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# Antibody response, viral load, viral clearance and growth rate in Tanzanian free-range local chickens infected with lentogenic Newcastle disease virus

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This study is aimed at evaluating antibody responses, viral loads, viral clearance and growth rate of Tanzanian free-range local chicken (FRLC) challenged with LaSota strain of Newcastle disease virus (NDV) as indicator traits for selection of chickens for breeding with enhanced resistance to the disease and economic value. Three popular free-range local chicken ecotypes: Kuchi, Ching'wekwe and Morogoro-medium from three ecological zones of Tanzania were used for the experiments. Progenies from the breeder chickens were challenged with 10<sup>7</sup> titer of 50% egg infectious dose (EID<sub>50</sub>) of the virus at 28 days of age. The viral loads and viral clearance rates evaluated by qRT-PCR from tear samples collected at 2- and 6-days post infection (dpi) showed that Kuchi could clear NDV better than Morogoro-medium and Ching'wekwe. Anti-NDV antibody levels determined from blood samples collected at 10 dpi using ELISA showed that Kuchi ecotype expressed higher mean anti-NDV antibodies compared to Morogoro-medium and Ching'wekwe. Growth rates determined from body weights collected for 38 days from day of hatch (D0) to 10 dpi showed higher growth rate for Kuchi than Morogoro-medium and Ching'wekwe. Kuchi chickens were potentially more resistant to ND compared to Morogoro-medium and Ching'wekwe.

Key words: Free-range local chickens, Newcastle disease, immune response, innate resistance.

# INTRODUCTION

Newcastle disease (ND) is one of the major devastating diseases in poultry worldwide (Ferreira et al., 2019; Miller and Koch, 2013). The disease is endemic in Tanzania

and frequently causes outbreaks in free-range local chicken (FRLC) flocks. FRLCs in Tanzania are raised in the extensive management system mainly practiced in

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rural areas which exposes them to many risk factors like diseases including ND, accidents, mortality at young age, parasitic infestations, predations, poor reproductive performance, and poor growth rates (Mapiye and Sibada, 2005). In addition, extensive management system allows for free movements and interactions of chickens with potential disease reservoirs (Marwa et al., 2018). ND together with the other challenges may have contributed to low productivity in Tanzanian FRLCs. Although Tanzanian FRLCs have not been extensively studied for improved productivity, they are believed to have high genetic potentials that could be exploited through selective breeding to improve their productivity (Mpenda et al., 2019). The demand for chicken and chicken products in Tanzania as sources of animal protein is increasing (TMLF, 2017). Thus, control of ND in Tanzanian FRLC flocks will improve their survivability and productivity, and contribute to availability of animal protein in human diet as well as improved family income. The control of ND in the Tanzanian FRLC flocks has been and is still a big challenge due to the free-range nature of the husbandry system in practice which exposes them to the risk of ND. Vaccination is the only main reliable approach (Alders et al., 2012) although vaccination alone cannot fully/effectively control ND in FRLCs because of the scavenging system of husbandry. There are also many challenges to vaccination like poor infrastructure in rural areas, lack of cold chains for storage and transport of the vaccines and insufficient of vaccinators where, compared commercial farms where vaccination complemented with biosecurity measures has significantly reduced ND incidences in poultry worldwide (Dortmans et al., 2012; Dimitrov et al., 2016), it is challenging to control ND in FRLCs using the similar approaches. Vaccination in combination with biosecurity measures has been important in control of many diseases including ND and infectious bursal disease (IBD) in commercial poultry (Alders et al., 2012) but not practicable in FRLC flocks.

Due to all these challenges, this research focused on evaluating the immune response of Tanzanian FRLCs for selection of chickens with improved resistance to ND to complement vaccination. Studies with some FRLCs have demonstrated natural resistance to some poultry diseases, including ND (Hassan et al., 2004; Minga et al., 2004; Padhi, 2016). Thus, genetic selection and breeding of Tanzanian FRLCs based on disease resistance could offer a complementary approach to vaccination in the control of ND (Okeno et al., 2012).

This study used phenotypic traits, including antibody levels, viral loads and viral clearance rate as some of the key indicators for ND resistance (Pitcovski et al., 2001) which have also been used by other researchers elsewhere. For instance, natural antibody levels have been used as indicators for resistance to avian pathogenic *Escherichia coli* (APEC) in chickens (Berghof et al., 2019). The viral titer at the time of infection and the

level of antibodies against a viral agent has impact on the development of disease (Classe, 2014). Elsewhere, using similar approaches, some FRLCs have demonstrated natural resistance to some poultry diseases, including ND (Hassan et al., 2004; Minga et al., 2004; Padhi, 2016). Molecular and serological techniques such polymerase chain reactions (PCRs) and enzyme linked immunosorbent assays (ELISAs) and also genotyping technologies and genomics have advanced the study of animal genetics and improved animal production, for instance, selection for resistance against diseases in poultry (Jie and Liu, 2011). Using these techniques, Rowland et al. (2018), Saelao et al. (2018) and Walugembe et al. (2019, 2020) have identified many quantitative trait loci (QTLs) that affect response to ND in chickens.

With that in focus, this study aimed to evaluate the natural resistance of Tanzanian FRLCs to ND using antibody response, viral load and viral clearance rate as indicator traits for resistance to the disease. Three selected Tanzanian FRLC ecotypes challenged with LaSota, a lentogenic strain of NDV used as a vaccine against ND were used in the study. It also aimed at assessing the effect of NDV challenge on growth rate as an important economic parameter in FRLCs.

## **MATERIALS AND METHODS**

# Preparation and handling of experimental chickens

The experiments were conducted at Sokoine University of Agriculture (SUA) in Morogoro, Tanzania. Experimental chickens were kept in the animal facilities of the Department of Animal, Aquaculture and Range Sciences (DAARS). Experimental chickens were selected as described by Walugembe et al. (2019). Briefly, a parent stock from three Tanzanian FRLC ecotypes, namely Ching'wekwe, Kuchi, and Morogoro-medium from four regions in four zones across the Tanzania mainland, were used to generate chickens for the experiments. The Kuchi were from Mwanza and Singida regions, Morogoro-medium were from Morogoro and Tanga and the Ching'wekwe were also from Morogoro and Tanga regions representing the Lake, Central, Northern and Coastal zones, respectively. The ecotypes were identified using characteristic features as described by Msoffe et al. (2001, 2005) and Guni and Katule (2013). A total of 389 mature chickens (324 females and 65 males) made up the parent stock. All the chickens were uniquely identified using aluminium numbered tags, vaccinated for ND, dewormed and held in collection stations before they were transported to SUA for experiments. Each rooster was kept separately in a labeled pen with 6 to 10 females of corresponding ecotype to make a family and maintained on commercial cornbased layer feeds with ad-libitum drinking water. The parent stock generated a total of 1,399 chicks composed of 477 Ching'wekwe, 315 Kuchi, and 607 Morogoro-medium for the experiments.

#### Preparation of progeny generation chickens

Eggs were collected from the parent flock for periods between 7 and 10 days (less than 10 days old eggs), number-labelled corresponding to the pen numbers of sire to maintain sire identity. For each day, eggs were collected every morning and evening, and

Total number of chicks

Daulianta numban	Ecotype		
Replicate number	Ching'wekwe	Kuchi	Morogoro-medium
i	65	57	91
ii	68	67	114
iii	70	77	84
iv	235	102	194
V	124	114	140

562

**Table 1.** Number of chicks produced for the experiments for each FRLC ecotype and for each replicate used for experiments.

subsequently kept at 18°C before being set for incubation. After setting the eggs for incubation, they were candled at day 13 to assess for egg fertility and embryo viability where defective and non-viable eggs were removed. At day 18 of incubation, the eggs were transferred to racks with cubical separations corresponding to sire identity to maintain chick progenies from mixing at hatching. On hatching, day-old chicks were wing-tagged for identity, weighed and transferred to a bio-secured experimental chicken house and maintained on *ad-libitum* commercial corn-based chick mash and drinking water. The experiment was conducted in five replicates (rounds of laying and hatching) to obtain large number of experimental chickens (Table 1).

#### Chickens challenging by LaSota NDV Strain

A viral suspension was prepared from the LaSota strain, a commercial vaccine strain of NDV at a titer of  $10^7$  of 50% embryos infectious dose (EID $_{50}$ ) per bird following the methods described by Ramakrishnan (2016) in specific pathogen free eggs. The stock virus was stored at -80°C before the challenge experiments. The chickens were infected at 28 days of age when the maternal antibodies had waned. A 50  $\mu$ l of the viral suspension were dropped into each eye and nostril to make a total of 200  $\mu$ l for each chicken.

# Viral load and clearance assays

Tear samples were collected at 2 and 6-days post infection (dpi) into sterile Eppendorf tubes on ice using sterile filtered 200 µl pipette tips through irritation of the ocular mucous membranes with crystalline sodium chloride. The samples were stored in -80°C. Ribonucleic acids (RNAs) were extracted from 50 µl of tear samples using MagMAX-96<sup>TM</sup> Viral RNA extraction kit (Thermo Fisher Scientific/Life Technologies, USA) that uses the magnetic beads technology. RNA extraction was done in RNAse-free environment decontaminated with RNAse Zap® (Ambion®, USA) and quantified by quantitative real time polymerase chain reaction (qRT-PCRs). The RNA quantification were done using the LSI Vet MAX® NDV gRT-PCR Kit (Thermo Fisher Scientific / Life Technologies, USA) with TaqMan<sup>TM</sup> NDV reagents. The qRT-PCR assays were performed in 7500 fast-real time PCR machine (Applied biosystems) operated by version 2.3 software. Viral loads were determined using the standard curve method where NDV standards were used to generate a reference standard curve.

#### Data analyses

Inferential statistics for the chicken populations were determined using the "Ismeans" package in R studio (R Core Team, 2013, R: A language and environment for statistical computing, R Foundation

for statistical computing, Vienna, Austria). The quantification of viral loads at the two time points (2 and 6 dpi), antibody titers at 10 dpi, growth rates before challenge and after challenge; data were expressed as LSmean  $\pm$  SE. The LSmeans for the titers among the chicken groups were analyzed using one-way analysis of variance (ANOVA) and tested for significances of differences using the Tukey honestly significant difference (Tukey HSD) where p-values equal or lesser than 0.05 indicated statistical significant differences among means.

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Univariate analyses were performed using linear model to compute the viral loads for the FRLC as least square means (LSmean) with their corresponding standard errors (±SE) considering the chicken ecotypes, the replicate numbers and their interactions. Viral clearance rates were also determined as the difference in viral log copy number from 2 to 6 dpi divided by the viral log copy number at 2 dpi as:

$$VCL = \frac{VL2 - VL6}{VL2}$$
(1)

where, VCL is the viral clearance, VL2 is viral loads at 2 dpi, and VL6 is viral loads at 6 dpi.

#### **Antibody response measurement**

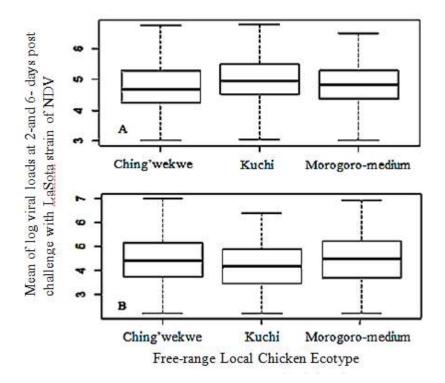
417

At 10 dpi, blood samples for the determination of anti-NDV antibody response of the chickens were collected as previously described by Walugembe et al. (2019). Blood samples were aseptically collected from the wing veins into sterile Eppendorf tubes and decanted overnight for sera collection. Enzyme linked immunosorbent assay (ELISAs) were conducted to determine the titers of anti-NDV antibodies (IDEXX NDV ELISA, IDEXX® Laboratories, Inc., Westbrook, ME, United States). Absorbances were read using a spectrophotometer (iMark TM, Micro-plate Reader, USA). Anti-NDV antibody titers were determined from the sample to positive control ratio (S/P) given by the formula:

$$y = \frac{\text{mean of optical absorbance-Negative control mean}}{\text{Positive control-Negative control mean}}$$
 (2)

## Growth rate before and after NDV challenge with virus

Mean growth rate before challenge and after challenge with LaSota NDV strain were determined. For the growth rate before challenge, body weights were collected from the day of hatch (day 0) to 27 days of age and for growth rate after challenge; the body weights were collected from 28 up to 34 days of age. Individual growth rates (IGRs) were determined according to the formula:



**Figure 1.** Box plots showing the mean viral loads within the FRLC ecotypes at two time points after challenge with the LaSota strain of NDV. (A) Indicates the viral loads at 2 days post infection for the three ecotypes. (B) Shows the viral loads at 6-days post challenge for each ecotype.

$$IGR = \frac{Body \text{ weight at day } t - Body \text{ weight at day 0}}{Number \text{ of days}}$$
(3)

The mean growth rates for the ecotypes were estimated as the least square means (LSmean ± SE) using the LSmeans package in R studio in the following univariate animal model formula.

#### **RESULTS AND DISCUSSION**

This study was designed to characterize three Tanzanian FRLC ecotypes in terms of their antibody response, viral load, viral clearance rates and effects on growth rate upon challenge with the LaSota strain of NDV, a nonpathogenic strain of the virus commonly used as a vaccine to protect poultry from ND. Differences observed among the chickens during the challenge experiments in this study may be attributable to mean genetic potentials of the different chicken ecotypes to contain infections through innate protection mechanisms, which according to Chaplin (2010), first recognize the pathogen before the adaptive immune system. Some innate barriers to entry of infectious agents like the NDV and other microbes (Janeway and Medzhitov, 2002) include the physical barriers such as the integrity of the skin, mucus membranes of the mouth, eyes, nose and the mucous itself, anatomical barriers such as the epithelial cell and phagocytic cells enzymes, phagocytic cells, serum proteins related with inflammation such as the complement system proteins and lectins, cells that release cytokines and inflammatory mediators (Aristizába and Gonzalez, 2013), among others. The host immune responses play significant role in determining the severity of disease (Pichyangkul et al., 2003). Differences in abilities of individuals to prevent infectious agents from crossing the barriers could lead to differences in the magnitude of immune response among individuals and populations (Pichyangkul et al., 2003).

Variations in susceptibility to viral infection in this study could have influenced the observed differences in the viral loads at 2 and 6 dpi and the viral clearance rate by the chickens. In the current study, Kuchi chickens cleared the virus faster than Morogoro-medium and Ching'wekwe, indicating that Kuchi may be more resistant to ND infection compared to the other two. At 2 dpi, the mean log viral load was significantly higher in Kuchi chickens  $(4.78 \pm 0.057)$  than for Ching'wekwe and Morogoromedium. Morogoro medium had a mean log of viral load of 4.67± 0.072 while Ching'wekwe had the least mean viral load among the three FRLC ecotypes with mean viral log titer of 4.61 ± 0.077. There was no significant difference in mean log titer between Morogoro-medium and Ching'wekwe (Figure 1A). At 6 dpi, the mean viral loads were significantly lower for Kuchi chickens (4.05 ±

**Table 2.** Viral clearance rate calculated from log10 of viral loads at 2- and 6-days post challenge (dpi) in the three FRLC ecotypes expressed as percentage aand compared among the three FRLC ecotypes.

Ecotype	<sup>1</sup> N	Viral clearance (%)
Kuchi	357	12.3 <sup>a</sup>
Ching'wekwe	460	10.6 <sup>b</sup>
Morogoro-medium	562	11.0 <sup>b</sup>

<sup>&</sup>lt;sup>1</sup>Number of records, <sup>2</sup>least square mean ±SE for the viral clearance rate at 6 dpi. Compared along the column, the superscript letters indicate the level of significance across the chicken groups at p≤0.05.

**Table 3.** Mean of log anti-NDV antibody levels expressed as the least square mean with associated standard errors (LS mean ±SE) from samples collected at 10day post infection (dpi) compared between the FRLC ecotypes.

Ecotype	<sup>1</sup> N	<sup>2</sup> LSmean ±SE
Ching'wekwe	460	3.39 (0.01) <sup>a</sup>
Kuchi	357	3.54 (0.01) <sup>b</sup>
Morogoro-medium	562	3.50 (0.01) <sup>b</sup>

<sup>&</sup>lt;sup>1</sup>Number of records, <sup>2</sup>least square mean ±SE for the antibody titers at 10 dpi. Compared along the column, the superscript letters indicate the level of significance across the chicken groups at p≤0.05.

0.088) than for Morogoro-medium (4.21  $\pm$  0.094) and Ching'wekwe  $(4.32 \pm 0.070)$  but not significantly different between Morogoro-medium and Ching'wekwe (Figure 1B). Kuchi had significantly higher viral clearance rate (12.3%) compared to Morogoro-medium (11.0%) and Ching'wekwe (10.6%) shown in Table 2. However, the viral titers observed in this study in live chickens were high and might be due to the use of less pathogenic strains of NDV and thus might not be seen with more virulent strains. Differences in immune response among local chicken types was demonstrated by Hassan et al. (2004) where using virulent NDV strain and four different Egyptian chicken types, they found that the Mandarah type of chicken had the lowest mortality (20%) compared to other three, in which Gimmizah and Dandarawi types had up to 100% mortality. In a different study using infectious bursal disease virus (IBDv) disease model and the same four Egyptian local chicken types, Hassan et al. (2004) also showed that the Mandarah chickens had the lowest mortality rate (10%) compared to the other three the low viral titers and higher viral clearance observed in Kuchi at 2 dpi compared to Morogoro-medium and Ching'wekwe may indicate that they are less susceptible to the infection better resilient than the others (Table 2). Using a different disease model, Filipovic et al. (2017) also reported differences in susceptibility to infections in different chicken types.

The mean antibody level, one of the immunological responses in the current study, was relatively higher for Kuchi compared to Morogoro-medium, and least for Ching'wekwe ten days after challenging of the chickens with the LaSota strain of NDV. The mean antibody levels

were different among the chicken ecotypes where Kuchi had a significantly higher mean anti-NDV antibody level  $(3.54 \pm 0.01)$  compared to Morogoro-medium  $(3.50 \pm$ 0.01) and Ching'wekwe (3.39  $\pm$  0.01), respectively (Table 3). The difference was however significant between Morogoro-medium and Ching'wekwe and between Kuchi and Ching'wekwe but not between Kuchi and Morogoromedium. There were however large variations in the antibody levels among individuals within the ecotypes since the chickens were not pure breeds. The difference in immune response findings observed in this study corroborates findings by Gwakisa et al. (1994) who showed that there were variations in the immune response to NDV infection among Tanzanian ecotypes, however, using different chicken ecotypes from the ones used in the current study. Similarly, Lweramila and Katule (2004) while evaluating the immune response between local and exotic chicken breeds after vaccinating against ND, they found that local chicken types expressed higher levels of anti-NDV antibodies compared to exotic breeds. The variation in antibody response observed in this study could probably indicate that Kuchi and Morogoro-medium ecotype immune systems responded better and more efficiently to infection with NDV by expressing significantly higher level of antibodies against the virus as compared to Ching'wekwe ecotype. Considering the significantly high viral clearance rate in Kuchi compared to Morogoro-medium and Ching'wekwe, Kuchi could be more resistant to ND compared to the other two chicken ecotypes. Neutralizing antibody levels such as for NDV are known to be good indicators of immunity against that infection (Kapczynski et al., 2013). It has also been

**Table 4.** Growth rate determined as increase of body weight in grams per days (g/day) compared among the chickens before and after challenge with LaSota strain of NDV.

Ecotype	N <sup>1</sup>	Growth rate BI (LS mean ±SE) <sup>2</sup>	Growth rate AI (LS mean ±SE) <sup>3</sup>
Morogoro-medium	665	4.20 (0.060) <sup>a</sup>	6.15 (0.170) <sup>d</sup>
Ching'wekwe	623	4.12 (0.059) <sup>b</sup>	6.08 (0.182) <sup>e</sup>
Kuchi	450	4.30 (0.068) <sup>c</sup>	6.28 (0.207) <sup>f</sup>

<sup>1</sup>Number of records, <sup>2,3</sup>least square mean ±SE for the growth rate before infection and after infection, Superscript letters indicates levels of significance at p≤0.05. Along the rows, the growth rate is compared before and after infection within group while along the columns, growth rate is compared between the ecotypes.

shown that high levels of antibodies against NDV in commercial layer chickens protect flocks against drop in egg production and deterioration of eggshell quality (shell-less, soft-shell and off-colored eggs) (Bessel et al., 2020; Vanessa and Sembiring, 2020). The high levels of anti-NDV antibodies observed for Kuchi and Morogoromedium compared to Ching'wekwe might also indicate their higher relative productivity than for the others. The relative differences in immune response to infections among the chicken ecotypes in Tanzania have also been demonstrated using different disease models and chicken ecotypes. The responses of Kuchi immune system from the current study for instance are in support of observations from a similar study but with a different disease model where Msoffe et al. (2006) showed that among five Tanzanian chicken ecotypes they studied, Kuchi ecotype was relatively more resistant to fowl typhoid following infection with virulent strains of Salmonella gallinarum compared to the others. In the current study, a lentogenic strain of NDV was used for the experiments, since use of virulent strains might not have vielded similar results because the chickens would die before sampling and data collection a situation also observed by Msoffe et al. (2005). In a similar study on the immune response against infections in FRLC, Msoffe et al. (2006) found that Morogoro-medium ecotype had higher levels of peripheral leukocytes when infected with S. gallinarum compared to other chicken ecotypes they experimented with. Similar reports have shown variation in infection response where for instance, Okoye and Abaadulugba (1999) reported that local chickens of Nigeria were more resistant to infectious bursal disease (IBD) compared to exotic chicken types.

Therefore, this study suggests that Kuchi and Morogoro-medium resist NDV infection better than Ching'wekwe ecotype despite the small differences between the ecotypes. Raising these chickens and complementation with vaccination may reduce loses in flocks and improve their productivity. Additional research may be required to determine the binding affinity of the antibodies to their respective NDV antigens in order to estimate the magnitude of protection. It would also be prudent to perform a similar study with virulent strains of the virus to mimic field conditions. Studies of the immune response to ND in FRLCs have some challenges

attributable to the non-commercial nature of the local chickens. The lack of appropriate breeding programs leads to massive diversity among the FRLC ecotypes. This could probably be related to previous findings on researches that did not show significant differences in results among the ecotypes as was shown by Mdegela et al. (2002) while working with Salmonellosis in the FRLCs.

In the current study, growth rate was also evaluated as an important economic trait that could be affected by disease challenges and which is important to FRLCs farmers. It was observed in the study that growth rate was not affected by the viral challenges as indicated by a mean growth rate of 2 g/day before and after challenge with the ND virus. When growth rates were compared among the chicken types, the mean (LSmean ±SE) growth rate before infection (g/day) with NDV was highest for Kuchi (4.30 ± 0.07) followed by Morogoro-medium  $(4.20 \pm 0.06)$  and least for Ching'wekwe  $(4.12 \pm 0.06)$ . The mean growth rates before the infection were significantly different between the chicken ecotypes. After infection, Kuchi still maintained highest growth rate (6.28 ± 0.21 g/day) compared to Morogoro-medium (6.15 ± 0.17) and Ching'wekwe (6.08  $\pm$  0.18) shown in Table 4. This growth rate was not affected by the infection probably because FRLCs are known to be resistant and resilient to stress (Minga et al., 2004) and also that they were still young and growing, so they were still gaining weight. So, probably because the FRLCs are known to be relatively more resistant and resilient to stress than exotic breeds, challenging them with the avirulent strain of NDV would not affect their growth rate (Minga et al., 2004). This is contrary to the observations by Liu et al. (2015) and Wang et al. (2015) who reported drop in growth rate when broiler chickens were vaccinated with different doses of NDV vaccine and caused immune stress and weight loss compared to observations in the current study where FRLCs were used. The growth rate observed in this study before the challenge was similar to observation by Magonka et al. (2016) who reported a growth rate of 3.96 g/day in Kuchi, whereas in this study, the mean growth of Kuchi was found to be 4.12 g/day before infection. The higher growth rate in the present study might be attributed to the intensive management system in which the chickens were raised which minimizes in free-energy loss during search of feeds and

water ranging chickens compared to semi-intensive system used by Magonka et al. (2016). Through genome wide association studies (GWAS) Walugembe et al. (2019) identified five quantitative trait loci (QTL) associated with growth rate and/or immune response to NDV infection in chickens using by single-SNP analyses, with ETS1, TIRAP, and KIRREL3 as related response genes.

#### Conclusion

The current study has revealed that Kuchi chicken ecotype is relatively more innately resistant to Newcastle Disease compared to Ching'wekwe and Morogoromedium. The high growth rate in Kuchi offers additional economic selection advantage compared to the other ecotypes. Due to the large variations within and between the chicken groups, selection of chickens for breeding with the aid of genomic tools can identify better chicken genotypes within the ecotypes. An extended work is also needed to unravel molecular mechanisms underlying the virus-host interaction in the different FRLC ecotypes that may assist in selecting the right ecotypes and strains of chickens to be raised in the Tanzanian ND endemic areas. It is also important to explore factors other than the ones accessed in the current study to improve productivity of the chickens in the ND endemic stressful environment.

#### **CONFLICT OF INTERESTS**

The authors have not declared any conflict of interests.

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