that its inclusion was necessary to avoid sample selection bias (Khalid and Temu, 2009). Table 44 shows that projects in Makete district have a negative significant (P<0.01) correlation with food security. This suggests that recipients in Makete district are food insecure than their counterparts in Rungwe district. Probably, this can be attributed by differences in resources endowment and benefits accrued to participants caused by ecological variation. This conforms to findings obtained by Dontsop *et al.* (2011) who noted that across ecologies the impact was highest in rain fed upland, followed by rain fed lowland and irrigated ecology.

Table 44 also, shows that female household head have negative significant (P<0.05) relationship with food security. This suggests that female heads are food insecure than male headed families. Probably, this is because they have binding prioritized projects and family responsibilities as observed by Ahmad and Talib (2010); Lecy (2010); Fermandez-Covnejo *et al.* (2007) as they are less endowed with resources for production. Present study findings contradict with observation made by Wetengere (2009) who found that the probability of female farmers to adopt fish farming was higher than male farmers.

Moreover, Table 44 shows that there is a positive significant (P<0.01) relationship between farm inputs and food security. Meaning that, an increase in farm inputs enhances food security. Conversely, market food prices (P<0.05) and proximity to the market (P<0.01) both have a negative significant association with food security. These suggest that decrease in market food prices and market distances improve food security of recipients, *ceteris paribus*. In the same way, Charles and Godfray (2010) noted that patterns in food prices are indicators of trends in the food availability and extension of social grants to eligible rural households is likely to improve food security of the hungry people (Altman *et al.*, 2009).

Variables	Coef.	Std. Err	Z	dy/dx
Outcome equation				
Participation	-0.114	0.138	-0.830	-1.243
Makete (Location)	-1.379	0.153	-8.990***	-1.386
Female household head	-0.315	0.138	-2.270**	-0.065
Beneficiary age	0.006	0.005	1.260	0.007
Marital status	0.021	0.144	0.140	-0.151
Education level	-0.066	0.078	-0.840	0.001
Household size	-0.011	0.020	-0.550	0.044
Household assets	-0.025	0.027	-0.910	-0.035
Farm inputs	0.231	0.062	3.700***	0.343
Market price	-0.317	0.131	-2.410**	0.107
Market distance	-0.049	0.010	5.010***	0.004
Carpentry project	1.606	0.453	3.540***	2.369
Public works	0.507	0.177	2.870***	1.251
Dairy cattle project	0.271	0.178	1.520	1.297
Environmental conservation	1.124	0.202	5.560***	2.070
Water project	0.612	0.309	1.980**	1.014
Constant	2.862	0.487	5.880	
Selection equation				
Widowers	5.188	0.222	2.87***	
Elder	-0.411	0.465	-0.880	
Able-bodied	-0.568	0.452	-1.260	
HIV-infected	-1.205	0.472	-2.550**	
Constant	0.918	0.443	2.070**	
Inverse Mills ratio				
Lambda	0.665	0.331	2.010**	
Rho	0.737			
Sigma	0.902			

Table 44: Makete and Rungwe Districts: Heckman selection model - two-step

Significance levels: *, ** and *** are P<0.1, P<0.05 and P<0.01, respectively.

Furthermore, among six projects surveyed, poultry project is chosen as a base for comparison against other projects in order to avoid perfect collinearity problem. Thus carpentry, environmental conservation, public works (P<0.01) and water (P<0.05) have a positive and significant association with food security than a control unit. This suggests that, one unit increase in each project has a significant positive influence on food security, *ceteris paribus*. This is because their participation enables them to earn their livelihoods. In the same way, observations made by Agba *et al.* (2010); Brussard *et al.* (2010); IDA (2008) and Burney *et al.* (2010) reported that wealth and employment creation and biodiversity conservation significantly improved the livelihoods of the rural people.

Along with the participant groups, the chronic diseased groug is also chosen as a control for comparison purpose in order to avoid perfect collinearity problem. Table 44 shows that widowers are significantly (P<0.01) associated with food security. Suggesting that widowers are more likely to be food secure than other participants. This indicates that their participation in the projects established have an influence on food security. The difference in food security between widowers and other recipient groups can be attributed to widowers' ability to maximize the use of projects' resources to attain and sustain their family's livelihoods. These study findings contradict with observations made by Holmes *et al.* (2009) on gender vulnerability those women precautionary save food as emergence during food crisis within their households than male. Also, Erhabour and Ojogho (2011) revealed that low income earners in rural households spent more income on food consumption.

On the other hand, Table 44 shows that HIV infected have a negative significant (P<0.05) relationship with food security. This suggests that HIV infected recipients are

food insecure. Their food insecurity status can be attributed to the fact that their participation in the projects keep them away from accessing other food resources to complement their dietary intake compared to the chronic diseased group. Similarly, Wiser *et al.* (2010) and Weiser *et al.* (2009) observed that HIV-infected and marginally participants experienced food insecurity. In conclusion, there is no difference in food security between participants and non-participants suggesting that the later are "catching up" over the longer-term. Therefore, there is no evidence to reject the hypothesis that there is no statistically significant difference in food security between the community with and without intervention. DANIDA (2003) reported that non recipients changed dramatically and increased fish production as cited in the literature. Present findings contradict with observations made by Crowe and Smith (2012) that participants were more likely to have a variety of food because of network with outside communities.

4.7.4 Analysis of health status of participants

Results in Appendix 2.3 show that Breusch-Pagan/Cook-Weisberg test and regression specification error test (RAMSEY RESET) are both insignificant, meaning that the model has homogeneous variance with no specification error, respectively. Also, Table 45 shows that the coefficient of the correction factor for selection bias, the inverse mill's ratio is statistically significant (P<0.05) suggesting that the model is appropriate and there is no selection bias the same to findings obtained by (Khalid and Temu, 2009).

Table 45 shows that among the projects surveyed water is selected as a base, however, both poultry and public works have positive significant (P<0.05) influence on health status of participants contrary to carpentry works (P<0.01) against a control project. This suggests that health status of participants in poultry and public works is better-off than those in carpentry works and a base. Perhaps, participants get their balanced diet to meet

dietary requirements by eating eggs and meat and use their earned income to access needs which enhances their health outcomes respectively.

Variable	Coef	Stil Ert.	Z
Outcome equation			
Participation	0.071	0.033	2.170**
Rungwe (Location)	0.158	0.000	2400**
Project operational period	0.039	0.019	2.080**
Female household head	0.027	0.035	0.750
Beneficiary age	-0.002	0.001	-2.060**
Marital status	-0.051	0.033	-1.550
Education level	-0.003	0.018	-0.140
Distance from health services	0.085	0.050	1.690*
Food security	0.028	0.017	1.670*
Market food prices	-0.031	0.032	-0.990
Public works	0.117	0.046	2.560***
Dairy cattle project	-0.047	0.060	-0.780
Environmental conservation project	-0.072	0.054	-1.330
Poultry project	0.148	0.066	2.230**
Carpentry project	-0.681	0.115	-5.940***
Constant	0.703	0.141	4.980***
Selection equation			
Elder	-0.866	0.401	-2.160**
HIV infected	-1.610	0.411	-3.920***
Able bodied	-1.014	0.386	-2.630***
Constant	1.374	0.374	3.670
Inverse Mills' Ratio			
Lambda	-0.214	0.092	-2.320**
Rho	-0.874		
Sigma	0.245		

Table 45: Makete and Rungwe Districts: Heckman's- two-step selection model regression on health status

Significance levels: *, ** and *** are P<0.1, P<0.05 and P<0.01, respectively.

Moreover, assets created including rural roads and dispensary stimulates socio-economic growth such as income, food production, health services through reduction of time spent in accessing social services hence improves health status as cited in the literature by (Ahmed, 2009; Gue'ye, 2009; IDA, 2008; Lombard and Coetzer, 2007; Ochieng, 2002).

Also, Table 45 shows that beneficiary age and project operation period have significant (P<0.05) influence on health status. This suggests that the time of operation since the inception of the project has a positive effect on outcome, while participation of recipients' decreases as age increases hence affecting health status negatively. Probably, as long time as recipients take part they gain more from project returns because of accumulated experience overtime, thus senior age inhibits them to access physical and financial resources to enhance health status. Bourne and Rhule (2009) had similar results and noted that age of respondents were statistically significant predictors of health status of rural people.

The present study findings confirm that TASAF participation improves health status of beneficiaries though it varies significantly at (P<0.05) level in the two locations all of which widowers are significantly healthier than others. Most likely, this is contributed by differences in resources and benefits accrued to participants caused by ecological variation. A similar study by Bourne (2009) observed that geographical location of residence of recipients was a significant predictor of health status. In contrast, Friel and Baker (2009) observed that human and poverty reduction can not be achieved without improving nutrition in an equitable way.

4.7.5 Sustainability of TASAF assets

Results in Appendix 2.4 show that there is a significant Wald statistic test and pseudo Rsquared of 84.92% indicating that the model is appropriate and instruments are relevant and sufficiently correlated with endogenous explanatory variables respectively. Furthermore, the hat-square variable for fitted values (P>|t| = 0.346) and constant variance are both not statistically significant as shown in Appendix 1.4 suggesting that the model is appropriate with no specification error and heteroskedasticity problems. Also, Table 45 shows that beneficiary age and project operation period have significant (P<0.05) influence on health status. This suggests that the time of operation since the inception of the project has a positive effect on outcome, while participation of recipients' decreases as age increases hence affecting health status negatively. Probably, as long time as recipients take part they gain more from project returns because of accumulated experience overtime, thus senior age inhibits them to access physical and financial resources to enhance health status. Bourne and Rhule (2009) had similar results and noted that age of respondents were statistically significant predictors of health status of rural people.

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The present study findings confirm that TASAF participation improves health status of beneficiaries though it varies significantly at (P<0.05) level in the two locations all of which widowers are significantly healthier than others. Most likely, this is contributed by differences in resources and benefits accrued to participants caused by ecological variation. A similar study by Bourne (2009) observed that geographical location of residence of recipients was a significant predictor of health status. In contrast, Friel and Baker (2009) observed that human and poverty reduction can not be achieved without improving nutrition in an equitable way.

4.7.5 Sustainability of TASAF assets

Results in Appendix 2.4 show that there is a significant Wald statistic test and pseudo Rsquared of 84.92% indicating that the model is appropriate and instruments are relevant and sufficiently correlated with endogenous explanatory variables respectively. Furthermore, the hat-square variable for fitted values (P>|t| = 0.346) and constant variance are both not statistically significant as shown in Appendix 1.4 suggesting that the model is appropriate with no specification error and heteroskedasticity problems. Analysis in Table 46 shows that of all the projects surveyed only carpentry works is statistically significant at (P<0.05) level and sustainable. This implies that the project continues to deliver long-term benefits to recipients after the departure of external funding contrary to observations made by Batkin (2001; Lau-Jorgensen and Van-Domelen, 1999). Table 46 also shows that relevance of the project to poverty reduction and project goal related to social needs are both significant at (P<0.05) and (P<0.01) levels respectively and they are positively related with project sustainability. These suggest that the likelihood of project sustainability is determined by its relevance on addressing recipients' poverty so as to meet their needs. Perhaps, recipients' needs assessment is a key factor at the inception of project implementation.

Variable	Coefficient	Std. Err.	z
Instrumented			
Participation	-0.189	0.122	-1.550
Instruments			
Makete	0.049	0.035	1.410
Project operation period	0.063	0.014	4.570***
Female household head	-0.005	0.029	-0.180
Beneficiary age	0.001	0.001	1.090
Marital status	0.057	0.030	1.890*
Education level	0.021	0.015	1.390
Relevance on poverty reduction	0.134	0.057	2.340**
Project goal on social needs	0.251	0.062	4.070***
Ability to meet Immediate needs	0.223	0.059	3.760***
Planning and implementation	-0.081	0.049	-1.660*
Gender issues	0.087	0.068	1.280
Project outputs	0.180	0.046	3.930***
Time of inputs delivery	0.025	0.042	0.580
Degree of participation	0.192	0.066	2.910***
Public works	0.067	0.045	1.480
Carpentry project	0.266	0.124	2.130**
Dairy cattle project	0.001	0.057	0.010
Poultry project	0.107	0.071	1.500
Environmental conservation.	0.021	0.057	0.380
Constant	-0.159	0.073	-2.190

Table 46: Makete and Rungwe Districts: Instrumental variables (2SLS) regression of project sustainability

Significance levels: *, ** and *** are P<0.1, P<0.05 and P<0.01, respectively.

Also, the analysis result (Table 46) shows that the degree of participation, project outputs and project ability to meet immediate needs of target group(s) are significant at (P<0.01) level and they are positively related with project sustainability. These suggest that recipients' involvement is motivated by the expected products or services from the project implementation which have a likelihood of addressing their short-term and long term social needs thus enhancing project sustainability as defined by (Spath, 2004) in the literature. Probably, this is enhanced by transparency in project ownership, management, maintenance, and credibility (Kusek and Rist, 2004). In the same way, Shaheen *et al.* (2009) observed that sustainability of projects is achieved through participatory approach in development by involvement of beneficiaries at all stages.

It can be stated that, project operational time ever since inauguration has positive significant (P<0.01) influence on project sustainability. This advocates that as time passes through participation participants appreciate benefits from the projects established as their livelihoods improve thus project ownership is imprinted. Similarly, Mubangizi (2009) observed that poverty alleviation projects are successful if they promote sustainable livelihoods. In conclusion, sustainability of assets created for poverty reduction is influenced by relevance, effectiveness, efficiency and operational time of the project since inception.

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CHAPTER FIVE

5.0 CONCLUSIONS AND RECOMMENDATIONS

The general objective of the study was to assess the impact of community empowerment by TASAF on effective and efficient utilisation of livelihood assets created for poverty reduction in order to contribute to the methodological approaches and the understanding on the best way to intervene so as to maximize the impact on welfare. Specifically, the study intended to: (i) evaluate the impact of TASAF empowerment on socio-economic status of participants, (ii) assess the impact of TASAF intervention on food security and health status of beneficiaries, and (iii) examine the sustainability of productive assets created by TASAF for food insecure, service poor and vulnerable groups.

Stratified non random sampling technique was employed to obtain a representative sample for this study with minimal selection bias. A with and without TASAF intervention households sample of 354 respondents was collected in Makete and Rungwe districts. The study was conceptualized using the sustainable livelihood framework approach for analysis while vulnerability context was based on shocks, trends and seasonality that affected the livelihoods of the rural people. Both descriptive and quantitative techniques were used to analyze the cross sectional data using SPSS version 16 and STATA version 10 and Heckman's (1979) two-stage and IV/2SLS models were used to estimate the intervention effects.

5.1 Conclusions

The present study found that participation on productive assets created had positive influence on socio economic status of recipients. Thus it is concluded that inadequate provision of both health and reproductive services reduced socio-economic outcomes while formation of women associations and creation of sustainable sources of income through involvements had positive influence on their livelihoods contrary to female headed household as it kept them away from other socio-economic activities.

Also, the present study analysis of the second objective showed that both participants and non participants had no difference in food security. However, it is concluded that variation in food security among recipients was attributed by differences in locations and resource endowment and that participation on assets created by recipients kept them away from other food resources. Also, it is concluded that food security of recipients depend on the nature of the project and participants involved. Moreover, it was found that participation had positive influence on health status of beneficiaries. Therefore it is concluded that health status of participants in poultry and public works were better-off than those in carpentry works and water projects while time of operation since the inception of the project and the degree of involvement in established productive assets had positive influence on recipients' health status. Thus, it is also concluded that variation in locations have effect on intervention outcomes of beneficiaries' health status. In addition, it is concluded that of all participants, HIV infected recipients were the most affected by participation followed by able-bodied and elders.

The analysis of third objective observed that participation had influence on assets sustainability. Therefore it is concluded that sustainability of assets created for poverty reduction was influenced by its relevance, effectiveness, efficiency, duration of operation and the nature of projects and recipients involved.

5.2 Recommendations

Based on the findings of the first objective, it is recommended that the government should enforce equitable provision of health and reproductive health services. Also, the
government should put into effect formation of women associations and sustainable sources of income that will enhance socio-economic activities so as to sustain their livelihoods and those recipients should prioritize on assets that improve their livelihoods.

Also, from the findings of the second objective, it is recommended that the government should enforce creation of assets which enhance food security and it should enforce training and regular visiting of recipients on prevention basis rather than coping strategies to contain food insecurity risk. Also, it is recommended that local government authorities should distribute and supervise project assets which enhance food security based on geographical location and beneficiaries should prioritize project assets that capitalize on farm inputs. Moreover, it is recommended that the government should enforce creation of assets through participation in which recipients should prioritize creating assets that have likelihood to sustain their health.

From the findings on the third objective, it is recommended that the government should enforce thorough involvement of participants in identifying assets relevant to them. Also, local government authorities should enforce projects sustainability through training, supervision and regular field exchange visits for long-term benefits with possibilities of scaling up so as to achieve its sustainance period and be credible for other assets. Thus, recipients should have a binding contract on assets so as to enhance livelihood sustainability subject to payback of assets handled over rather than being an income redistribution.

In order to ascertain the viability of created assets, the author recommends an economic study analysis to be carried on so as to assess the opportunity cost of TASAF projects assets among other economic alternatives of resource use.

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APPENDICES

Appendix 1: Instruments used for data collection

Appendix 1.1: Questionnaire to the households Introductory remarks

This questionnaire intends to gather information that will facilitate a livelihood impact assessment of TASAF intervention in agriculture and basic health services in Makete and Rungwe districts for PhD award of Mr. Asheri M. Mwidege of Sokoine University of Agriculture. Any information that will be volunteered will be used purely for academic purposes and the confidentiality of the participants will not whatsoever be disclosed. However, the results of the evaluation may be made available to other institutions and individuals.

To be filled by the enumerator only.

A: Background information

Enumerator's name	Village	Ward	Division	District	Date	Questionnaire ID
				1 / 2		

Name of the project	Period project operated	TASAF
		Yes [] No []

Codes: 1= Makete, 2 = Rungwe; 1= Yes, 0 = No

B: Beneficiary group (please circle where appropriate).

Orphan	Widow	Widower	Elder	Disabled	Street youth	Able -bodied
1	2	3	4	5	6	7

C: Household information

_ Q0	Q01. Please, circle out the correct response from (i) – (v).				
i	Household head	1= husband; 2 = wife; 3= single parent			
ii	Gender age	1= male, 0 = female			

iii Marital status: 1= single; 2 = married; 3= widower; 4 = widow; 5=separated;

iv Highest level of education attained: 1= Non formal education; 2 = adult education;
 3 = primary education; 4= secondary education; 5= post secondary education with training courses

v How long have you been in this village?years.

Q02. Household characteristics. Kindly fill in the information.

S/N	Description		Age	Sex: 1= male; 0 = female	Education as 1(v)	Activity
01	Spouse	1 2 3				
02	Children at home	1 2 3 4				
03	Relatives at home	1 2				
04	Orphans at home	1 2 3				

		4	 	
05	Others	1		
		2		

Codes for activity: 1= full time farming; 2= school children; 3= secondary student; 4 = too old to work; 5= under fives; 6= business; 7 = employed by GVT/NGO; 8= Farming business; 9 =out-migrated; 10 = parish worker

Q03. Sources of household income

S/N	Source	Codes: 1= yes; 0 = No	Average monthly income in Tshs
01	Farm activities		
02	Off –farm activities		
03	Casual employment		
04	TASAF relief		
05	Family remittances		

D: ASSETS POSSESSION

Q04. Assets / resources owned.

S/N	Type of asset	Response: 1= yes; 0 = N0	Number owned
01	Ox- plough		
02	Sprayer pump		
03	Bicycle		
04	Radio		
05	TV		
06	Mobile phone		
07	Ox cart		
08	Donkeys		
09	Hand hoe		

Q05. Land cultivated

(i) How much land is used for cultivation.....acre

(ii) Is the land cultivated increased in the past five years? I = Yes, 0 = No

(iii) Otherwise, give reasons

E: FOOD SECURITY

Q06. Please indicate staple food and cash crops grown

S/N	Crops	If one grows: 1= yes, 0= No	Acreage	Amount produced Bags/100Kg
01	Maize			
02	Paddy			
03	Wheat			
04	Beans			
05	Cassava			
06	Bananas			
07	Others			

Q07. Indicate your daily time allocation (hours) during farming and off- season

S/N	Activity	Farming season hours/day	Off-season hours /day
01	Farm work		
02	Non - farm/off- farm work		
03	House activities		
04	Leisure / recreation		

Q08. Farmers' input requirements and output sales in the past five years:

(i) Please indicate the source of farm inputs

Source	Codes: $1 = Yes; 0 = No$
TASAF relief	
Government subsidies (Voucher system)	
Traders	

(ii) Give reasons for not using farm inputs

Reasons	Codes: $1 = Yes; 0 = No$
Very expensive	
Not available	
Not preferred	

Q09. When you are planning agricultural activities, do you take into consideration the following attributes?

<u>(Pl</u>	ease, explain how)		
S/N	Attribute	Codes: 1= Yes; 0 = No	Reasons
01	Expected rainfall distribution		
02	Availability of subsidized inputs		
03	Availability of manures		
04	Price and market of produce		
05	Weeds and weeding problems		

Q10. Did food production increased in the past five years? 1 = Yes; 0 = No

If yes give reasons, then go to 12. Otherwise answer the next question

Q11. Food shortage in the past five years: Experienced [] Did not experience [] Give reasons. (If you experienced go to question 14), otherwise go to 12

Codes: 1=experienced, 0 = did not experience

Q12. Marketing of farm products information

S/N	Сгор	Selling point	Price / unit of 100kg
01	Maize		
02	wheat		
03	Bananas /potatoes		
04	Rice		

Codes for selling points: 1= Middlemen; 2 = private traders; 3= market and 4 = others

Q13. Is the distance a problem in marketing food: Yes [] No [] For either response, answer part (i) - (iii).

(i) What is the distance from marketing point? () Kms

(ii) What transport do you use? Bicycle [] Car [] Donkey [] on foot [] Codes: 1= bicycle, 2= car, 3= donkey, 4 = on foot

(iii) Give reasons for the choice of your transport in (ii) above

Q14. Do you own animals / chickens? Yes [] No [].

If yes, answer the following questions. Otherwise go to 18

Type of animal kent	1 = Yes 0 = No	Number	Pearing system	Estimate comingeluses
Cottle	1 103,0 110	Humber	Rearing system	Estimate earnings year
Callie		1		
Goats				
sheep				
pigs				
chickens			_	
others				

Codes for rearing systems: 1= zero grazing/ deep litter for poultry; 2= semi intensive (grazing)/ free range for poultry; 3 = extensive / nomadic grazing

Q15. What is the source of animals kept: TASAF relief [] Family [] others specify ...

Q16. Please, indicate income changes in the past five years: Increased [] No change [] Decreased []. Reasons for income change.

Q17. Does livestock help you in case of food shortage? Yes [] No []. If yes, in what ways?

01		
02		
If No	0. whv?	

Q18. During which months of the year do you experience food insecurity?

Q19. Where do you obtain your main food products in the course of the year? (*Please, cross where applicable for each month*).

Item	Jan	Feb	Mar	Apr	Ma	Jun	Jul	Aug	Sept	Oct	Nov	Dec
L					у	ļ			L	ļ		
Farm						Ĺ						
Shops				_			L					
Market												
Relief												
Other				1								

Q20. How many times food is cooked in your household per day? Codes: 1= Three times; 2 = two times; 1= once. (*Please circle where appropriate*).

Q21. Kindly indicate the frequency of food cooked in your household per week (specify units).

S/N	Food item	No. of times prepared/week	Quantity prepared/meal
01	Sweet / round potatoes		
02	Kande		
03	Ugali (thick porridge)		
04	Beans		
05	Bananas		
06	Meat		
07	Milk		
08	Vegetables		
09	Fruit		
10	Other (specify)		

Q22. What has bee the source of food improvement? Codes: 1 =TASAF intervention, 0 = family

F: HEALTH SERVICES

Q23. Do health services available at your village? Yes [] No[].

Q24. For either response, is the distance a problem to access health service? Yes [] No []

Q25. If yes, how far is it from the health centre, please circle it.

a. Less than 2Km	b. 2km – 10km.	c. more than 10Km.

Q26. Health status

i) Please, indicate risk changes due to health service changes in the past five years

S/N	Beneficiaries	Codes for changes: 1 = Decreased, 2 = No change, 3= increased
01	Pregnant mothers' deaths	
02	Infants deaths	
03	Under five children deaths	

ii) Indicate the incidence of diseases that frequently affect children under five age in your area. (*Please circle where appropriate*).

Disease	Malaria	Measles	Diarrhea	Pneumonia	Kwashiorkor
Frequently	1	2	3	4	5

Q27. HIV/ AIDS and control:

Are you aware with HIV/AIDS and control measures? Yes [] No []

If yes, answer questions 28 and 29. If No,

why?.....

Q28. Mention source of information in a preference order (1= most source of information) Codes for sources: 1= radio; 2= TV; 3= Campaigns; 4= Newspapers; 5=others

Q29. What methods are readily used to control HIV/AIDS Codes: 1 = Abstain; 2 = trustful; 3 = condoms; 4=Neither

Q30. Kindly indicate whether the following vulnerable people have free access to health services at your village.

Orphans	Elders	Widows / widowers	HIV infected
Yes [] No []	Yes [] No []	Yes [] No []	Yes [] No []

In each case above:

i) If yes, who provides these services.....

ii) If No, why?

Q31. Can health improvements be attributed to the TASAF intervention? Yes [] No[].

G: SOCIO - ECONOMIC IMPACT OF ASSETS CREATED

Q32. Does TASAF support public works in your village? Yes [] No []

If yes, answer parts (a) - (c). (For roads, dispensary and water projects)

a)	State the productive project created.
b)	What was your contribution to the project?
c)	Were you paid when worked on it? Yes [] No []
- 0	the strational attention of the stration of the strategy of th

If yes in (c) above, answer the next questions; otherwise go to 36.

Q33. If you worked and paid then:

a)	How much were you paid per day/month?
b)	If you were paid, how did you spend your income?
c)	What is the importance of the asset created to the economy of the community?

Q34. Has your income increased? Yes [] No [].

(a)	If No, why?
(b)	What is your income level per day/month?
c)	What is the source of this income?

Q35. Does public works help you in case of food shortage? Yes [] No [].

If yes, in what ways?

01	
02	

H: SOCIAL WELL-BEING

 $\mathbf{Q36}.$ Give your observations on the following issues in the past five years

<u>1) 10 011</u>	en empowerment in your vinage.	
S/N	Changes in	Codes: 1= Increased, 2 = decreased, 3 =
	_	No change
01	Women participation in decision making	
02	Women groups formed	
03	Number of women association members	
04	Number of loans disbursed for women	
	groups	
05	Women's decision making capacity at	
	household level	
05	Female enrolment in primary education	

(i)Women empowerment in your village:

(ii)Unemployed youth in your village

S/N	Changes in	Codes: 1= increased; 2 = No change; 3 = Decreased
01	Youth dependency	
02	Income generation activities	
03	Sports and recreational programme	
04	Youth health clubs	
05	HIV/AIDS and reproductive health	
	services	
06	Criminal activities	

Q37. Kindly, indicate who benefited from the empowerment (please circle where appropriate).

Orphans	Widow	Widower	Elders	Handicapped	Street children	Able – bodied
1	2	3	4	5	6	7

Q38. State economic activities supported/created.

Ц Д39 . Н	low can you describe your a	ccess to the following	g services?
S/N	Service	Access 1/ 2/3	If "not sufficient", kindly explain why
01	Safe water supply		
02	Business skills		

٦

Codes for services: 1= sufficient; 2 = not sufficient"; 3 = not available.

I: PROJECT EFFECTIVENESS, EFFICIENCY AND SUSTAINABILITY

Q40. Did TASAF support vulnerable groups through community projects? 1 =Yes; 0 =No

If yes, specify the project in (i) to (iii) and answer questions that follow. Otherwise go to question 47.

i) Project 1: Dairy cattle; Yes [] No []

	CAL		
	S/N	Description	
	01	Number of milking cows	
	02	Number of calves	
	03	Amount of milk produced per day	
	04	Amount of milk sold per day	
	05	Amount of milk for household use	
	06	Price of one liter of milk	
	a) W	hat have you done with income earned? N	1ention.
	b) .	Any problem(s) experienced?	
(ii) Proje	ct 2: Poultry production; Yes [] No []	
	S/N	Description	Responses
	01	Number of chickens provided	
	02	Current number of chickens	
	03	Amount of eggs laid per week	
	03	Amount of eggs sold per week	
	04	Amount of eggs for household use	
	05	Price of one egg in Tshs	
	a) '	What have you done with income earned?	Mention.
	b) /	Any problem(s) experienced	
(i	ii) Proj	ect 3: Environmental conservation; Yes [] No []
Ì	S/N	Description	Responses
	01	Number of seedlings grown	
1			

01	Number of seedlings grown	
02	Varieties of seedling species grown	
03	Price of one seedling sold	
04	Your income level per day/month	
L		

a) What have you done with this income? Mention.

	 	 	_
b) Any problem(s) experienced?		 	

Q41:	Project relevance		
S/N	Attribute		1=Yes; 0 =No
01	Is the project relevant with regard to poverty reduction?		
02	Did the project goal address poverty reduction related so	cial needs?	
03	Did the project purpose meet the immediate needs of the	target group?	
04	Did target group involved in planning and implementati project?	on of the	
05	Did the project address the gender issue adequately?		
06	Were the results attractive for the beneficiaries?		
Q42	. Project effectiveness		
S/N	Attribute	1=Yes; 0 =	No
01	Were the project outputs achieved as expected		

02 Were the project activities implemented as planned? 03 Any constraints that hindered implementation of activities?

Q43. Project efficiency

01	Attribute	1=Yes; 0 =No
02	Was the timing of inputs appropriate?	
03	Was the project economical compared to other possible means?	
04	Did the project utilize the existing human resources as possible?	
05	Was the degree of participation of beneficiaries sufficient?	

Q44. How long did you participate in the project?

L

Q45. Kindly give the following information about your involvement in the project?

S/N	Project activities you participated in	Reason for your participation	Observed benefits of your participation
01			
02			
03			

Q46. Which of the project (specify project) activities would you highly recommend for extension in your village (in order of importance)?

Q47. What other / intervention activity would you recommend for a future project?

Appendix 1.2: Focus discussion groups' checklist

A: Background information

	Village	Ward	Division	District	Siz	e of a focus group	FDG ID
					Ma	le = []; Female = []	
Ì	B: TASAF i	nterventi	on				
Γ	Q01. Projec	ts created	in your villag	e	_	Q16. Project relevancy to the	e target group
	Q02. Particij	pation in p	roject identifi	cation,		Q17. Implementation of pla	anned project
	formulation a	and imple	mentation			activities	
Q03. Project objectives					Q18. Budget and degree of proportionate	achievement	
	Q04. Comm	unity proje	ect objectives			Q19. Utilization of the exist	ing human
	-					resource	
1	Q05. Partici	pation in o	decision making	ng		Q20. Degree of participation	n of beneficiaries
						sufficient	
1	Q06. Voice l	neard in a	proposed proj	ect by financ	ers	Q21. Achievement of the pr	oject outputs as
						expected	
1	Q07.Problem	ns encount	ered in the de	cision – maki	ing	Q22. Problems and challeng	ges faced the
	process					implementation process	Law Carte the
•	Q08. Selection	on of com	munity manag	ement		Q23. Distribution of project	benefits to the
4	committee m	embers (C	<u>(MC)</u>			Denericiaries	
Ľ	Q09.CMC m	embers ge	ender balance			Q24. Target groups beliefite	u.
	Q10. Respon	sibilities (DT CMC			beneficiaries	
	Q11. Probler	ns / challe	nges of accou	ntability face	d	Q26. Project activities high	ly recommended
t	he CMC					for extension (in order of im	portance).
	Q12. Projects you agreed with and did not agree				Q27. Other intervention acti	ivity	
١	with				recommended for a future p	roject (in order of	
						importance)	
(Q13. Reasons for not agreeing with others on these				se		
F	projects						
(Q14. Project successful implemented						
(Q15. Reasons for success						

Q43. Project efficiency

01	Attribute	I=Yes; 0=No
02	Was the timing of inputs appropriate?	
03	Was the project economical compared to other possible means?	
04	Did the project utilize the existing human resources as possible?	
05	Was the degree of participation of beneficiaries sufficient?	

Q44. How long did you participate in the project?

Q45. Kindly give the following information about your involvement in the project?

S/N	Project activities you participated in	Reason for your participation	Observed benefits of your participation
01		1	
02			
03			

Q46. Which of the project (specify project) activities would you highly recommend for extension in your village (in order of importance)?

Q47. What other / intervention activity would you recommend for a future project?

Appendix 1.2: Focus discussion groups' checklist A: Background information

Village	Ward	Division	Distic	Size of a focus group	FDG ID	
	1	1		Male = []: Female = []		
B: TASAF	inter enti	on				
Q01. Proje	ois creziei	in your villes	E	Q16. Project relevancy	Q16. Project relevancy to the target group	
Q02. Participation in project identification.				Q17. Implementation of activities	of planned project	
QU3. Project objectives			Q18. Budget and degre proportionale	e of achievement		
Q04. Comm	נסוק (הוחחו	ea obleatives		Q19. Utilization of the resource	misting human	
Q15. Partic	ipation in	iecision maki	πĒ	Q20. Degree of particip sufficient	pation of beneficiaries	
QU6. Voice	heard in a	מית בצוקנית	iest oy finan	en COL Achievement of P expected	ie project output at	
QIT Problem	ni filioliti	ered in the de	รรรงร – สอเ	ing Q22. Problems and chain implementation process	illenges faced the	
QUE Seen	ວາ. ວຳ ຂວາກ	munių meneg Mari		(22). Distribution of per teneficiaries	vise severine in the	
ONS.CMC T		and a set of the set		(14. 12 2 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.		
Cal Respo		f 2.42	<u> </u>	Q25.Current social well teneficiaries	being of the	
QLI Proper	ns chalte	ig => of accou	nizbility fize	 d (26. Project extinction) for extension (in order to 	nignij recommended V importacije,	
Q12 Project with	s you sgre	e with sol i	1 20. agree	OF the newslow recommended for a fact importance	astivity ne projest (n order of	
Q13 Ressor Troleno	io no. 4	1997), W22 (nteers or tee	e		
(1)4 Protect	51100#cmi					
UE Reason	for succe	S				

Appendix 1.3: Key informants' interview checklist

A: Background information

Village	Ward	Division	District	Key informant ID

B: TASAF intervention

O01. Assets created	D: Effectiveness
002 The extent of achievements of created social	O12 Project outputs achievements
services / investments	Q12. Project outputs achievements
services / investments.	
Q03. Kind of skills and opportunities created	Q13. Implementation of project activities
Q04. Kind of assistance to each vulnerable group.	E: Efficiency
Q05. Average level of income of the target people	Q14. Timing of project inputs
Q06. Status of food security in the past five years	Q15. Economical of project in comparison to other alternatives
Q07. Economic activities managed by vulnerable	Q16. Degree of participation of beneficiaries
individuals	
C: Relevance	Q17. Project activities and improvements of economic status of beneficiaries
Q08. Project relevancy with regard to poverty reduction	F: Sustainability
Q09. Participants' involvement in planning and	Q18. Project sustainability with available
implementation of the project	human resources
Q10. Project created and gender issues.	Q19. Project sustainability from a financial
	point of view
Q11. Results attractiveness to the beneficiaries	Q20. Observed direct /indirect livelihood
	impact after intervention (+/-/0).
	Q21. Lesson learnt / challenges / problems in
	implementation process

Appendix 1.4: Project coordinators' interview checklist

A: Project background information

THE FOUND AND SHOLES			
Project name	Project type	Duration of the project	Target group
Beneficiary group	Location	District	Project coordinator ID

B: TASAF intervention	
Q01. Assets created	H: Project outputs and outcomes
Q02. The extent of achievements of created social	Q13. Outputs achievements
services / investments.	
Q03. Kind of skills and opportunities created	Q14. Community outcomes
Q04. Kind of assistance to each vulnerable group.	I: Project effectiveness
Q05. Average level of income of the target people	Q15. In terms of set objectives
Q05. Status of food security in the past five years	Q16. In terms of food security
C: Objectives:	Q17. Spill-over effects
Q05. Community's objectives	Q18. Unexpected effects
Q06. Project's objectives?	J: Sustainability
D: Operational strategies	Q19.Conditions of sustainability of the
	effects
Q07. Project implementation strategies	Q20. Project relationship to other projects in
	the area
E: Acceptability	Q21.Project relationship to the development
	policy in the area
Q08. Project conformation to the local beliefs	Q22. Government involvement in the project
F: Feasibility	Q23. Issues enhanced or hindered project
-	success
Q09. Stakeholder analysis	Q24. Pattern of food market prices in the past

	five years
G: Participation	Q25. Status of able- bodied individuals' food security in the past five years
Q10. Place of community participation	Q26.Project assistance efficiency on household with vulnerable people
Q11. Opportunity for participation	Q27.Challenges and lessons experienced
Q12. Opportunity for strengthening self- determination	

Thank you for your active participation

Appendex 2: Model summary of quantitative estimation

Appendix 2.1: Model summary for socio-economic impact analysis of assets created

Description	Attributes
Model and estimation	Instrumental variables (2SLS) regression
Dependent variable	Socio-economic impact
Number of observations	300
Software used	STATA
Wald chi2(19)	124.76
Prob > chi2	0.0000
Model fit test	
R-squared	0.2460
Fitted values test	Ramsey RESET test
F(3, 277)	2.49
Prob > F	0.0604
Heteroskedasticity test	Breusch-Pagan / Cook-Weisberg test
chi2(1)	0.30
Prob > chi2	0.5840

Appendix 2.2: Model summary for analysis of food security

Description	Attributes
Model and estimation	Heckman selection model - two-step estimation
Dependent variable	Food security
Number of observations	298
Software used	STATA
Wald chi2(17)	196.89
Prob > chi2	0.0000
Censoring observations	Censored = 108 , and uncensored = 190
Model fit test	Ramsey RESET test
F(3, 279)	1.92
Prob > F	0.1258
Heteroskedasticity test	Breusch-Pagan / Cook-Weisberg test
chi2(1)	0.01
Prob > chi2	0.9368

Description	Attributes
Model and estimation	Heckman selection model - two-step estimation
Dependent variable	Health status
Number of observations	300
Software used	STATA
Wald chi2(17)	195.47
Prob > chi2	0.0000
Censoring observations	Censored obs = 108 Uncensored obs = 192
Model fit test	
Fitted values test	Ramsey RESET test
chi2(1)	1.51
Prob > F	0.2126
Heteroskedasticity test	Breusch-Pagan / Cook-Weisberg test
chi2(1)	1.24
Prob > chi2	0.2649

Appendix 2.4: Model summary for analysis of project sustainability

Description	Attributes
Model and estimation	Instrumental variables (2SLS) regression
Dependent variable	Project sustainability
Number of observations	299
Software used	STATA
Wald chi2(20)	1718.93
Prob > chi2	0.0000
Model fit test	
R-squared	0.8492
Root MSE	0.19413
Fitted values test	Link test
hat	
$\overline{\mathbf{P}} > \mathbf{t} $	0.000
hatsq	
$\overline{P} > t $	0.346
Heteroskedasticity test	Breusch-Pagan/Cook-Weisberg test
chi2(1)	0.36
Prob > chi2	0.5508



Appendix 3: Projects created and participants' pictures

Appendix 3.1: Local road and dispensary constructed through TASAF intervention



Appendix 3.2: Dairy catte projects in Makete and Rungwe districts

Dairy cattle recipients at Nditu and Bugoba villages respectively, in Rungwe district.



Dairy cattle recipients at Ilolo and Ndulamo villages respectively, in Makete district.



Appendix 3.3: Environmental conservation in Makete district

Environmental conservation recipients at Mahanji village, Matamba.

Appendix 3.4: Poultry project in makete ditsrict



Appendix 3.4 shows poultry recipients at Kisinga, Mago and Ihela villages from left to right along the first and second row view respectively in Makete district.



Appendix 3.5: Community development investment in water in Rungwe district

Water accessibility reduces labour and time, as it was seen at Kalalo village

Appendix 3.6: Carpentry project in Makete district



Carpentry works recipients in their workshop at Ikuwo village, Ikuwo.

Appendix 4: Tanzania social action fund intervention phase I and II

Appendix 4.1: Tanzania social action fund intervention phase I

A4.1.1 Origins and design of TASAF

When the president of Tanzania, Mr. Benjamin, W. Mkapa visited Malawi in 1998 he observed communities projects supported by the Malawi social action fund (MASAF). This resulted in the Government of Tanzania (GOT) requesting the World Bank to send the same team to create a similar social fund to help communities contribute to their own development (WB, 2006). As a result, Tanzania action fund (TASAF) had two financing windows: A community development initiative to improve public social service infrastructure. Next, a public works program for local governments to target food insecure areas with cash-for-work in creation of productive assets.

Moreover, TASAF was also designed to assist communities cope with the consequences of HIV/AIDS. Conversely, orphans were expected to benefit indirectly from the safety nets elements. However, a community needs assessment had found that communities had low trust in the existing institutions (WB, 2006). As a result, this caused the authorities to create a new institution to manage the social fund. Implementation started in November, 2000. This was the first phase of implementation (TASAF I) and lasted till June, 2004. During its implementation, there were some successes as well as challenges.

A4.1.2 Success and challenges of TASAF I

i. Success

In the first phase of implementation, TASAF had significant results in education, health, water and rural roads in descending order (WB, 2006).

ii. Challenges

The assumed two financing windows faced some problems in its implementation: (a) It was reported that neither of the financing windows were able to respond in any significant way to address the needs of those affected by HIV/AIDS (WB, 2006). (b) However, in its implementation it was assumed that NGOs would respond by preparing proposals for community work. Hitherto, communities did not engage NGOs because their administrative overheads consumed a large share of the projects. (c) Health facilities built were not fully staffed; this was caused by the chronic shortages of healthcare personnel most notably in remote rural areas. (d) Yet, there was information inadequacy on sector strategies in a form that communities could understand and apply (WB, 2006) with regard to accountability in the decentralization process.

A4.1.3 Accountability and decentralization

TASAF requires that the recipient communities establish community management committees (CMC) to manage the funds and be accountable to the community. The Tanzanian decentralization of functions to local government level requires their elected and employed personnel to be accountable to the electorate (WB, 2006). In this process, accountability challenges raised since there was no clearly defined role for village government leadership. However, communities consistently expressed their satisfaction with the first phase of implementation (TASAF I). Thus far; based on phase one performance, phase two was introduced for a period 2005 -2009.

A4.2 Tanzania social action fund intervention phase II (TASAF II)

A4.2.1 Introduction

Poverty reduction strategy (PRS) has enabled the government to make some achievements in reducing poverty particularly to non-income poverty. However, income

ii. Challenges

The assumed two financing windows faced some problems in its implementation: (a) It was reported that neither of the financing windows were able to respond in any significant way to address the needs of those affected by HIV/AIDS (WB, 2006). (b) However, in its implementation it was assumed that NGOs would respond by preparing proposals for community work. Hitherto, communities did not engage NGOs because their administrative overheads consumed a large share of the projects. (c) Health facilities built were not fully staffed; this was caused by the chronic shortages of healthcare personnel most notably in remote rural areas. (d) Yet, there was information inadequacy on sector strategies in a form that communities could understand and apply (WB, 2006) with regard to accountability in the decentralization process.

A4.1.3 Accountability and decentralization

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A4.2 Tanzania social action fund intervention phase II (TASAF II)

A4.2.1 Introduction

Poverty reduction strategy (PRS) has enabled the government to make some achievements in reducing poverty particularly to non-income poverty. However, income poverty was still wide spread both in rural and urban areas. TASAF II was an important intervention at community level within the framework of PRS with the aim of achieving the millennium development goals (MDGs) through project development objectives (TASAF II, 2005).

A4.2.2 Project development objective

The development objective of TASAF II was to empower communities to access opportunities so that they can request, implement and monitor sub-projects so as to contribute to improved livelihoods linked to MDGs indicators in the National strategy for growth and reduction of poverty (NSGRP) as per stated guiding principles (TASA II, 2005).

A4.2.3 Project components

TASAF II project comprised two major components:

a) National village fund (NVF).

The NVF component created rules for communities to:

- i. Access resources that can stimulate economic activities and allow poor households to increase their incomes;
- ii. Reduce vulnerability by empowering them with more instruments for ensuring against the risks they face and;
- iii. Improve access and use of social services.

Accordingly, the project provided a multi-sectoral response to the needs of communities whose activities would better prepare them to take advantage of market created opportunities. As well as utilize resources made available from the government (TASAF II, 2005). This was associated with capacity enhancement from grass roots.

b) Capacity enhancement

Communities and sectors were capacitated to undertake activities that assist them meet their targets (TASA II, 2005).

A4.2.4 Coverage

TASAF II operated nationally (TASAF II, 2005).

A4.2.5 Target groups

The target groups were under two components:

a) National village fund (NVF)

The principal targeted beneficiaries of the NVF were those communities who:

- i. Lack access to basic social and market services;
- ii. Have able-bodied, but food insecure households;
- iii. Have household with vulnerable individuals (TASA II, 2005).

A4.2.6 Eligibility criteria for accessing National village fund's

TASAF disbursed funds for subproject implemented direct to the CMC (TASA II, 2005).

A4.2.7 Safe guards

Communities were expected to implement sub-projects that were small in size and in specific sites chosen by them. However, implementation was required to comply with resettlement or relocation issues which were to be resolved before a sub-project was approved (TASA II, 2005).

A4.3 National village fund (NVF)

A4.3.1 Introduction

TASAF II set up a National village fund to finance sub-projects coming out of a community-driven development approach at the community level. All sub-projects were managed by CMC democratically elected by beneficiaries (TASA II, 2005) to achieve the following objectives.

A4.3.2 Objectives

The major objectives of NVF were to:

- i. Provide support to service poor communities that contributed to increased availability and use of basic social and environment services in line with specified MDGs targets. Such services include: education, water and sanitation, roads, banking and markets in line with MDGs targets.
- ii. Provide employment opportunities to able-bodied individuals in food insecure households. This aimed to increase their cash income, skills, and opportunities from working in NVF financed public works programs.
- iii. Provide assistance to households with vulnerable individuals which include: orphans, disabled, elderly, widows / widowers and those affected/infected by HIV/AIDS, among others to manage sustainable economic activities (TASAF II, 2005).

A4.3.3 Beneficiary target group

The NVF interventions focused on the target groups.

A4.3.4 Community service packages

Community service packages guided communities on activities that were eligible for funding and support from TASAF. The service packages, defined by the respective sector ministries comprised a minimum set of interventions that were (a) affordable and suited to community level management and maintenance. (b) within national sector norms and standards. (c) contributed to specified MDG indicators targets and NSGRP.

A4.3.5 Implementation arrangements

According to TASAF II (2005) under the NVF communities managed sub-project with the oversight from the LGAs. Implementation of the sub-projects followed three main phases, namely: pre-subproject cycle, subproject cycle, and post-subproject cycle activities as detailed below:

A4.3.6 Pre-subproject cycle activities

Pre-subproject cycle activities included: awareness raising and sensitization, formation of relevant teams, determining LGA specific self-targeting wage rate and capacity building for relevant staff. Any interested community submitted a sub project interest form (SPIF).

A4.3.7 Sub-project cycle activities

Communities targeted for NVF support entered into the sub-project cycle through eight stages (TASAF II, 2005). These were project identification, desk appraisal, field appraisal, approval, launching, implementation, supervision and monitoring and completion and inauguration. Then again, post project activities followed.

A4.3.8 Post - subproject cycle activities

After subproject completion and inauguration, evaluation was proposed to be done on the following issues: (a) Performance of the facility. (b) The extent of use of the facility or service. (c) The degree to which the community has met its obligations to manage,

maintain and repair equipment or structures. Hitherto, collect user fees and promote the use of services. (d) The extent to which CMC/LGA has met its obligation. (e) The performance of any collaborators such as sectors in providing staff, operating funds and other inputs to support the community. (f) Skills developed during the course of implementation with a view of promoting further development for future use. (g) Overall assessment of impact of the intervention on poverty alleviation in contexts of MDGs and NSGRP. (h) Analysis of the number and composition of people benefiting from the subproject and the recipients own assessment of the value of the asset and the return on their investment through sub project evaluation (TASAF II, 2005).

A4.3.9 Sub-project evaluation

As noted above, the instruments proposed for carrying out evaluation were:

- (a) Community score card for every six months;
- (b) Citizen report card for every two years and
- (c) Social impact assessment, at the end of the project (TASAF II, 2005).

As has been explained, TASAF II contribution aimed at increasing cash income, skills and opportunities of communities to improve their livelihood in line with the MDGs and NSGRP strategies. TASAF II (2006a) report revealed that many communities shown their interests in implementing subprojects. However, their prioritized subprojects were selected through extended project rural appraisal (E-PRA) though the number of submitted SPIF posed a challenge to many LGAs in deciding communities for doing E-PRA (TASAF II, 2006b). This was due to two major reasons:

- i. Inadequate or lack of poverty data which could have guided them properly target communities that really need support.
- ii. Submission of SPIF by people who did not belong to any beneficiary groups whose qualifications did not need to be supported. Thus verification was required before making any decision.

On the other hand, TASAF II (2007a, 2007b) report revealed that elderly group had the highest number of beneficiaries than any other group, followed by the disabled, children and HIV /AIDS infected. Moreover, it was indicated that education sector was a leading in implementation followed by health, livestock, road, water, social welfare and food security in that order. However, there was a challenge in resources requirements as communities were mobilized to show interest for support thus allocated resources could not quench their thirst for development (TASAF II, 2007a).

Therefore, TASAF like other social funds was introduced to reduce the imbalances existed in Tanzania through demand-driven development of productive assets by the community. Though; Lenneiye (2006) argues that intervention has increased the emphasis on income poverty. However, there was no documented evidence on impact assessment as per report (TASAFII, 2005). Though measuring impacts also has been reported as a major weakness of global social funds (Lau Jorgensen and Van Domelen, 1999). Thus, this study performed the livelihood impact assessment of TASAF intervention to fill the gap.

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